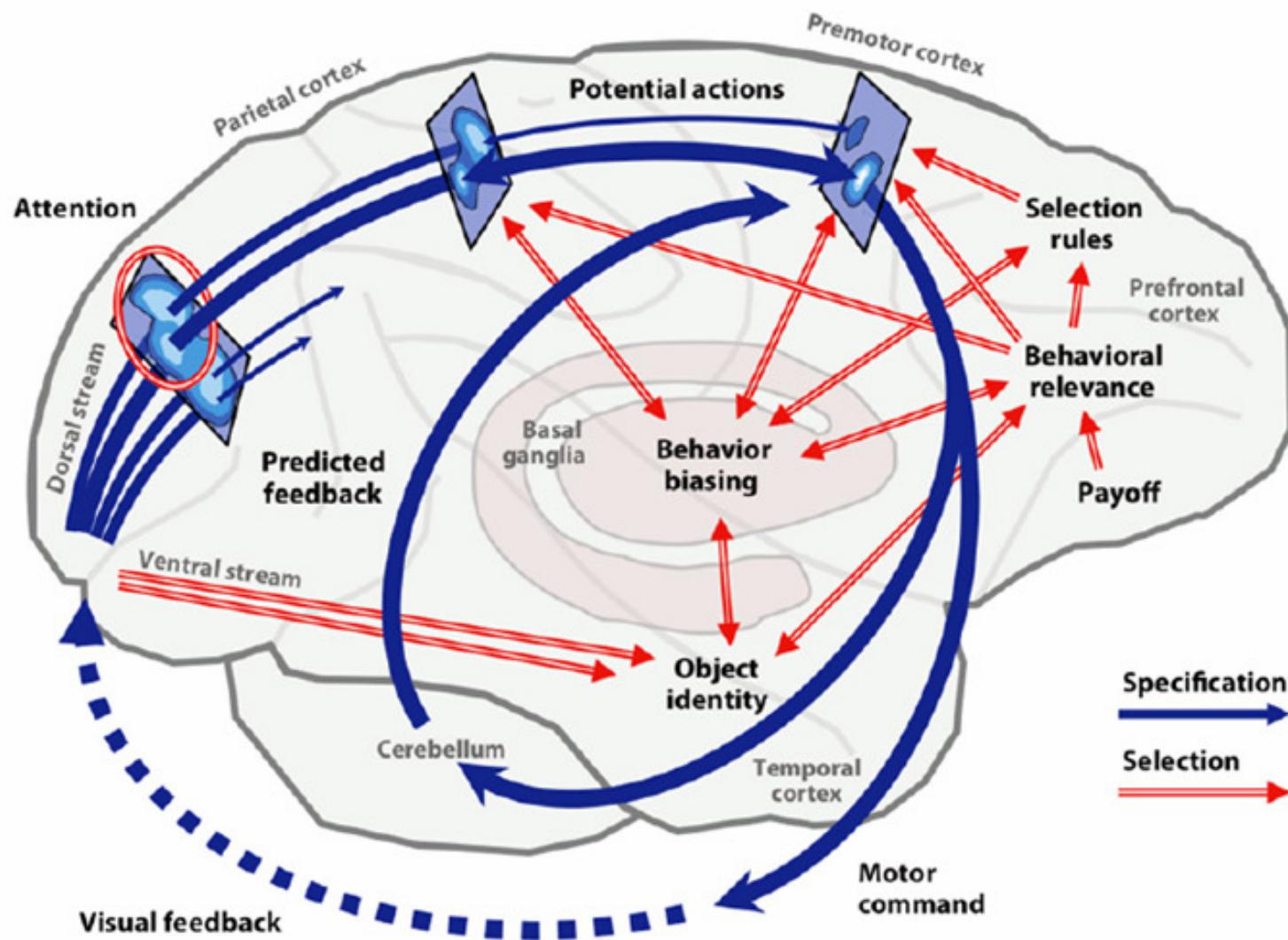


"Life is like playing a violin in a concert while learning to play and creating the score as you are playing." Rabinovic et al, (2012, p. 2)

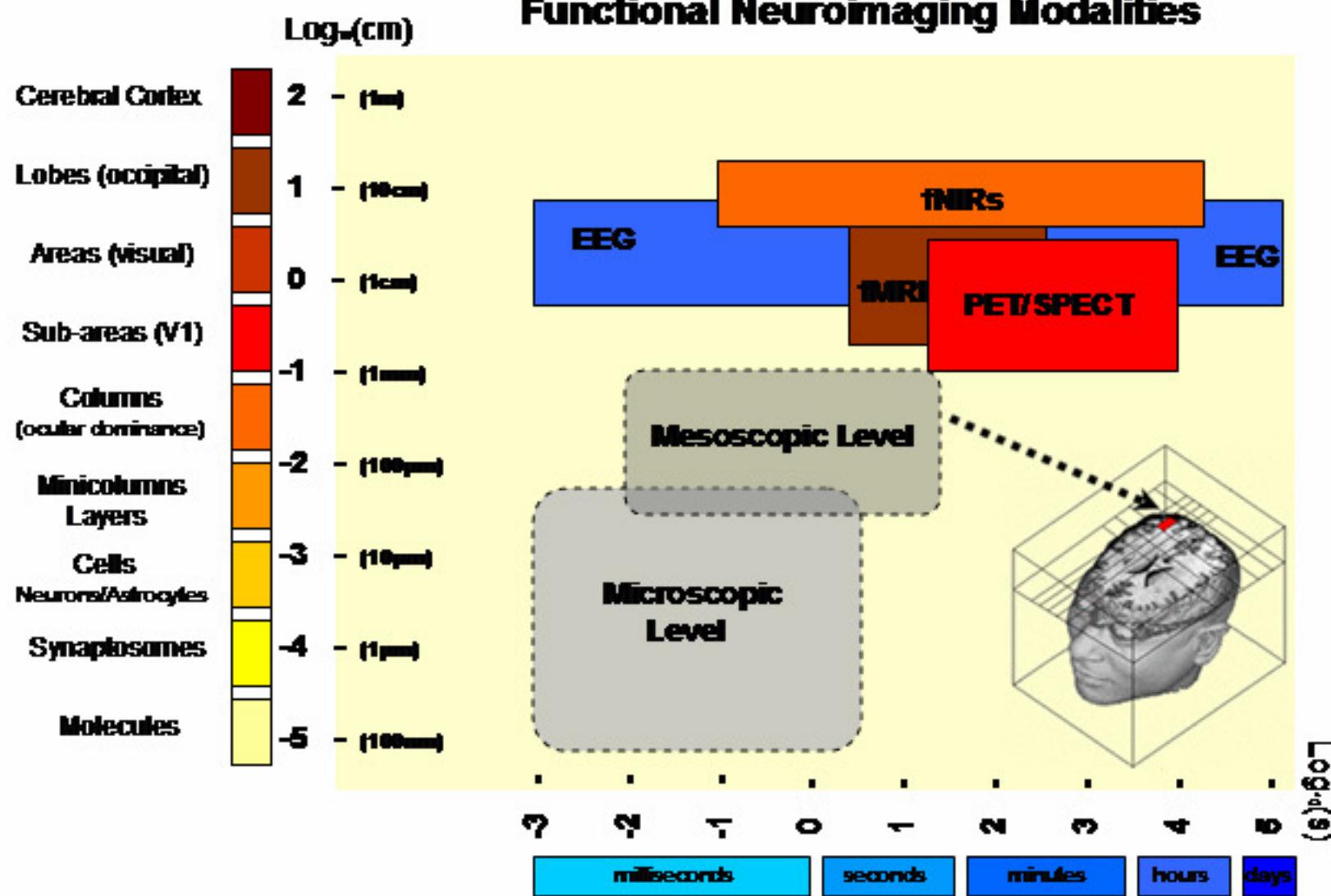


IMPORTANT FACTS

- 1- Approx. 80% of Neurons are Excitatory & 20% are Inhibitory**
- 2- Pyramidal neurons have resonant oscillations controlled by the membrane potential, ionic conductances and feedback loops**
- 3- The EEG is the Summation of Synaptic Potentials and Changes in the Frequency Spectrum Occur by Changes in Synaptic Potentials**
- 4- Neurons are Connected in Loops and are Self-Organizing & Stable because of Refractoriness of Excitatory Neurons**
- 5- Neurons operate in large Modules that are Cross-Frequency Synchronized with Phase Shift and Phase Lock as Basic Mechanisms**
- 6- EEG Biofeedback is Operant Learning in which a EEG event is followed by a signal that predicts a future reward. This results in the release of Dopamine that alters synapses related to a ‘trace’ of the EEG event that occurred in the past.**

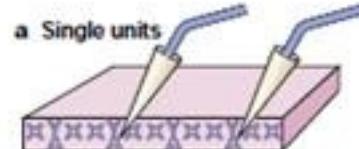
Eric Kandel “In Search of Memory” Norton & Co., 2006 – Nobel Prize 2000
Gyorgy Buzsaki “Rhythms of the Brain”, Oxford Univ. Press, 2006

Functional Neuroimaging Modalities



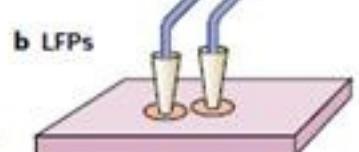
A Local scale

Spatial resolution

• -1 μ m

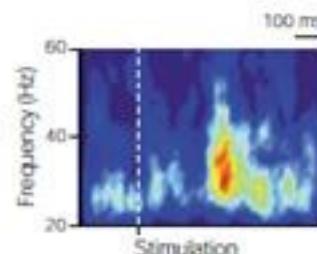
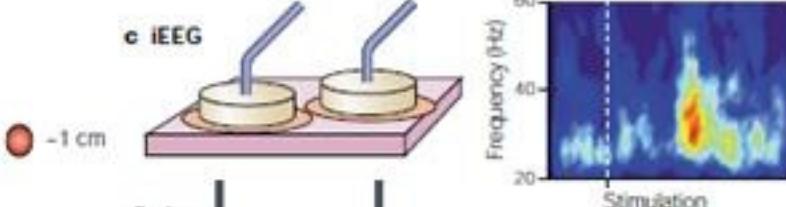
100 ms

● -1 mm



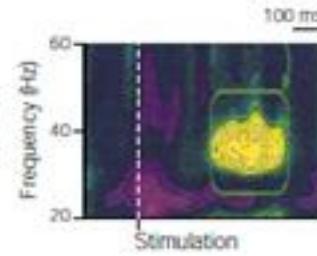
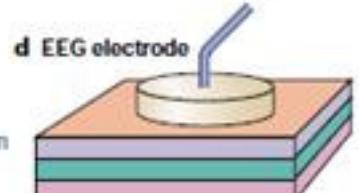
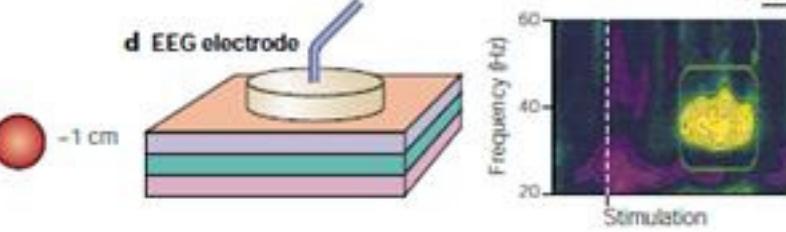
100 ms

● -1 cm



Surface diffusion

● -1 cm

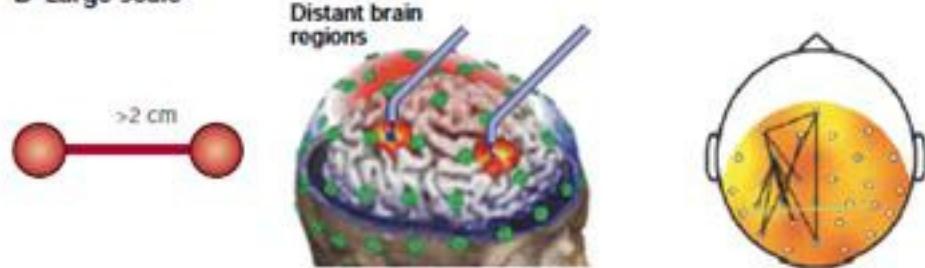


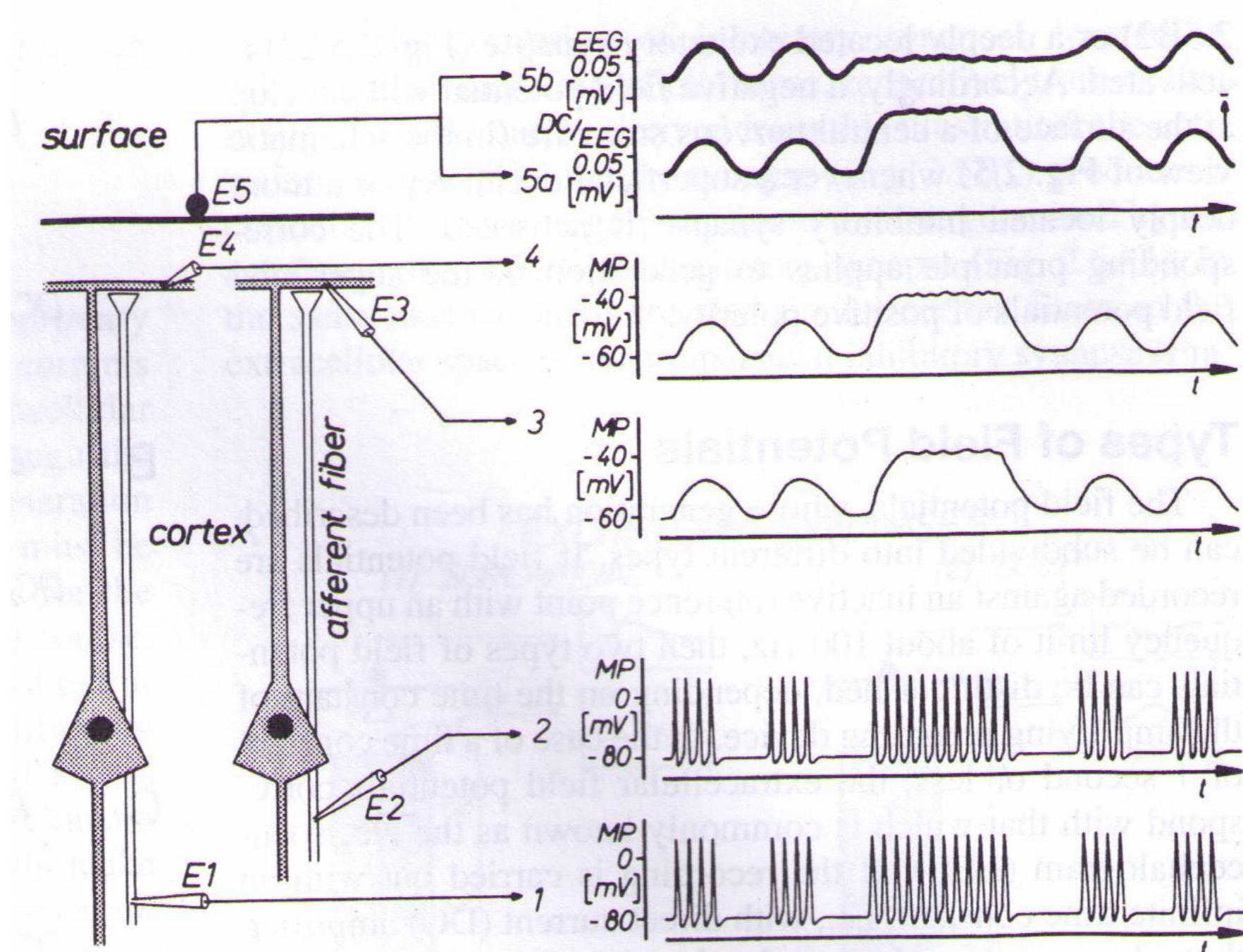
100 ms

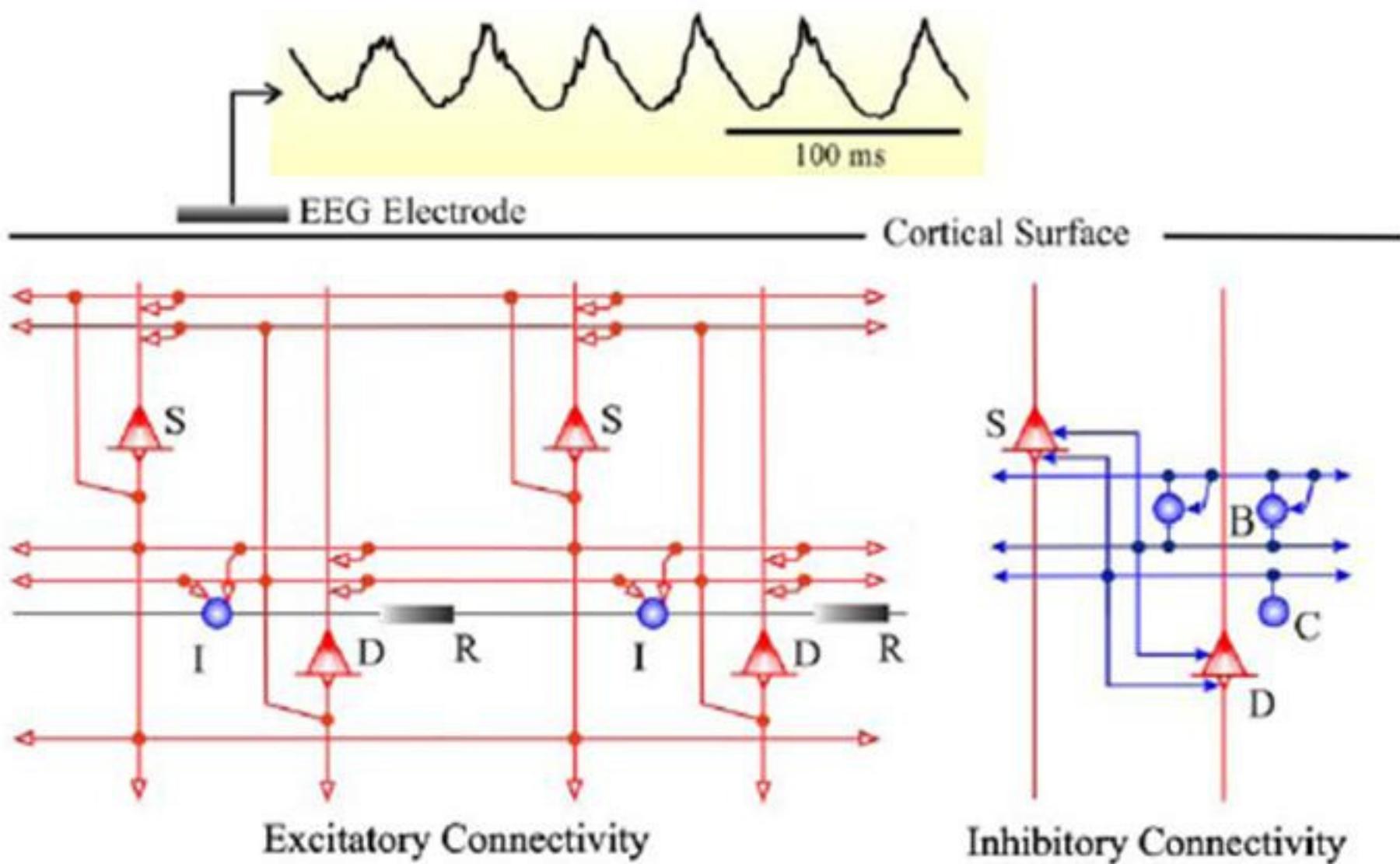
B Large scale

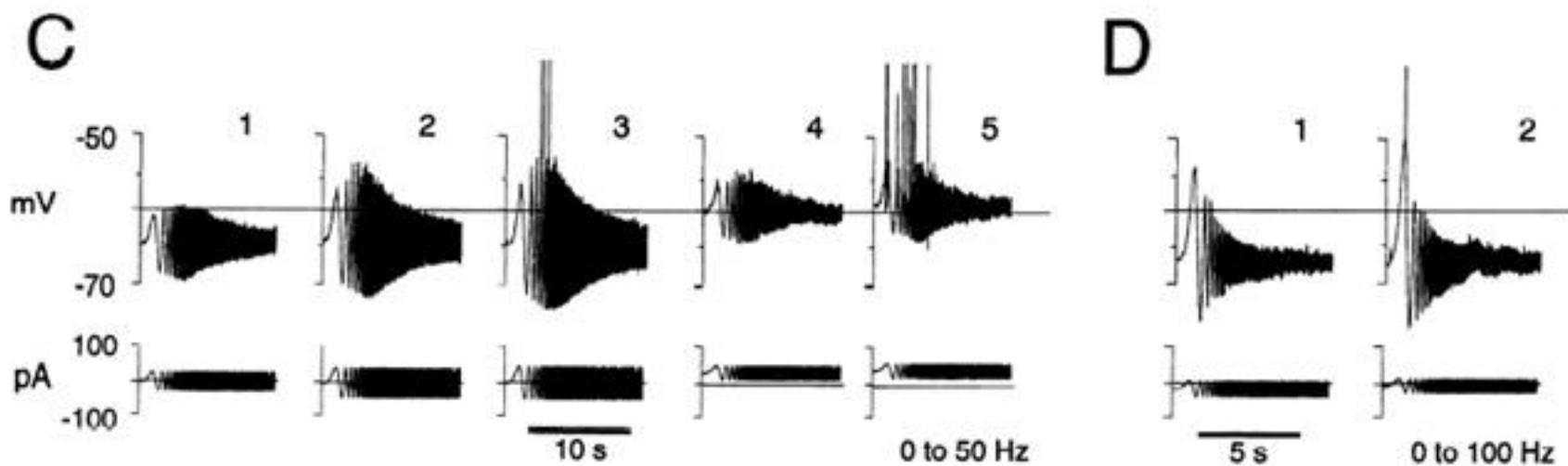
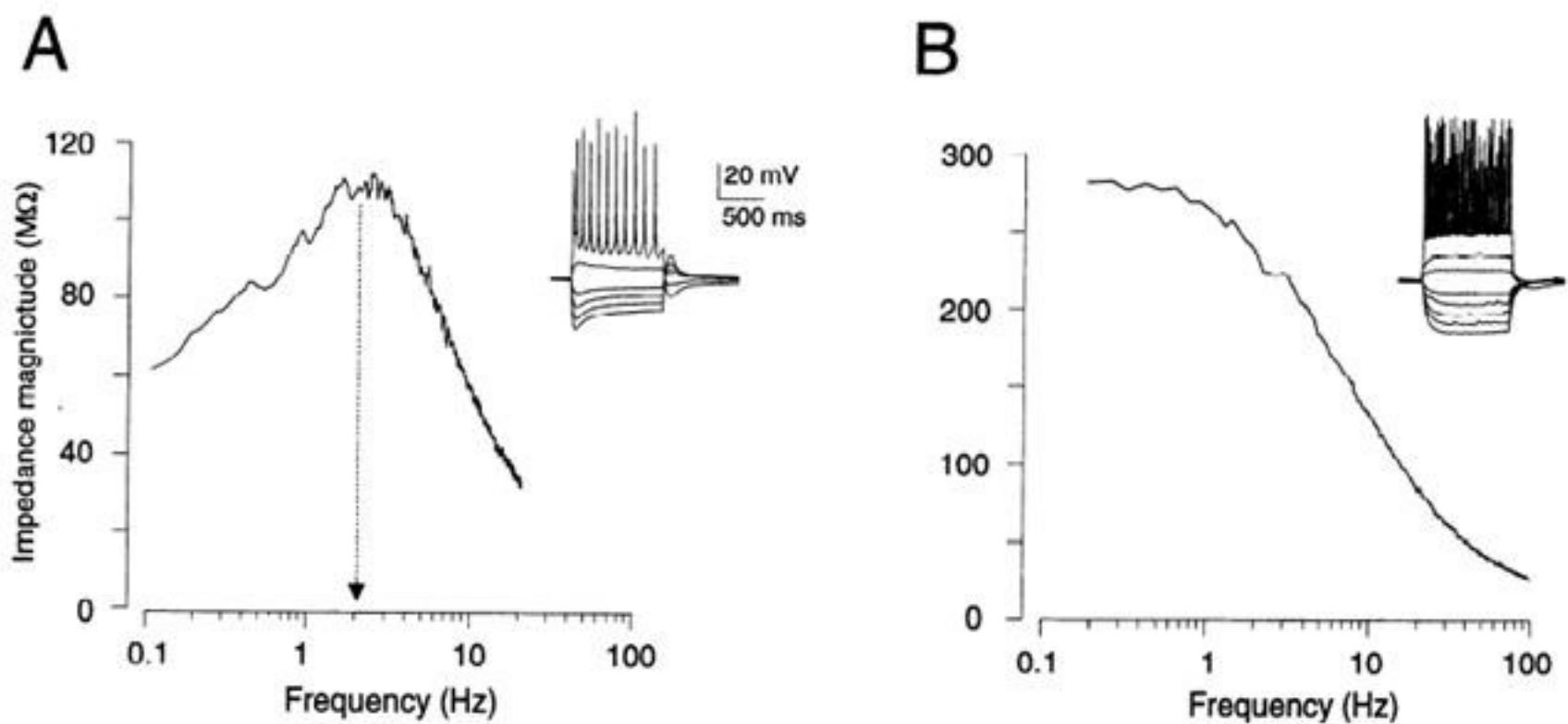
Distant brain regions

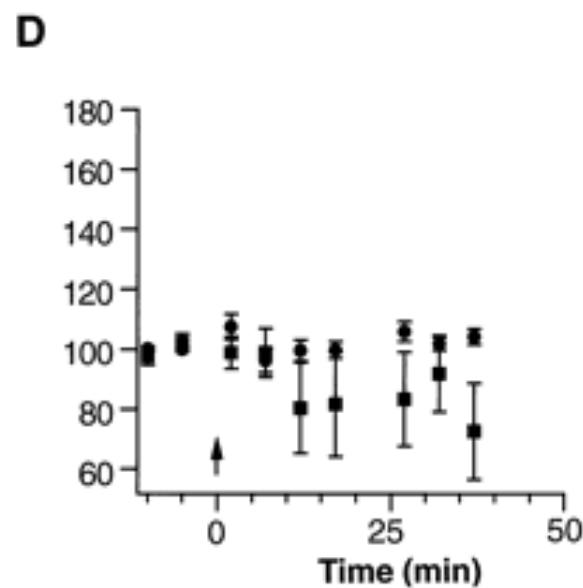
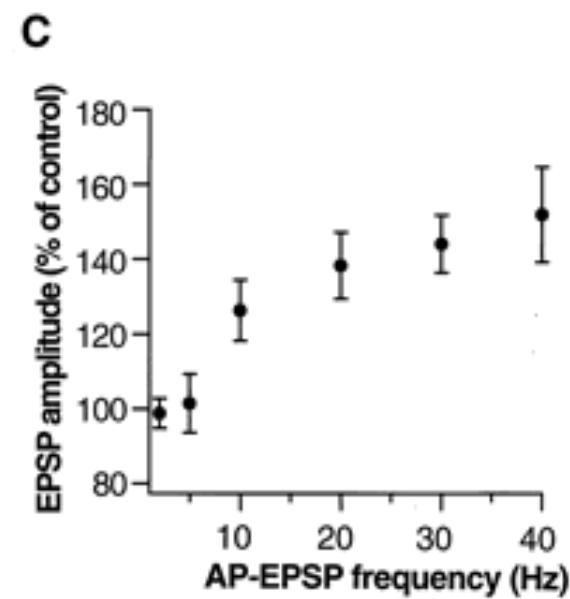
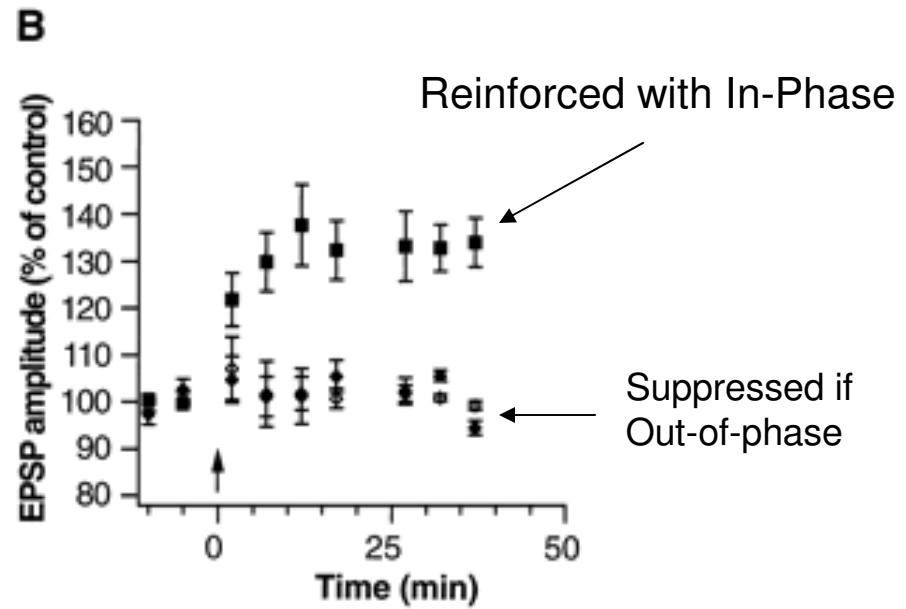
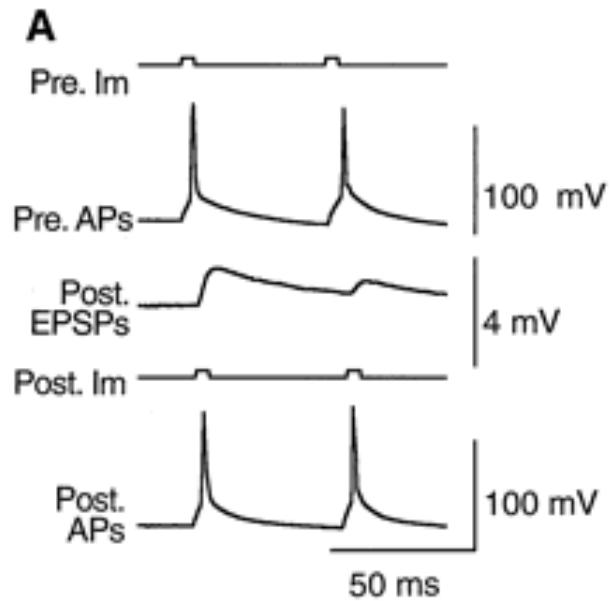
>2 cm



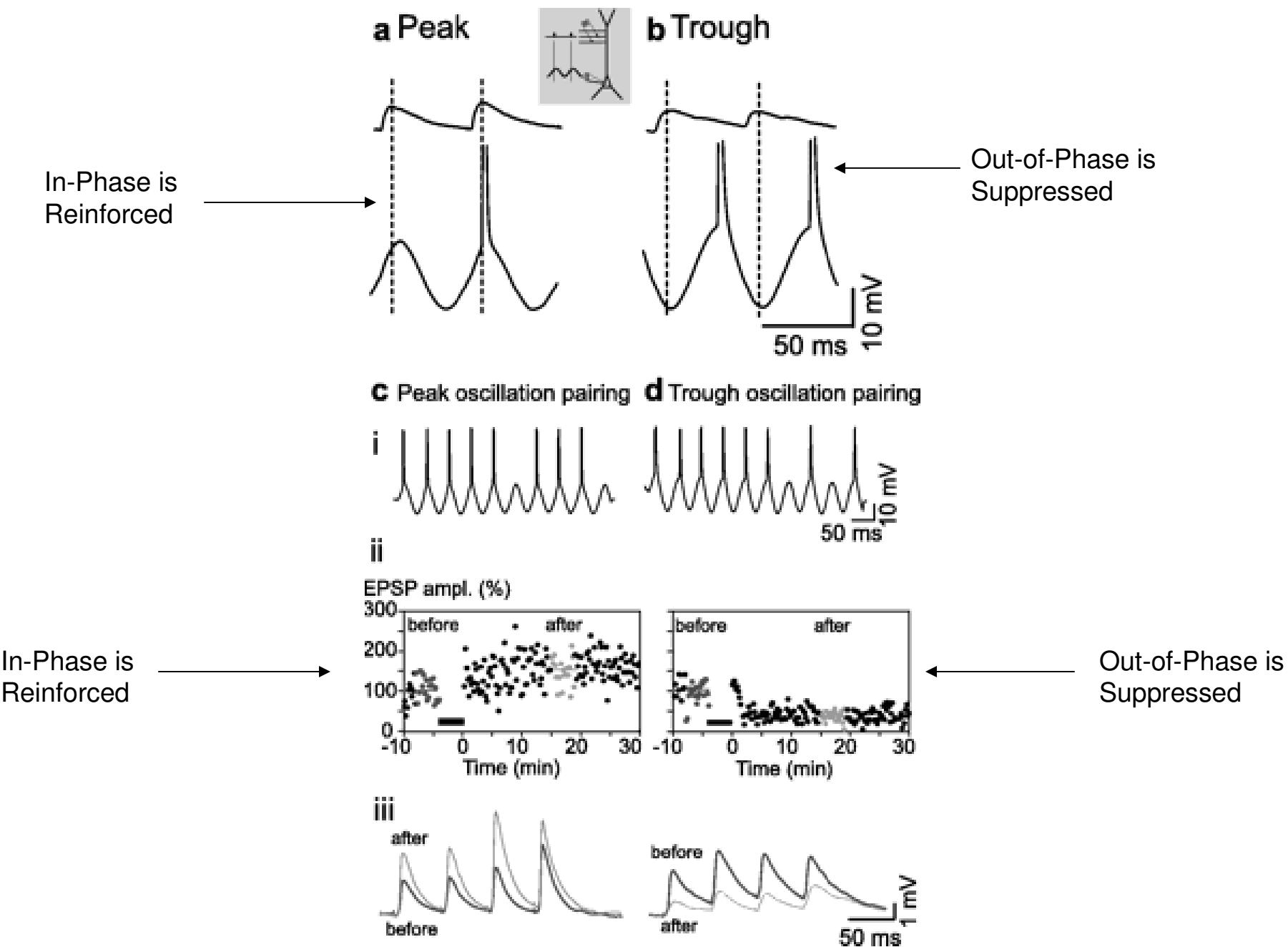


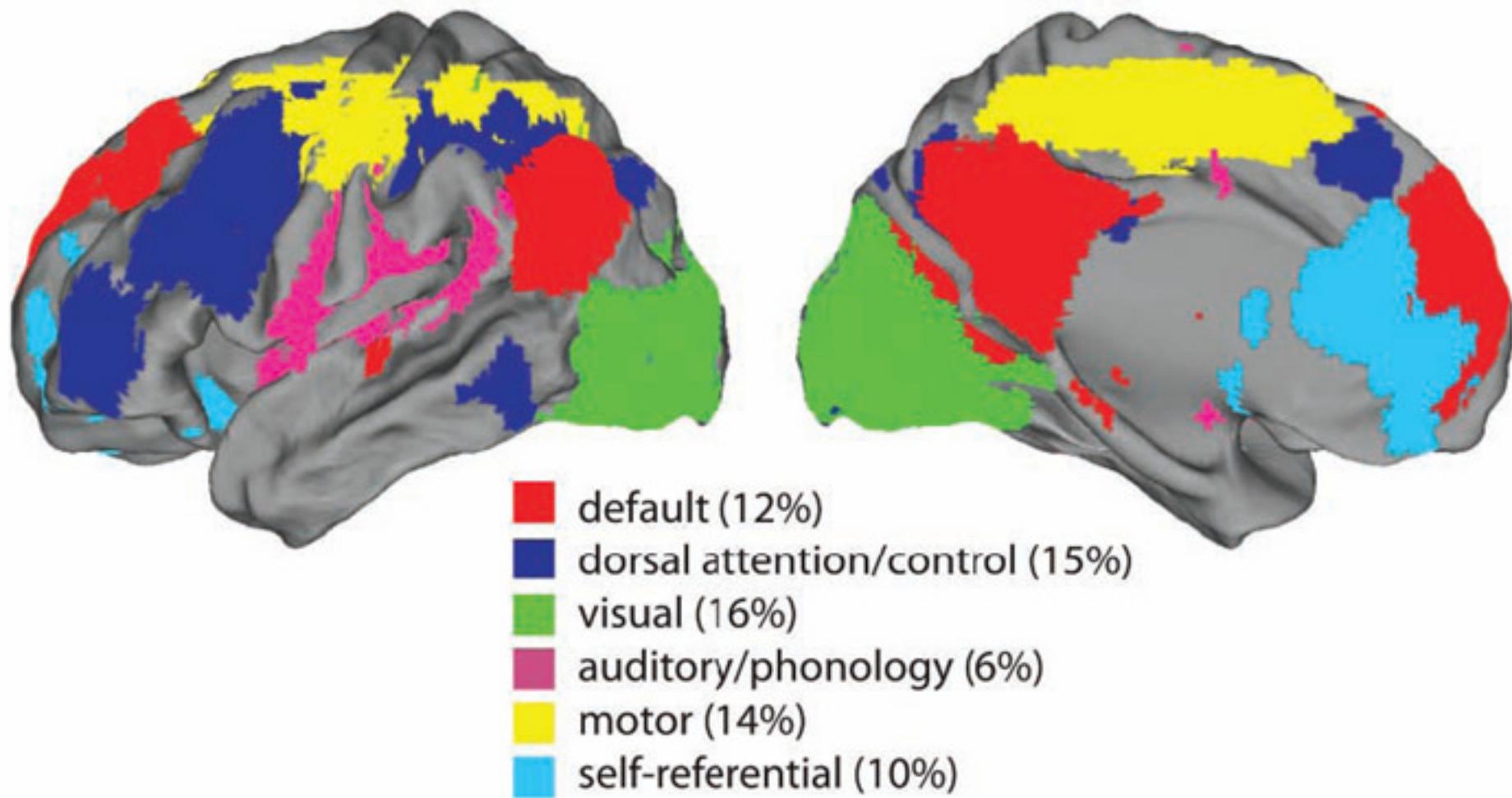


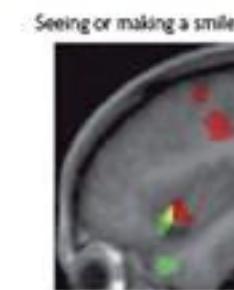
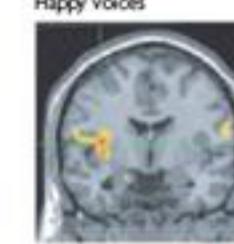
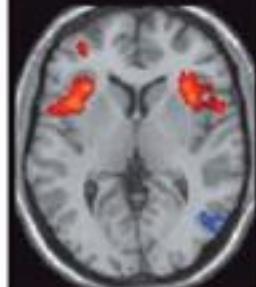
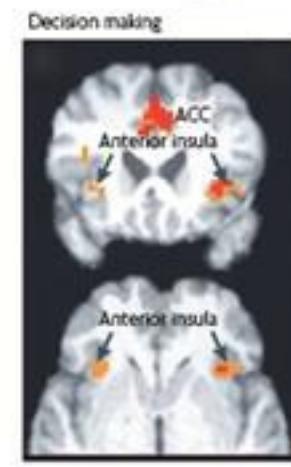
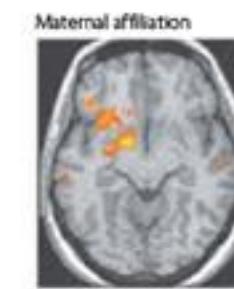
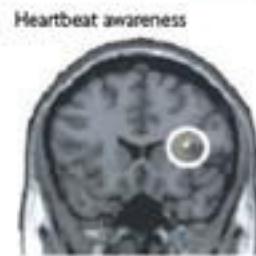
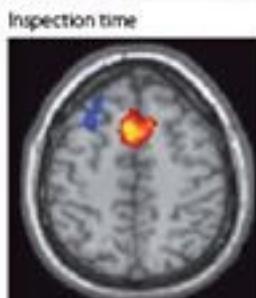
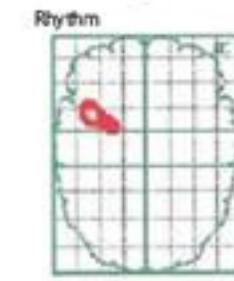
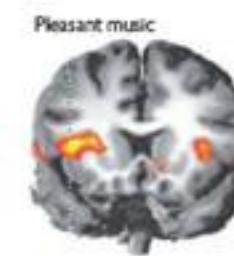
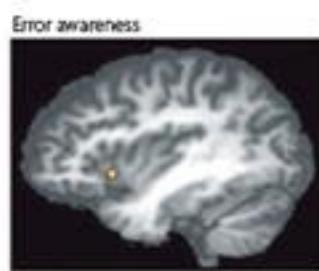




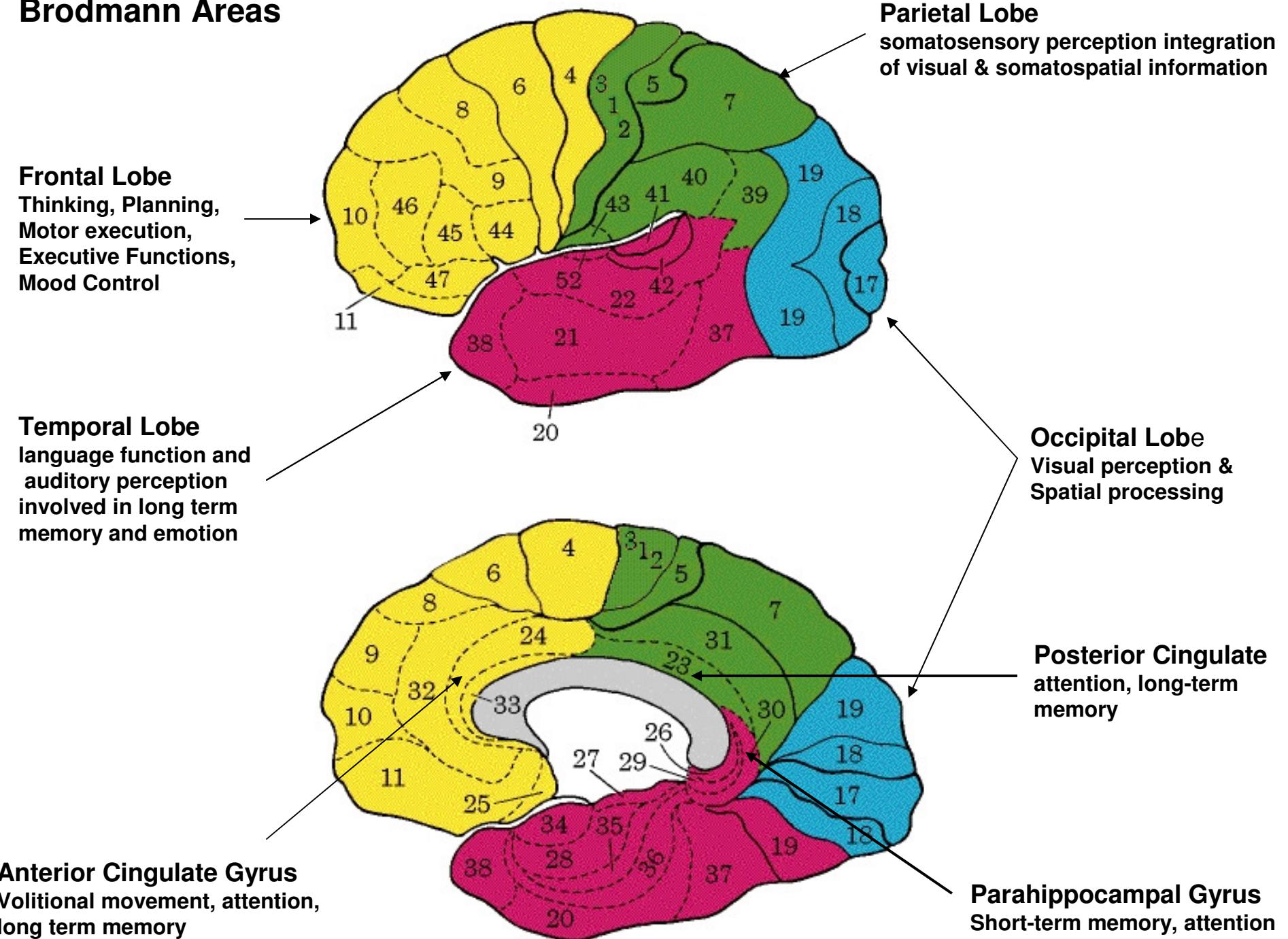
Thalamic Gating to the Neurocortex



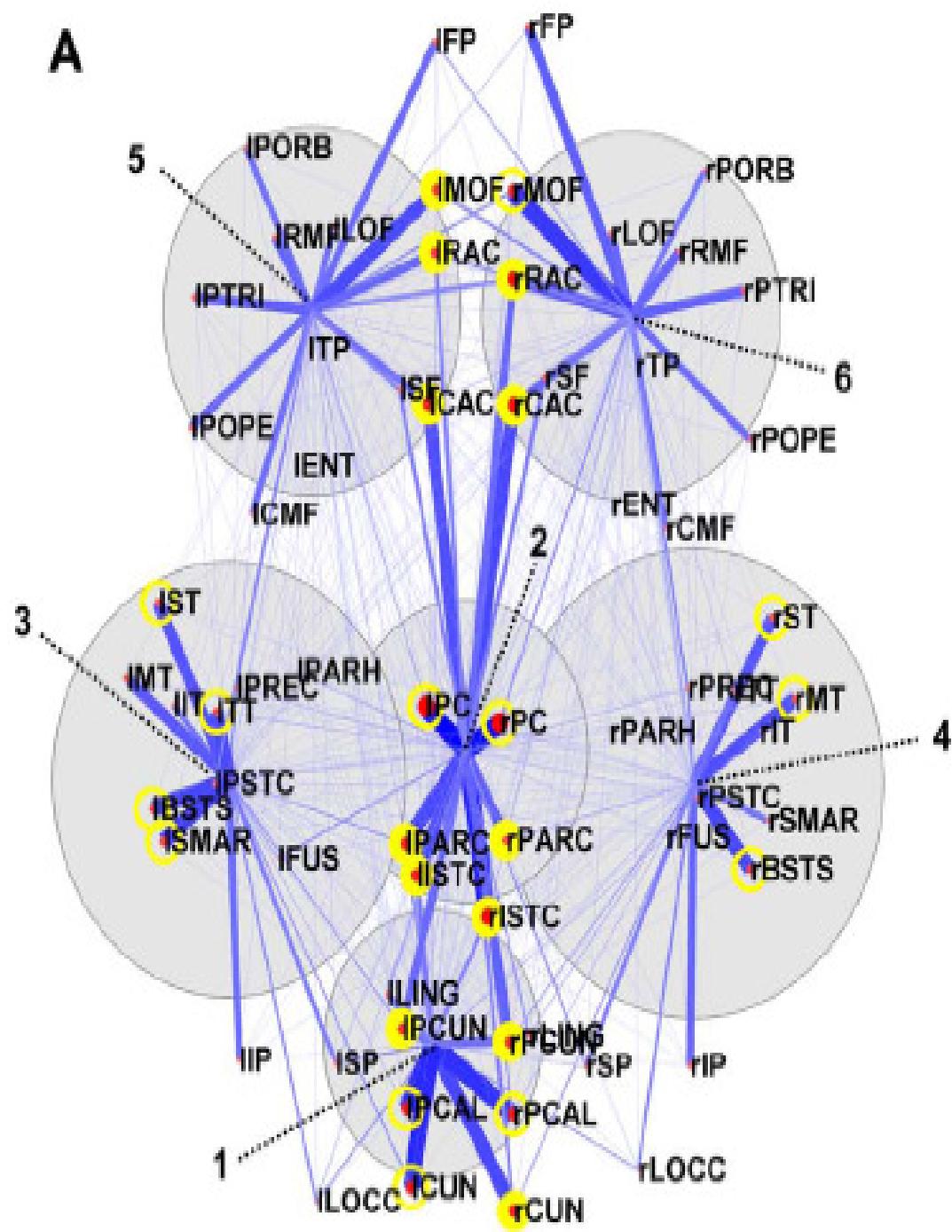




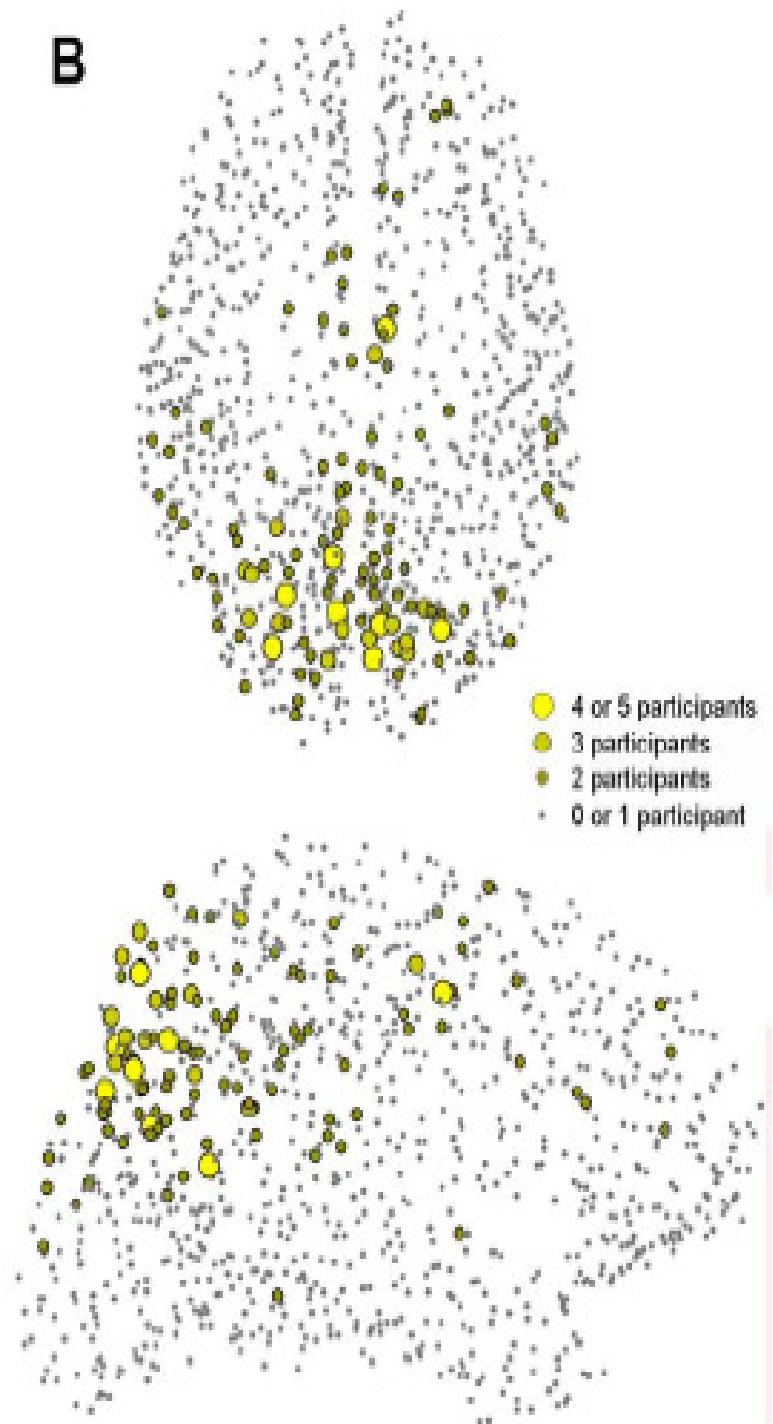
Brodmann Areas



A

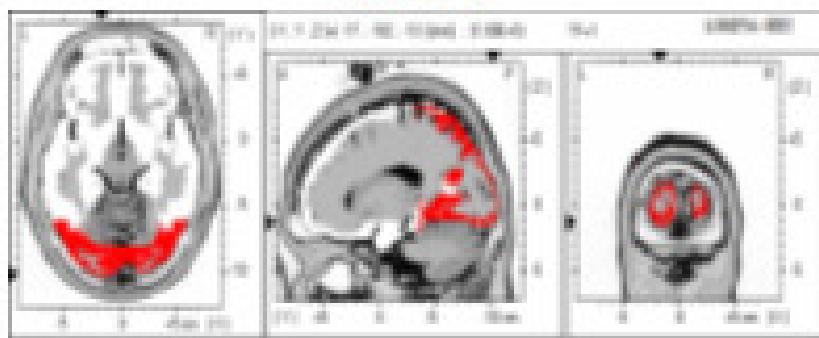


B

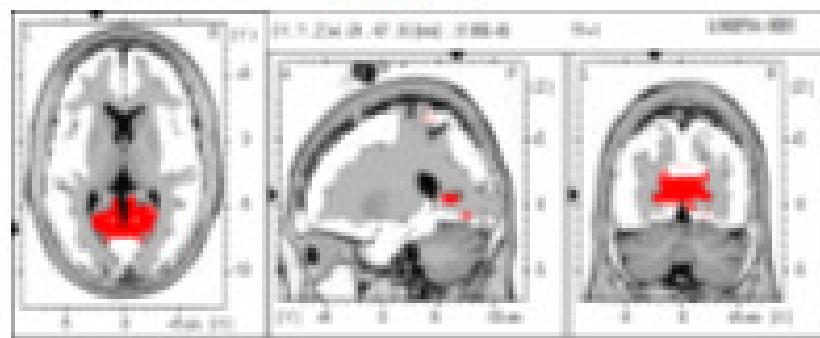


Hagmann et al. Modules

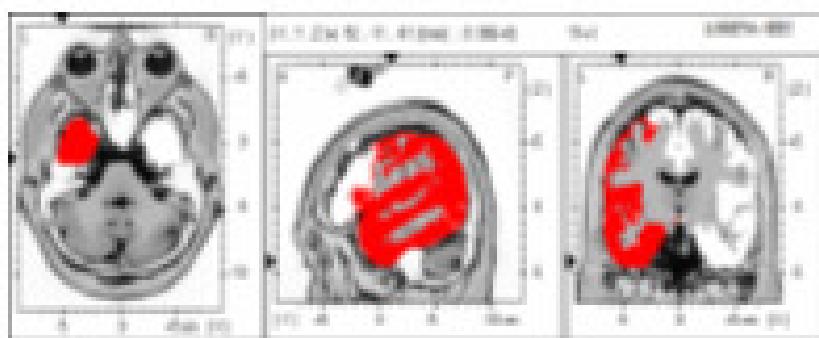
MOD 1



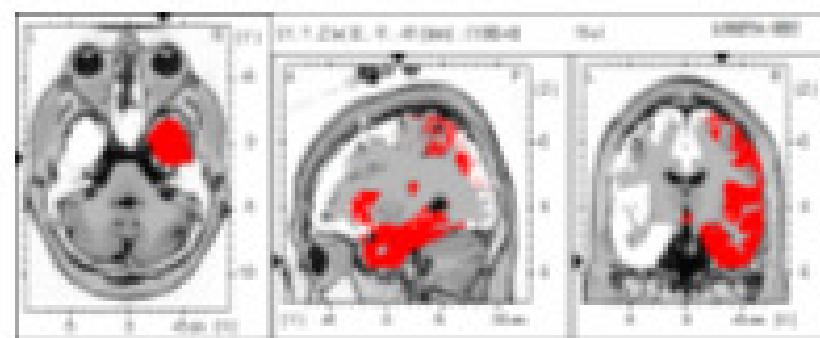
MOD 2



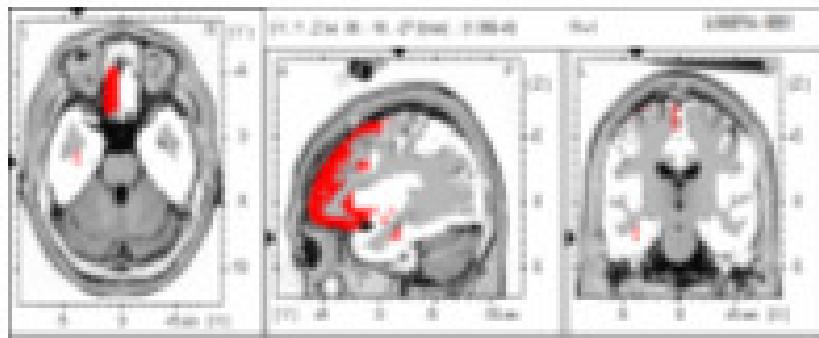
MOD 3



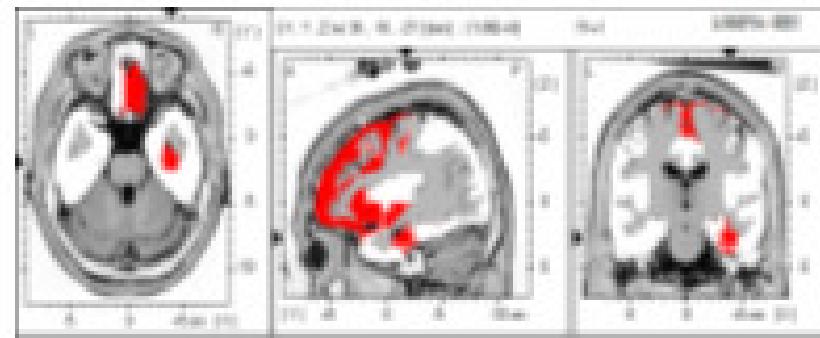
MOD 4



MOD 5

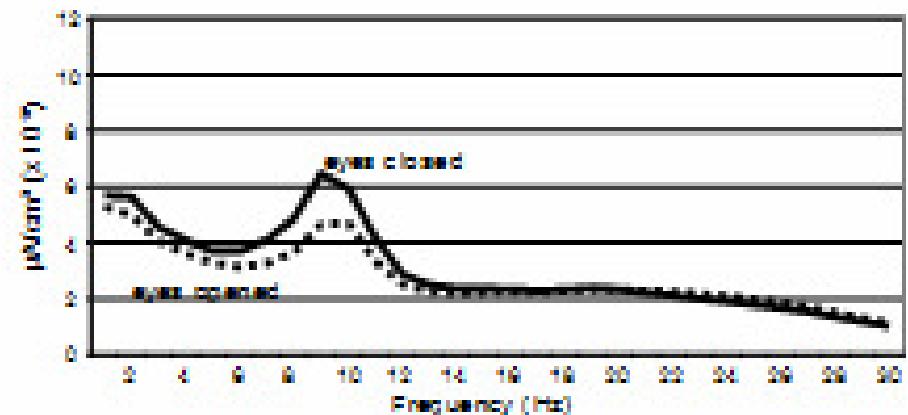
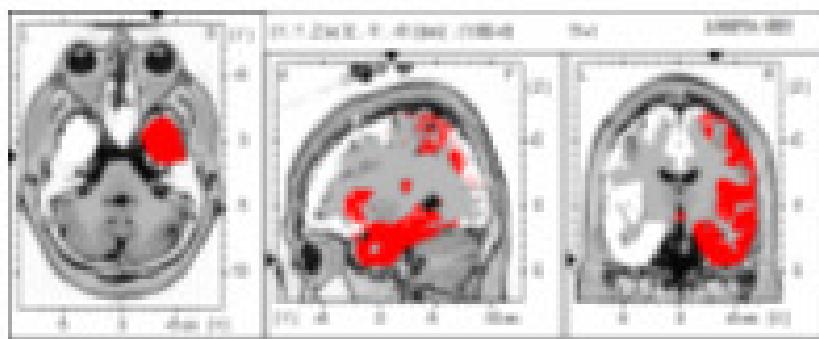


MOD 6

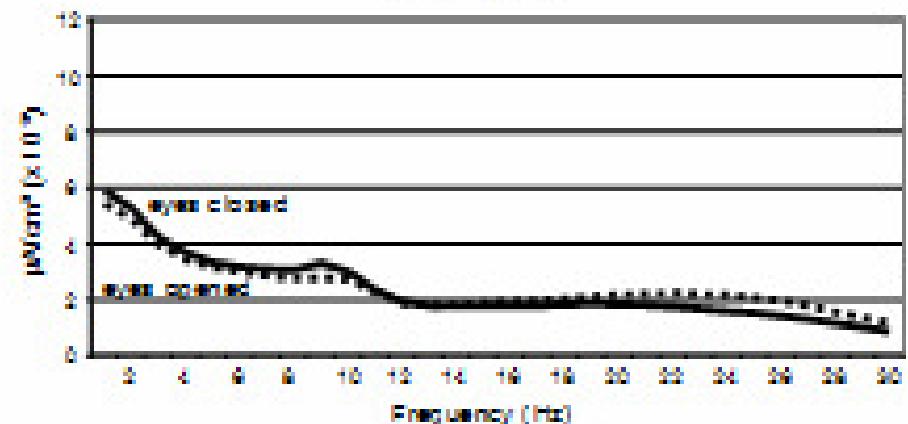
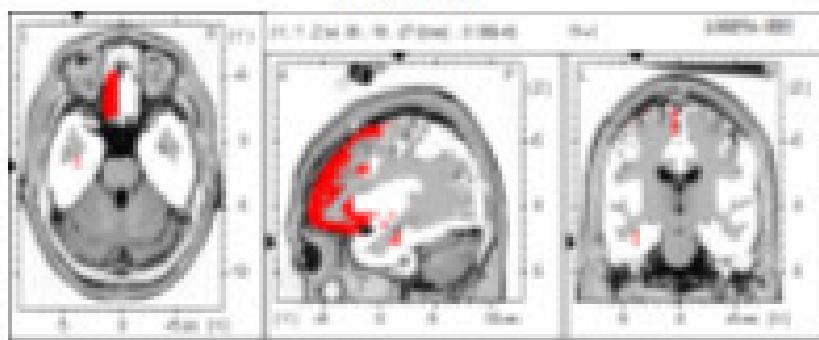


MOD 4

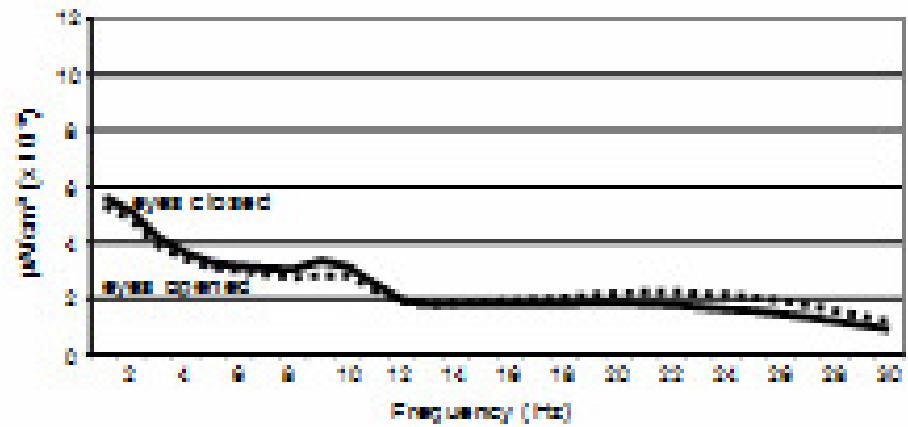
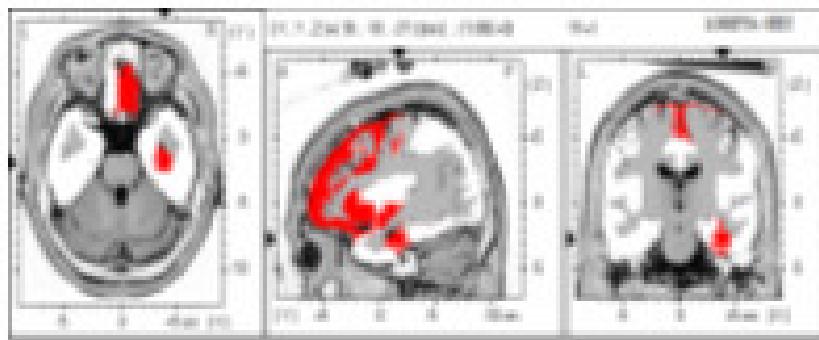
Hagmann et al. Modules



MOD 5

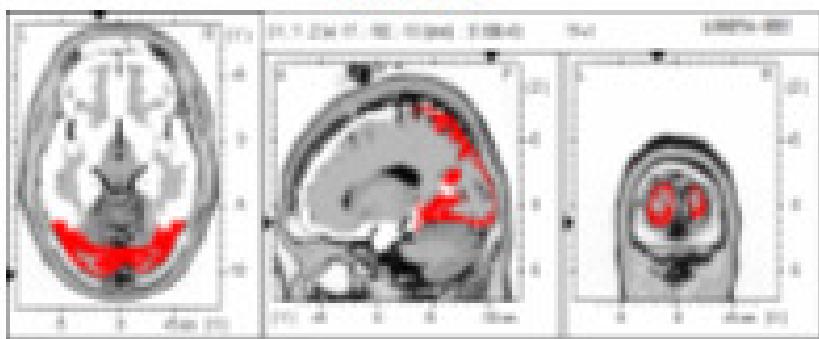


MOD 6

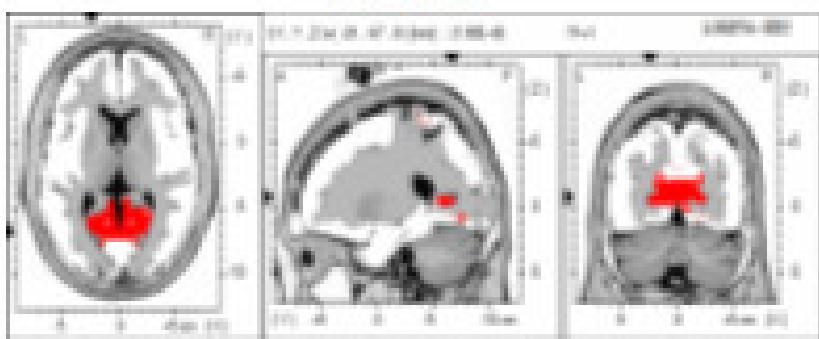


Hagmann et al. Modules

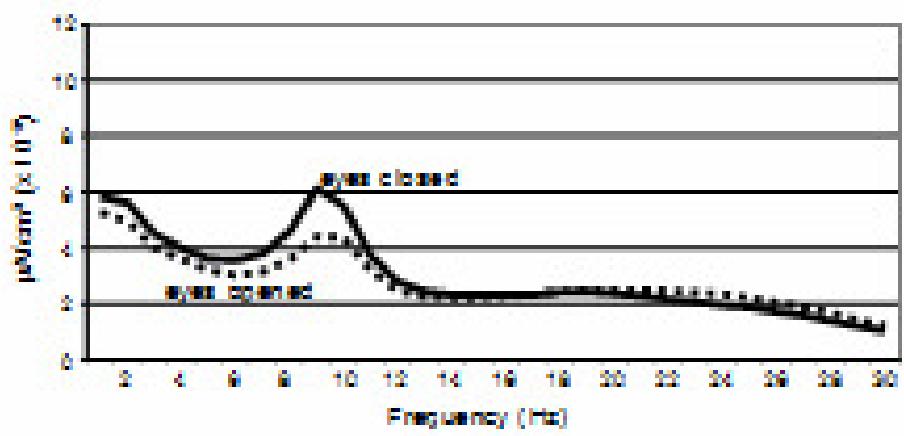
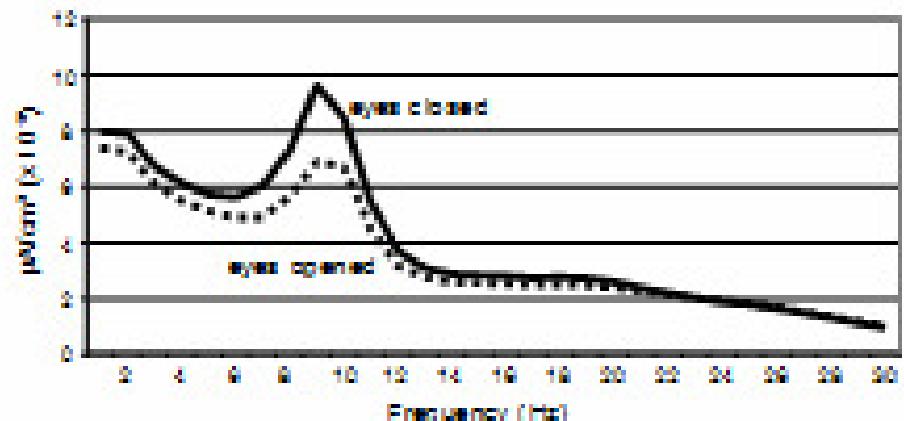
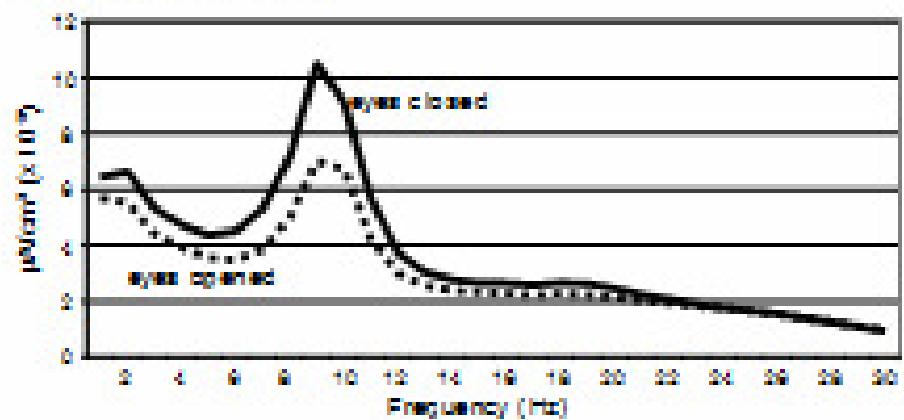
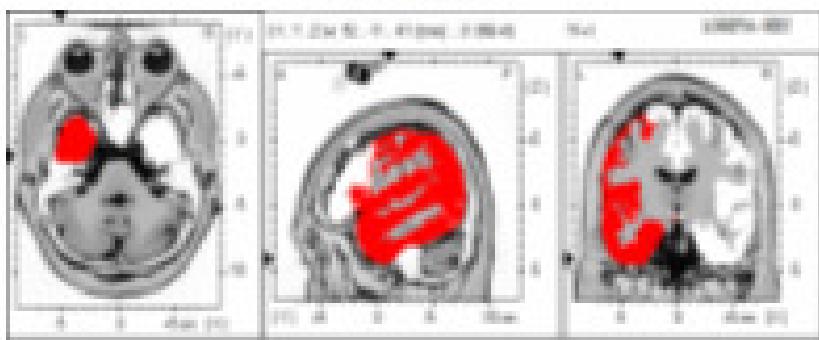
MOD 1



MOD 2



MOD 3

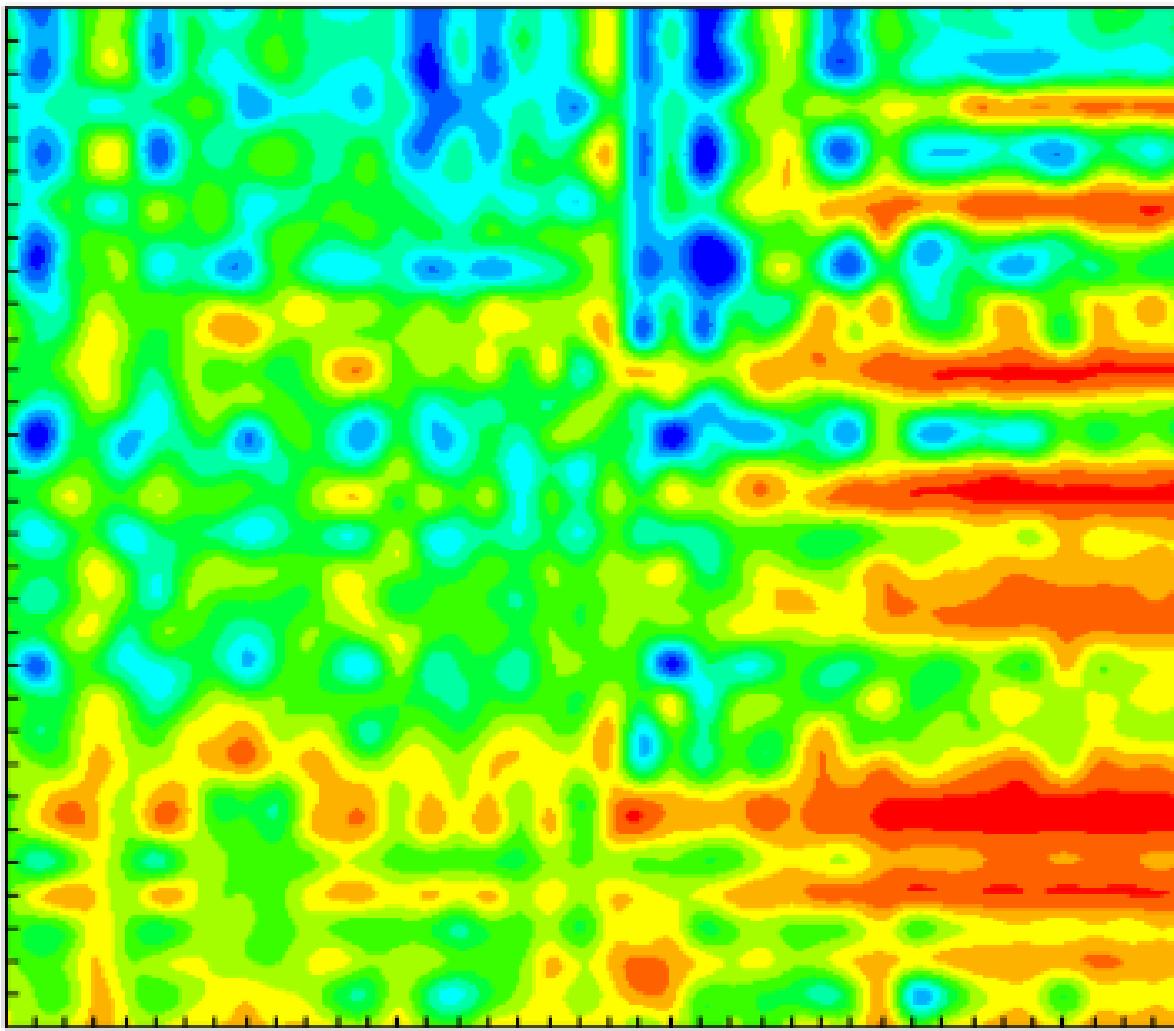


Spatial Heterogeneity of Source Correlations

Cuneus
62.75 mm

Y-Axis - Ordered Distance mm

Cu
IOG
LG
OG
MOG
SOG
RG
PCu
PC
SPL
AG
Un
FG
PCL
AC
SG
MFG
ITG
PHG
SFG
CG
MTG
SMG
IPL
IFG
EN
SubG
MidFG
STG
In
TTG
PCG



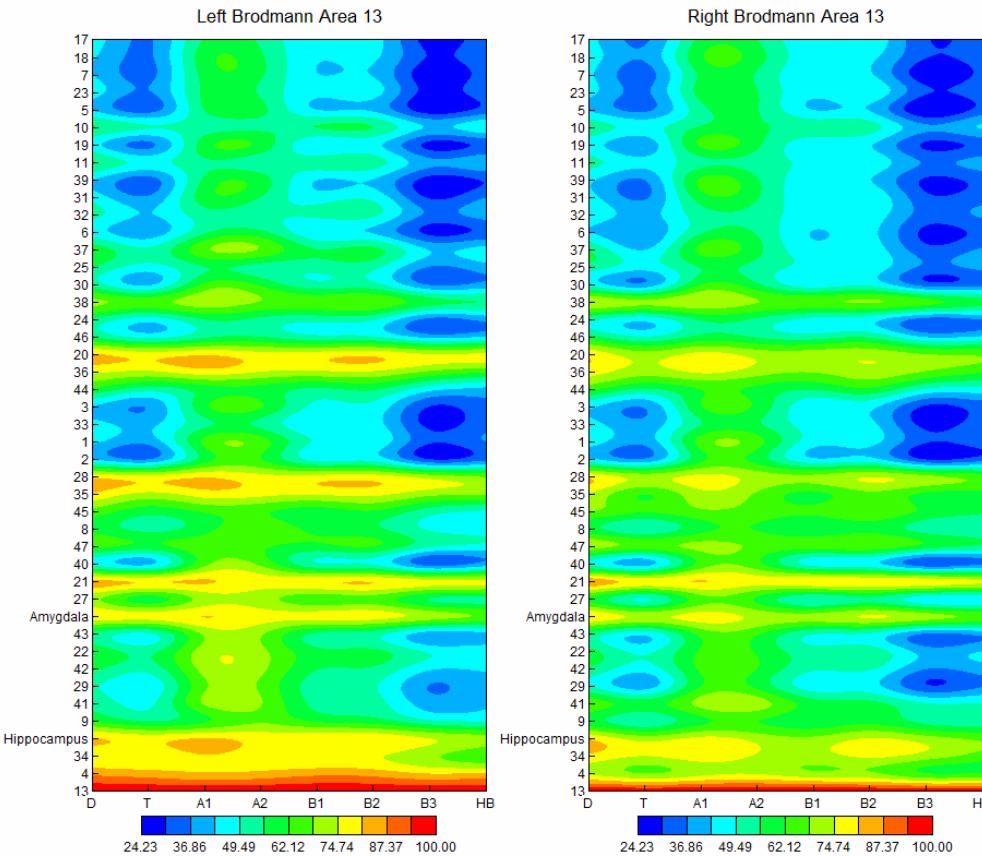
Post Central
Gyrus 0 mm

Z-Axis - LORETA Source Correlations

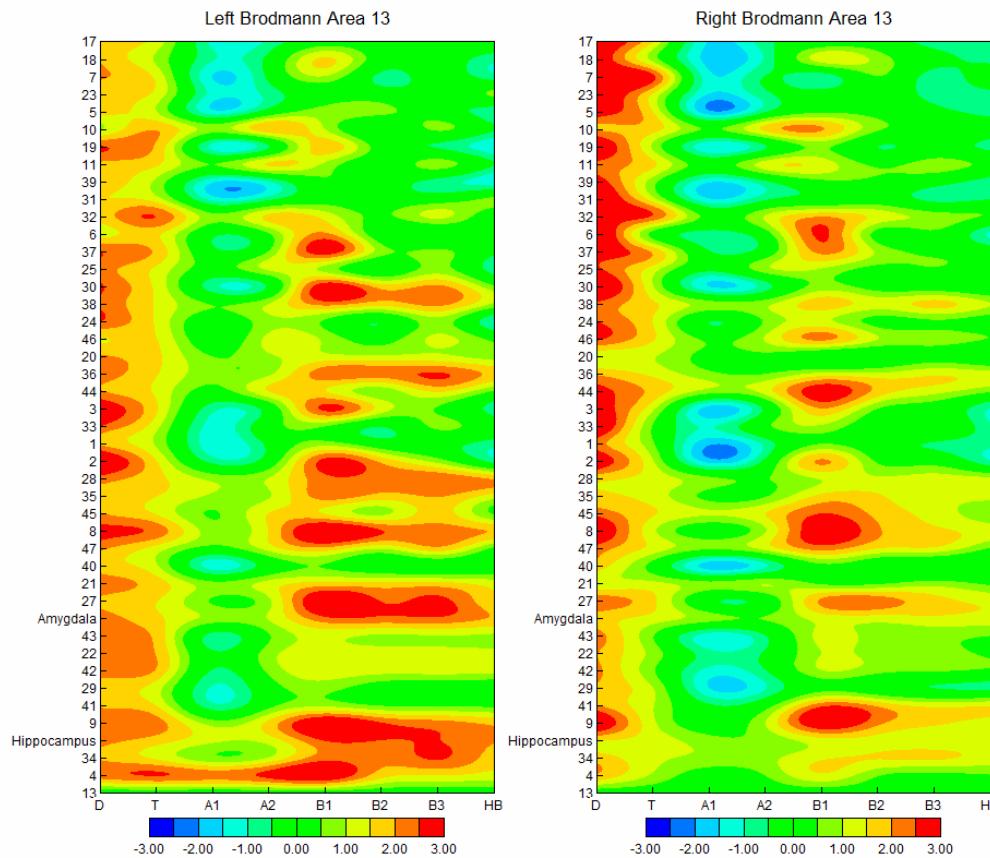
Hypothesized
'U' Shaped
Connections

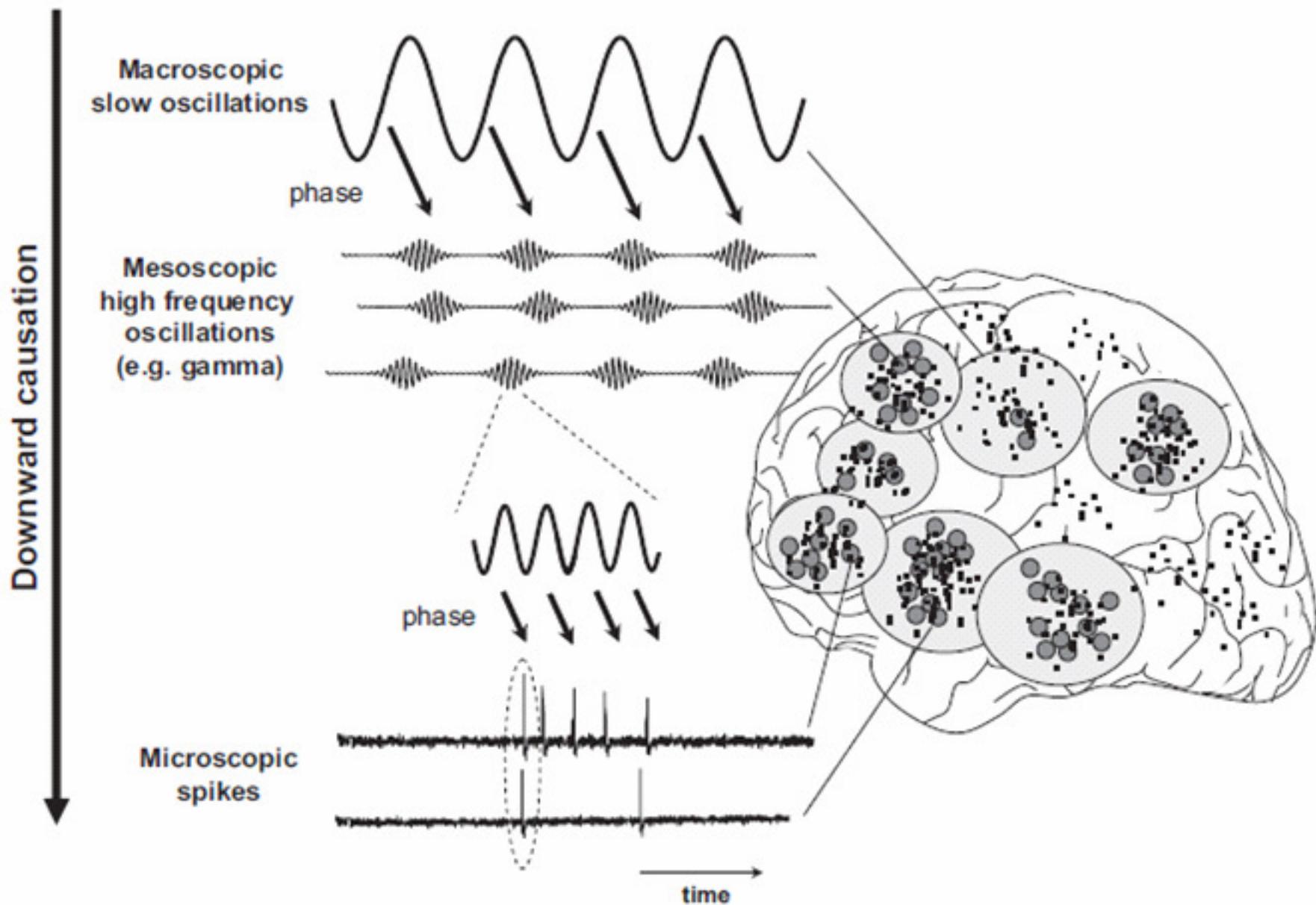
X-Axis
Frequency 1 to 40 Hz

LORETA Coherence



Z Scored LORETA Coherence





spatial code for A



spatial code for B



a memory is
represented by
an assembly of
pyramidal cells

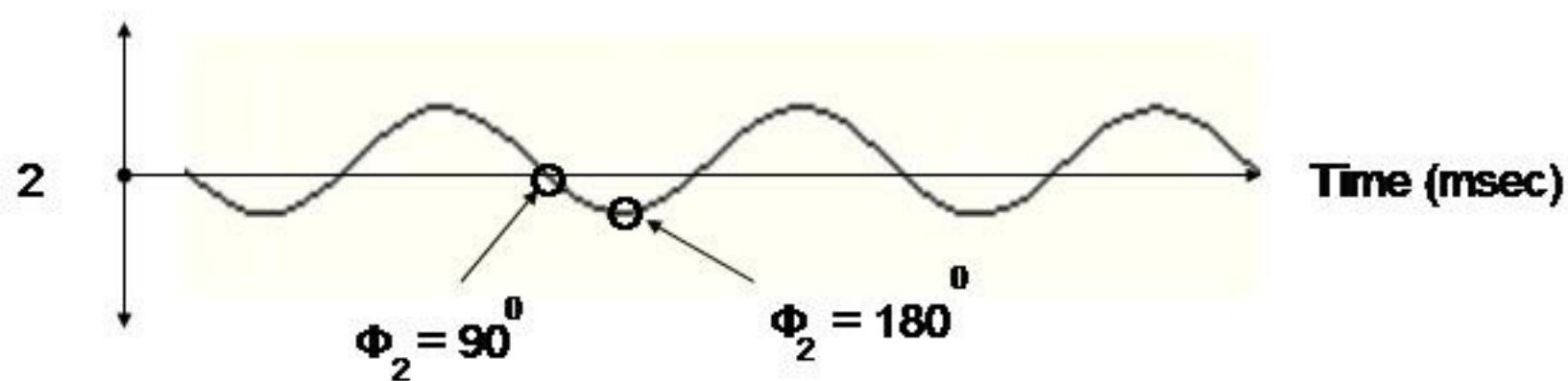
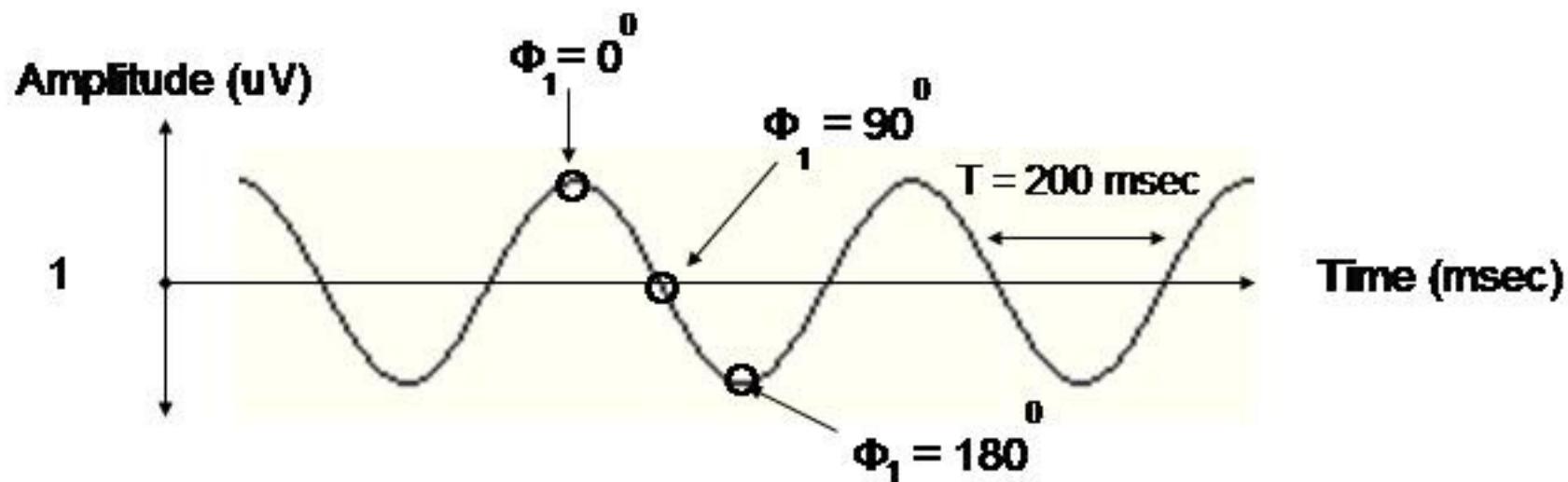
active memories are
repeated each theta cycle



theta (4-10 Hz)

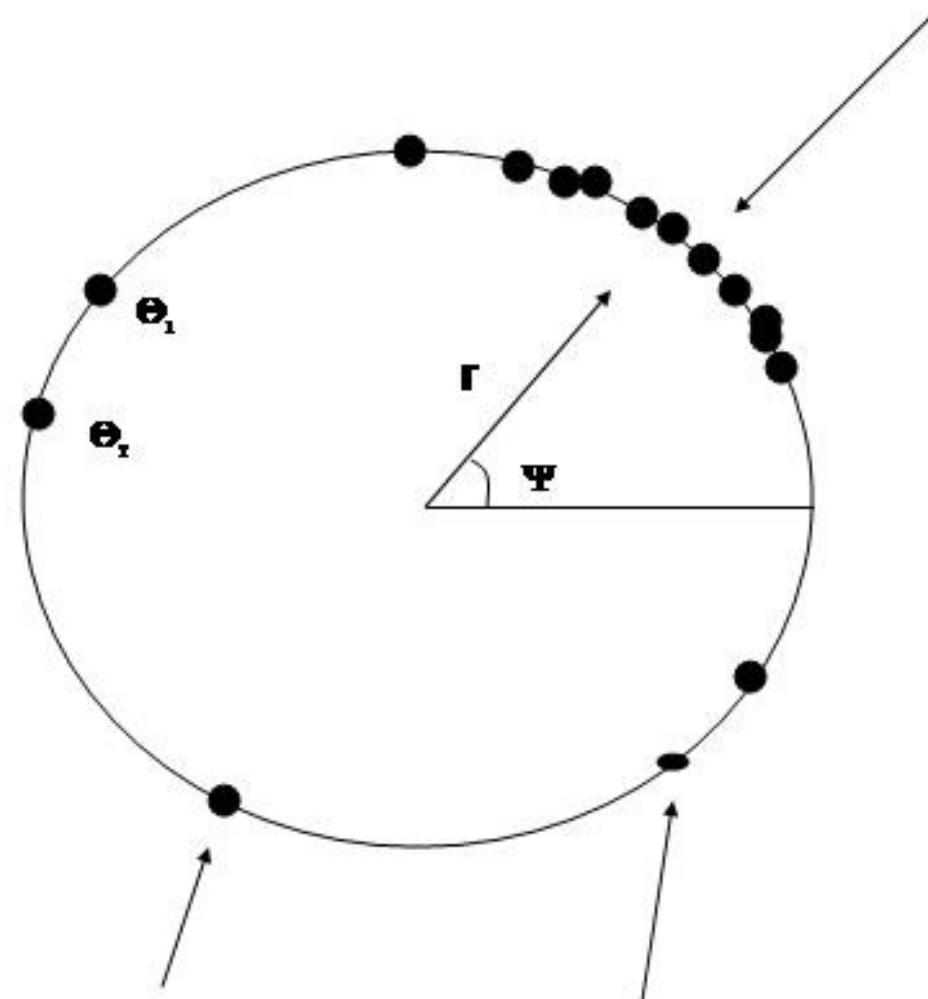
gamma (20-80 Hz)

inhibitory reset



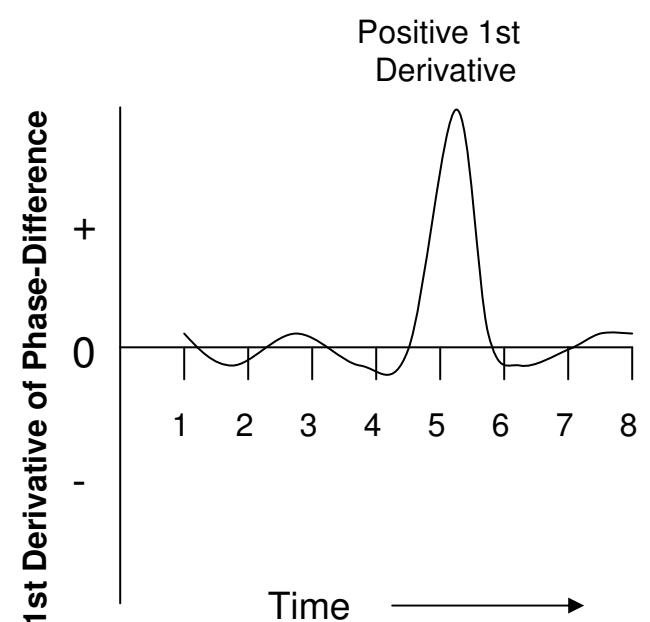
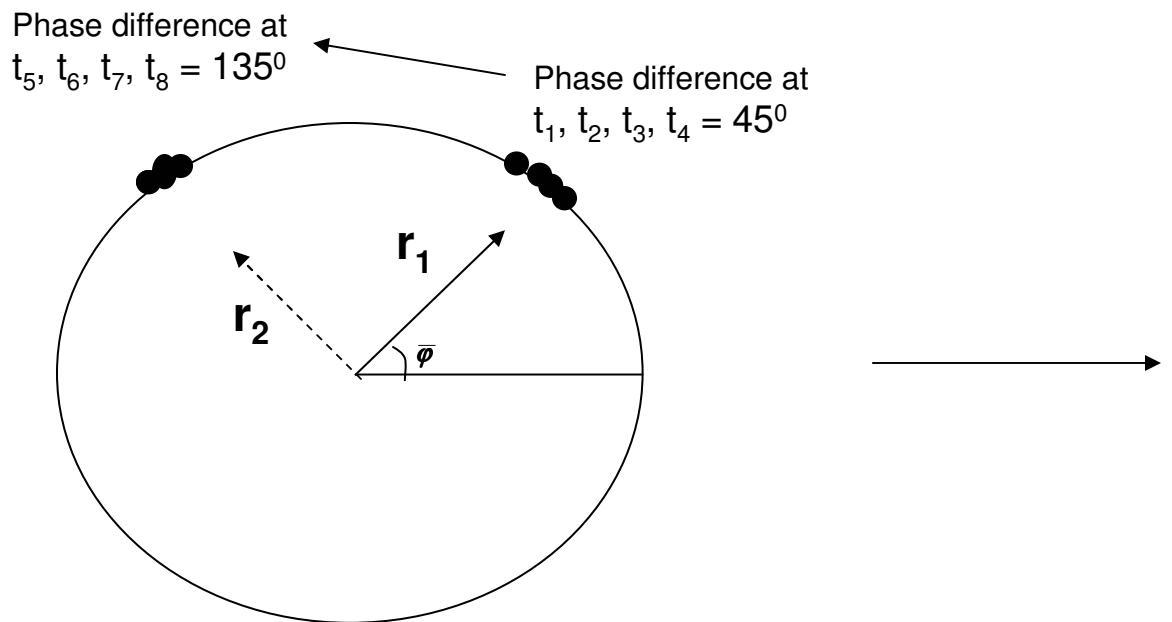
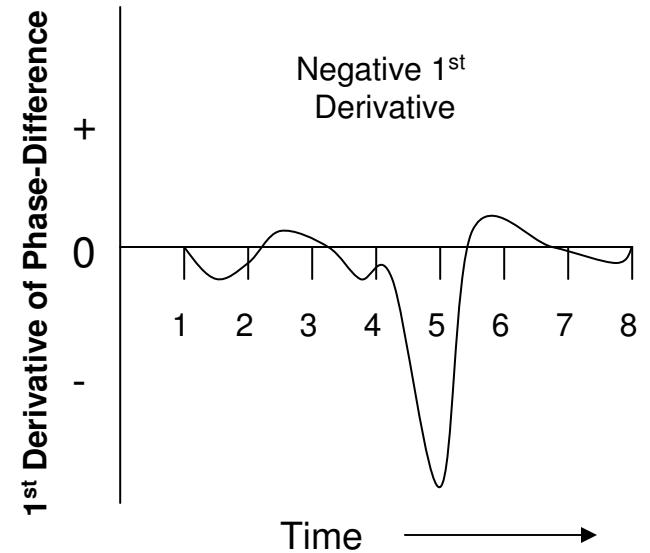
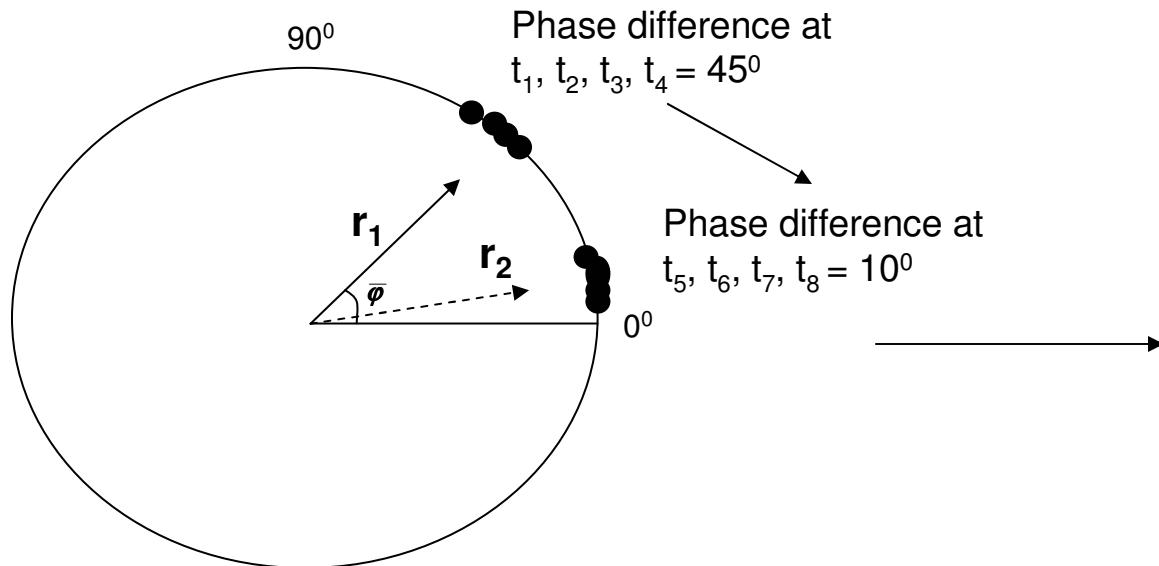
Phase Difference = $\Phi_1 - \Phi_2 = 90^\circ$

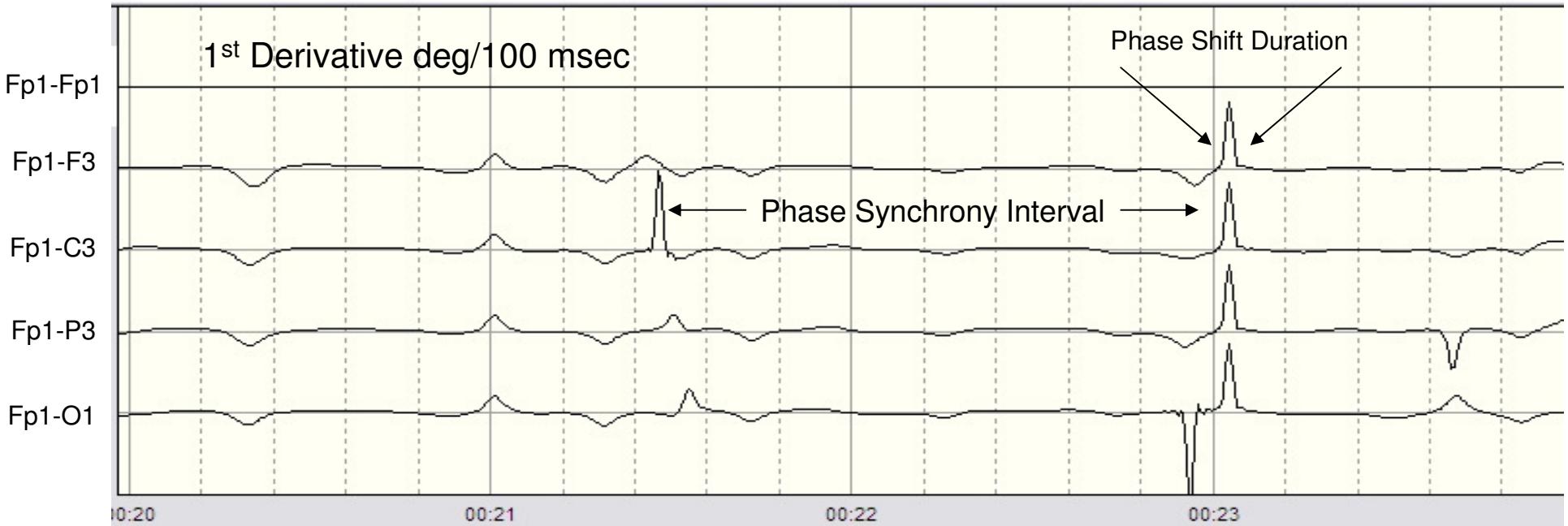
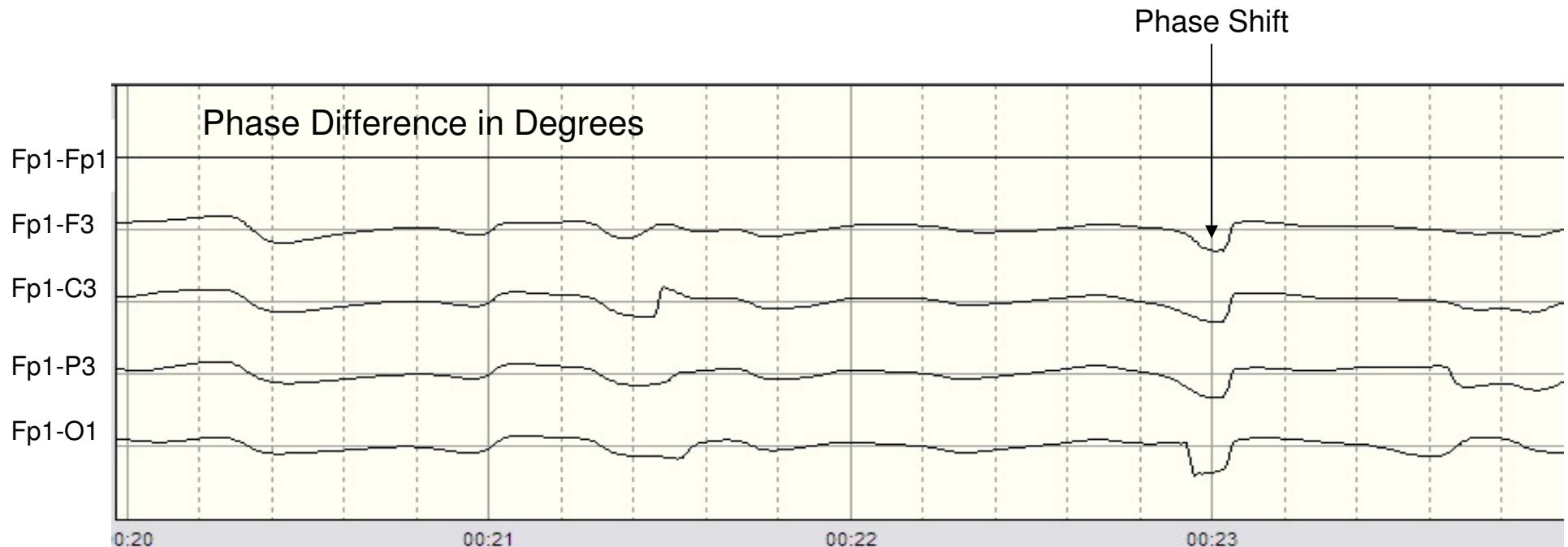
Coherence is high when phase delays are clustered or grouped together. Magnitude of coherence = r



Coherence is lower when phase delays are scattered

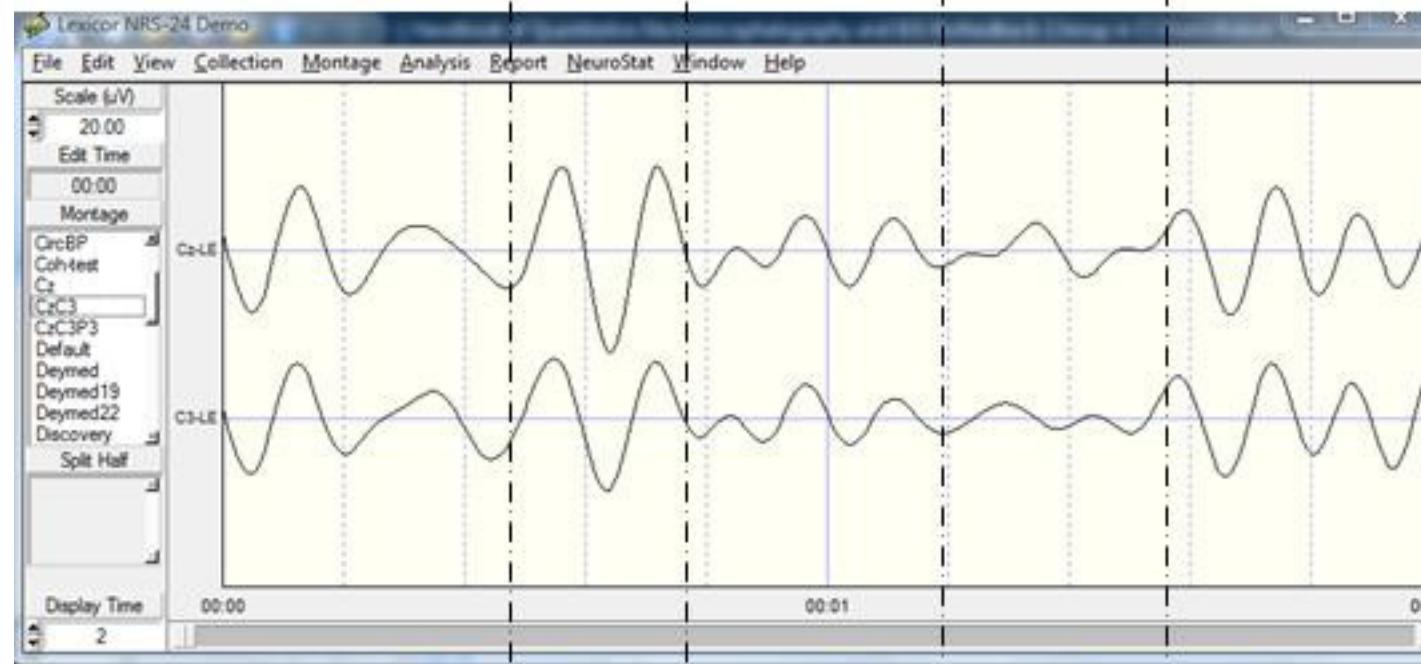
EEG Phase Reset as a Phase Transition in the Time Domain



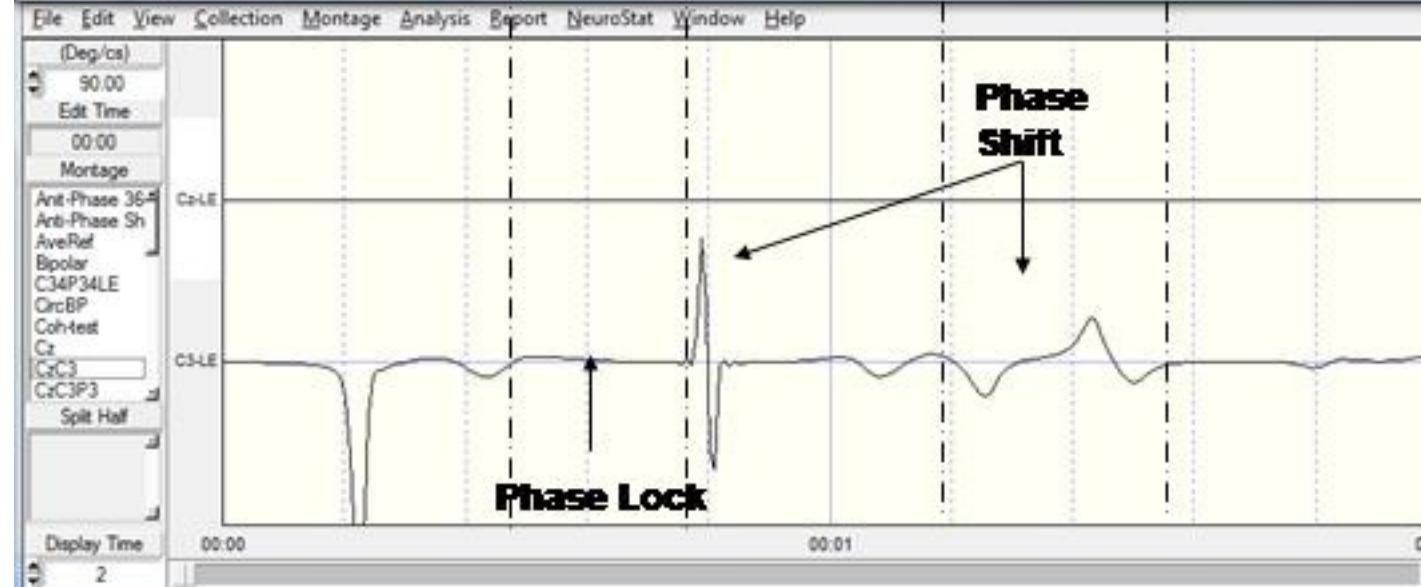


Synchrony & Phase Lock

Asynchrony & Phase Shifts



EEG
Theta Rhythm

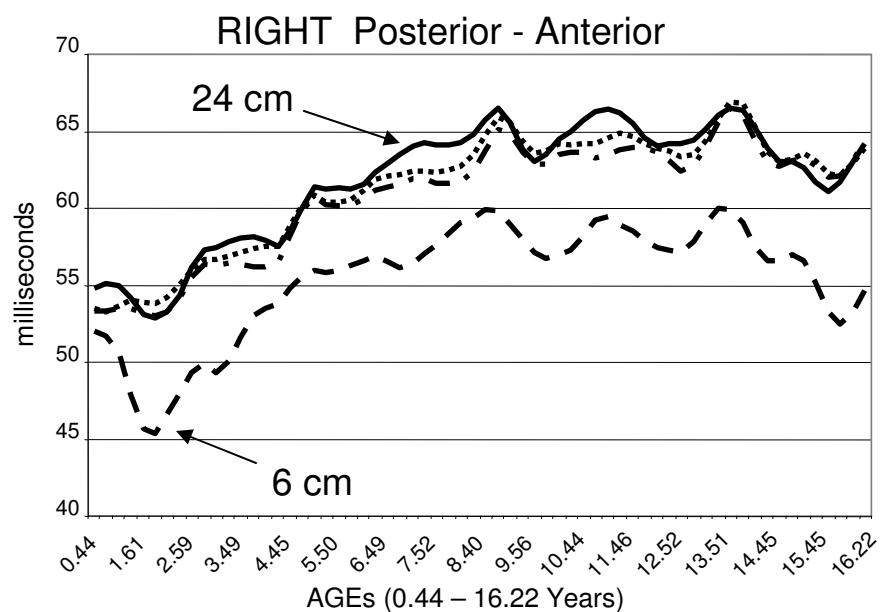
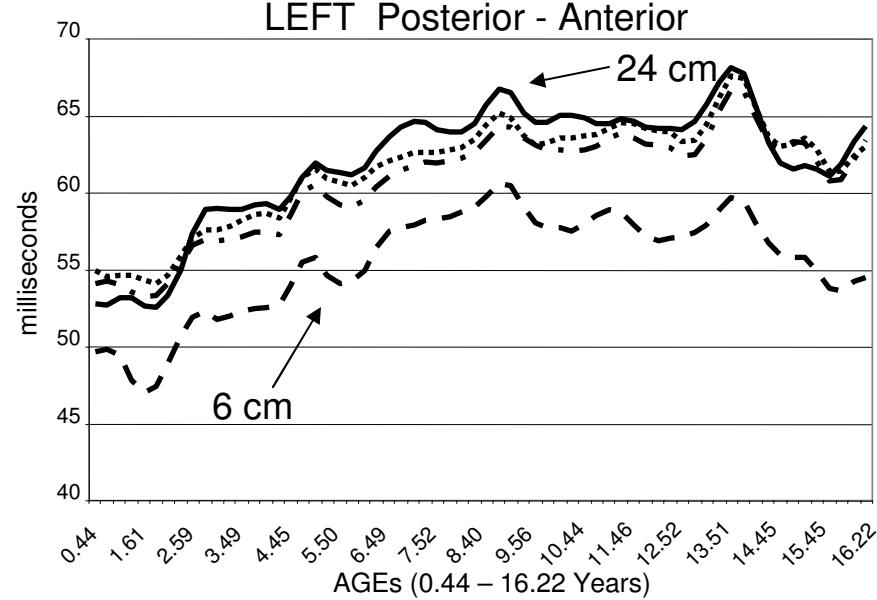
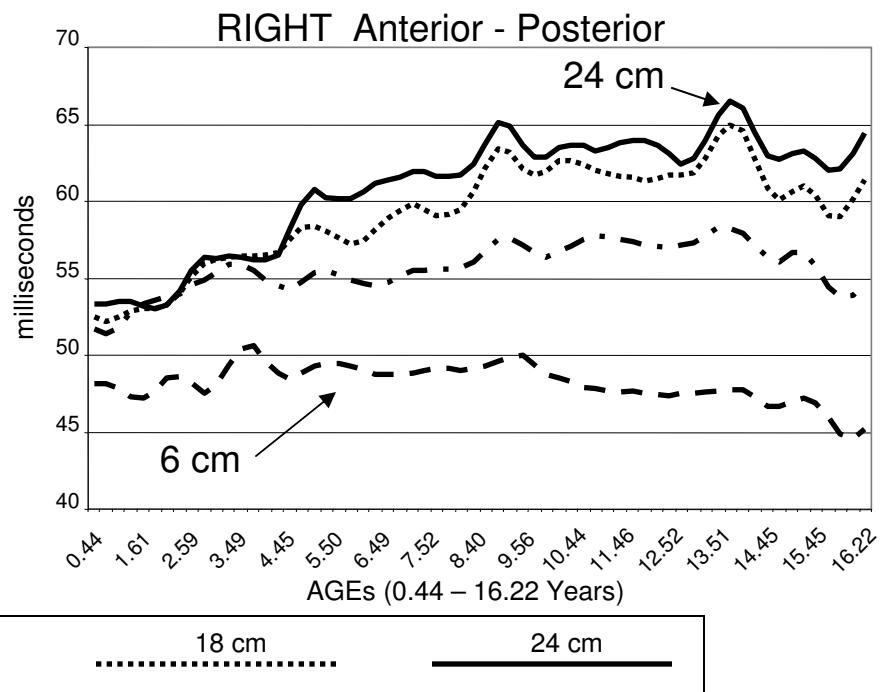
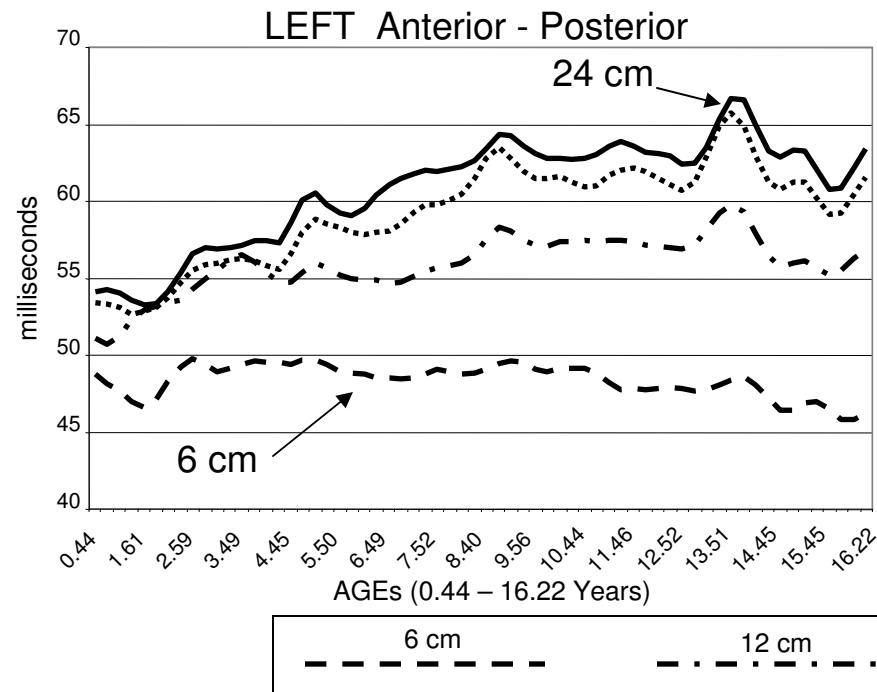


1st Derivative of
Instantaneous Phase

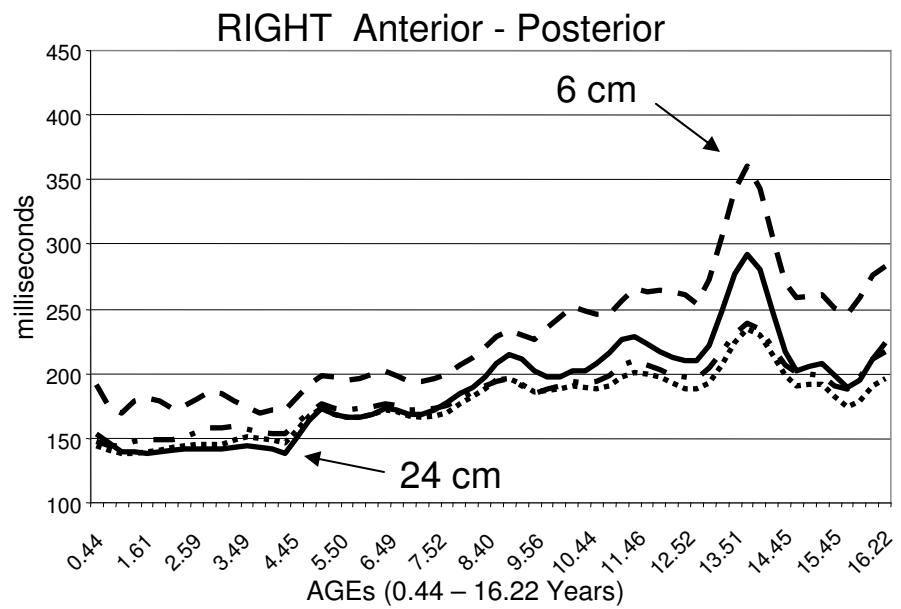
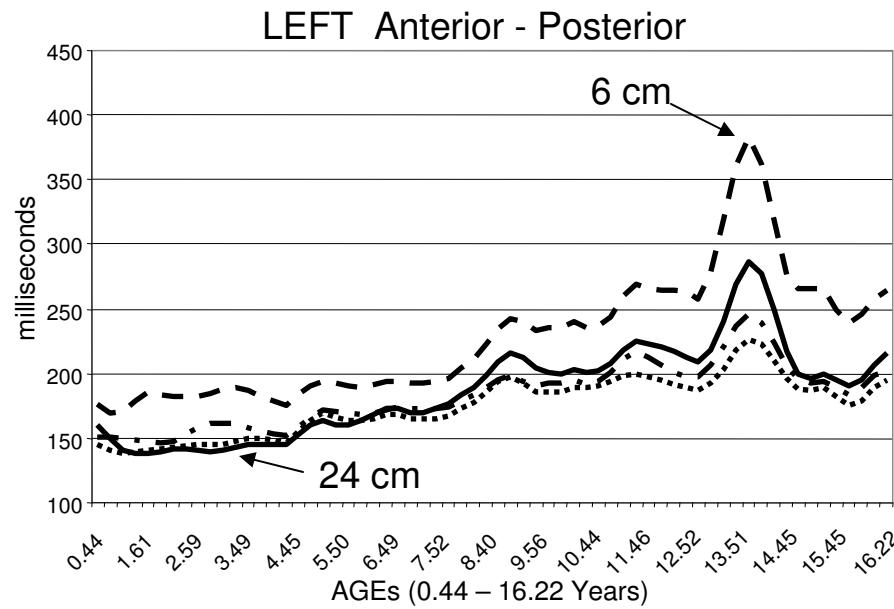
= 0

Phase Lock

Development of Phase Shift Duration

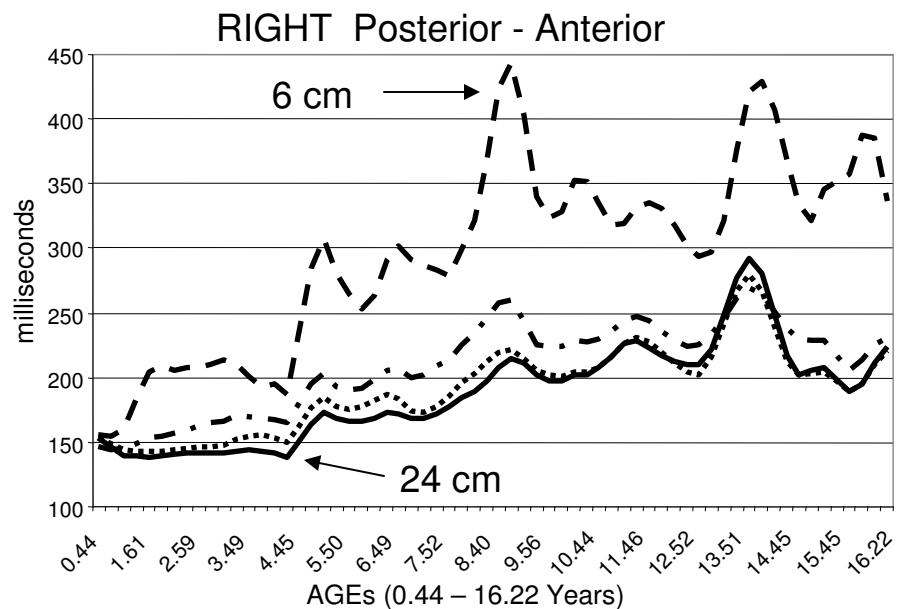
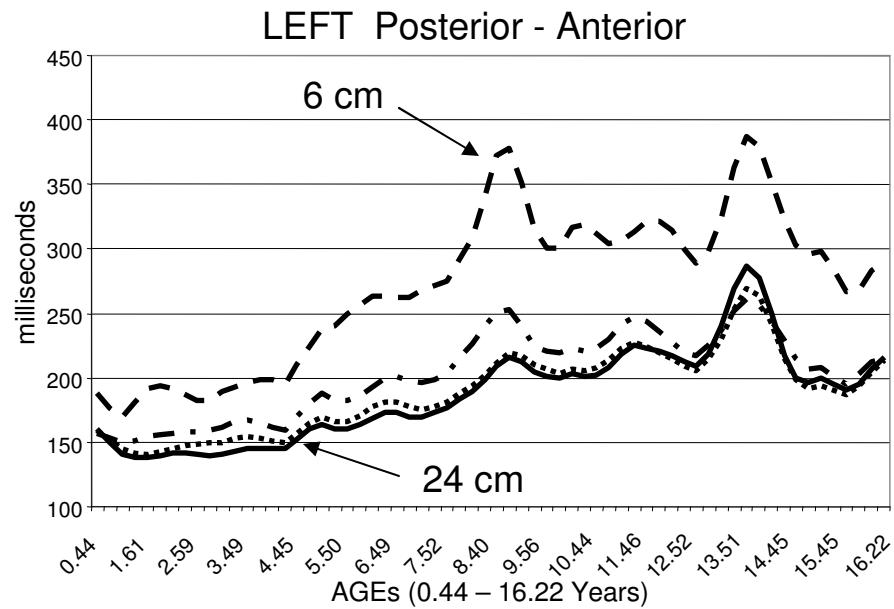


Development of Phase Synchrony Interval



6 cm	12 cm
-----	- - - - -

18 cm	24 cm
.....	—



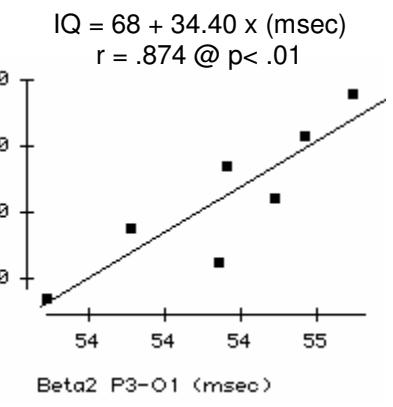
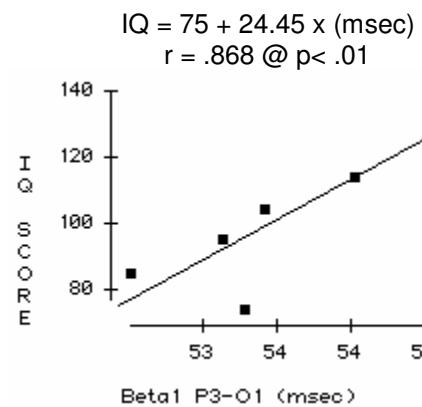
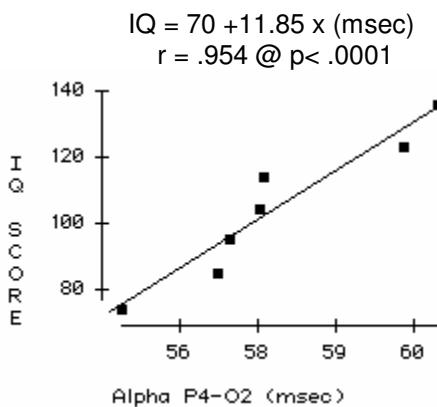
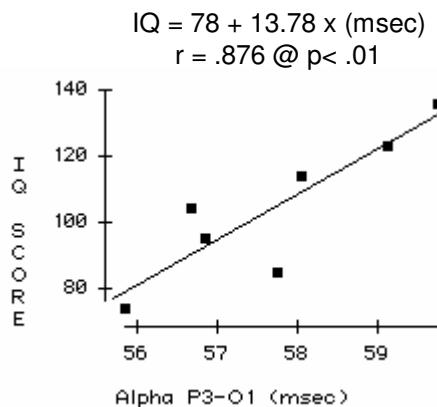
Published in NeuroImage – NeuroImage, 42(4): 1639-1653, 2008.

INTELLIGENCE AND EEG PHASE RESET: A TWO COMPARTMENTAL MODEL OF PHASE SHIFT AND LOCK

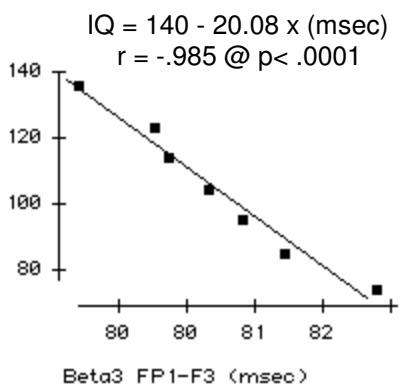
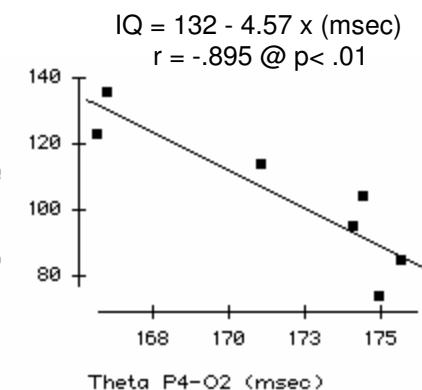
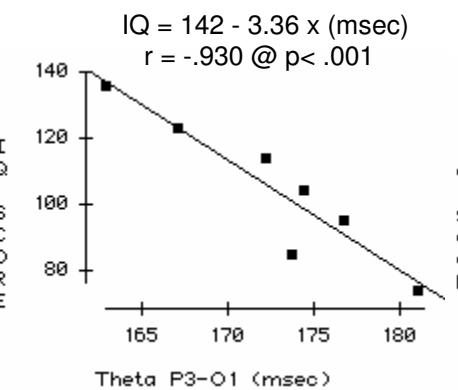
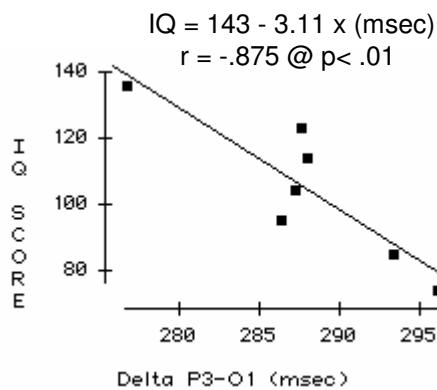
Thatcher, R. W. 1,2, North, D. M.1, and Biver, C. J.1

**EEG and Neuroimaging Laboratory, Applied Neuroscience Research Institute.
St. Petersburg, FL1 and Department of Neurology, University of South Florida
College of Medicine, Tampa, FL2**

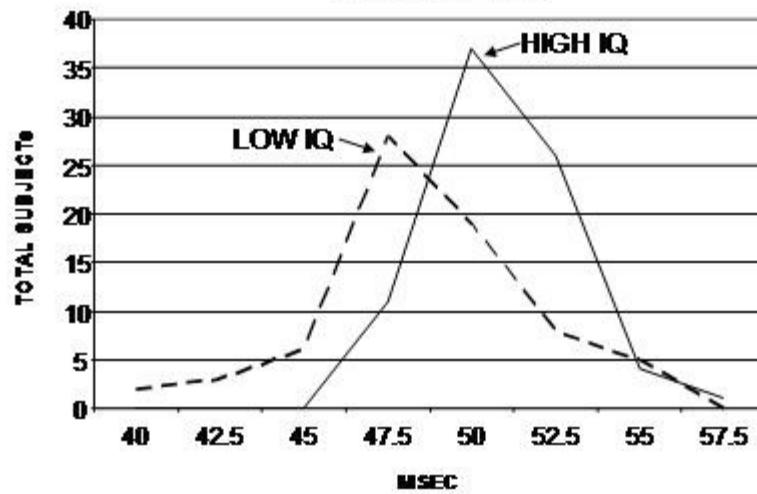
Regressions & Correlations of Phase Shift Duration Short Distances (6 cm)



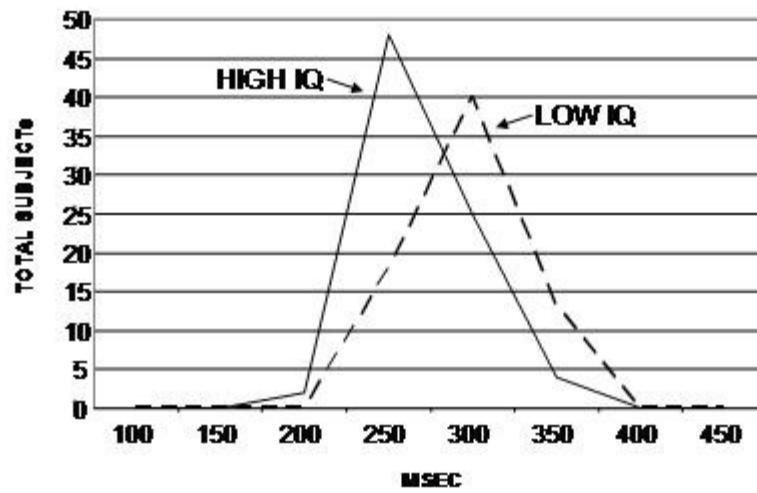
Regressions & Correlations of Phase Locking Interval Short Distances (6 cm)



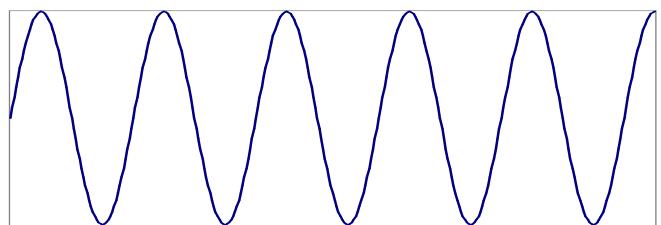
Shift Duration



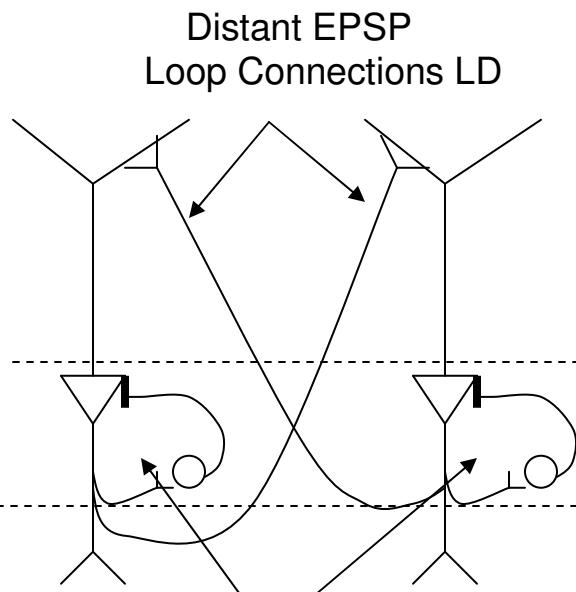
Lock Duration



Pyramidal Cell Model of EEG Phase Reset and Full Scale I.Q.



LFP



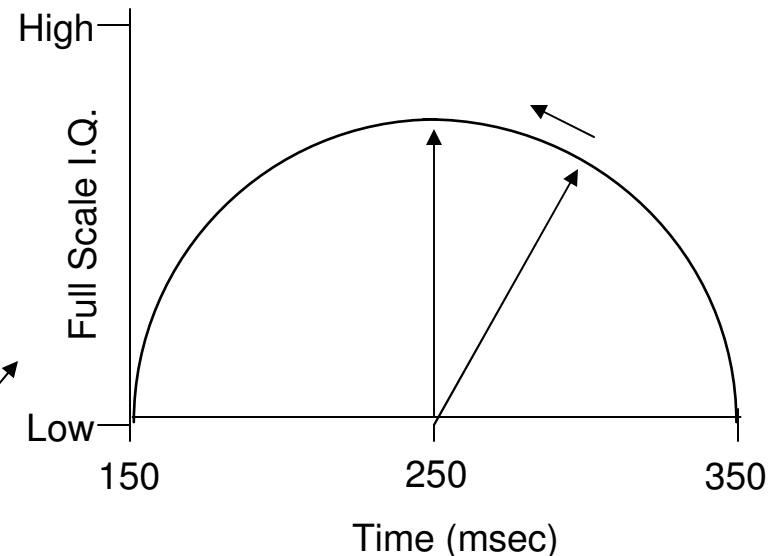
Distant EPSP
Loop Connections LD

Average
EPSP
Duration

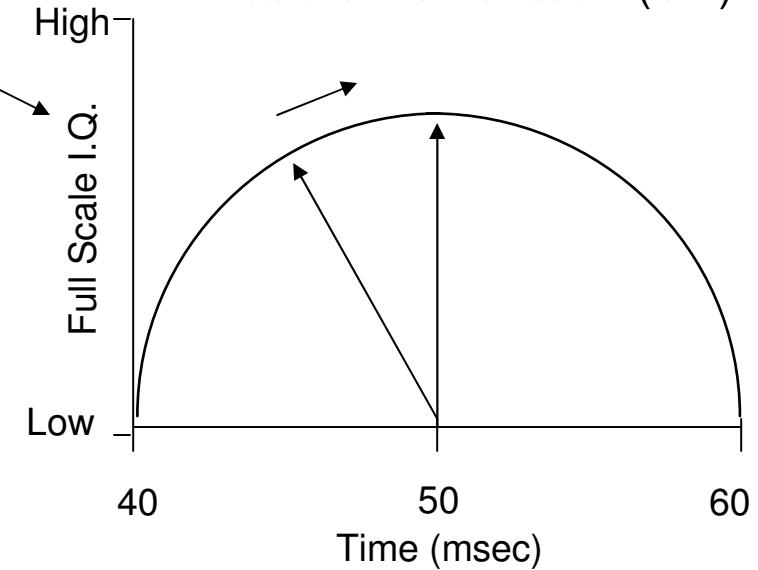
$$\Delta\Phi = \Theta_{LFP} - \Theta_{Pref}$$

Local IPSP
Connections
SD

Phase Lock Duration (LD)



Phase Shift Duration (SD)

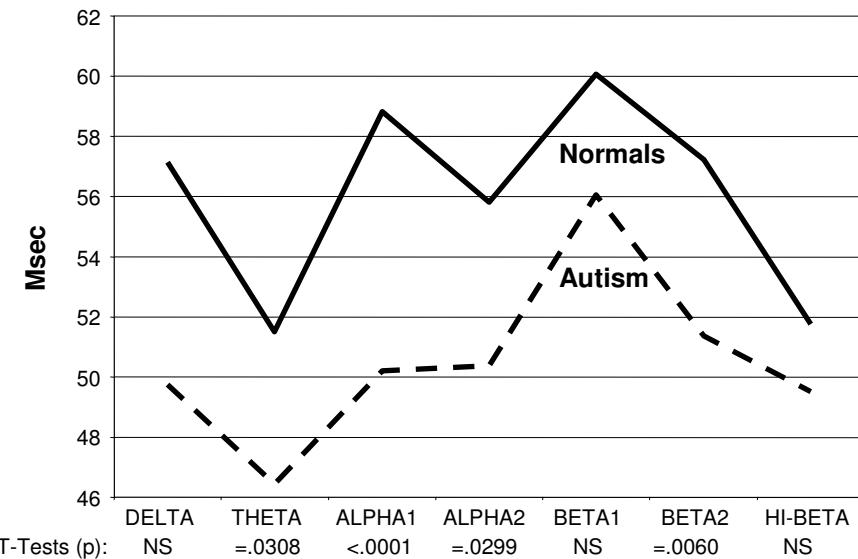


**AUTISM AND EEG PHASE RESET:
A UNIFIED THEORY OF DEFICIENT GABA MEDIATED INHIBITION IN
THALAMO-CORTICAL CONNECTIONS**

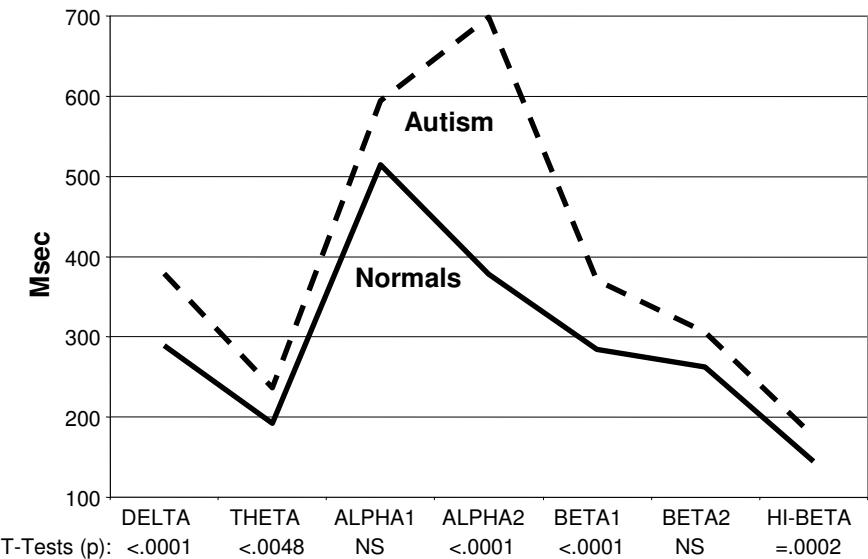
**Thatcher, R. W. 1,2, Phillip DeFina2, James Neurbrander2, North, D. M.1,
and Biver, C. J.1**

**EEG and NeurolImaging Laboratory, Applied Neuroscience Research
Institute., St. Petersburg, Fl1 and the International Brain Research
Foundation, Menlo Park, NJ2**

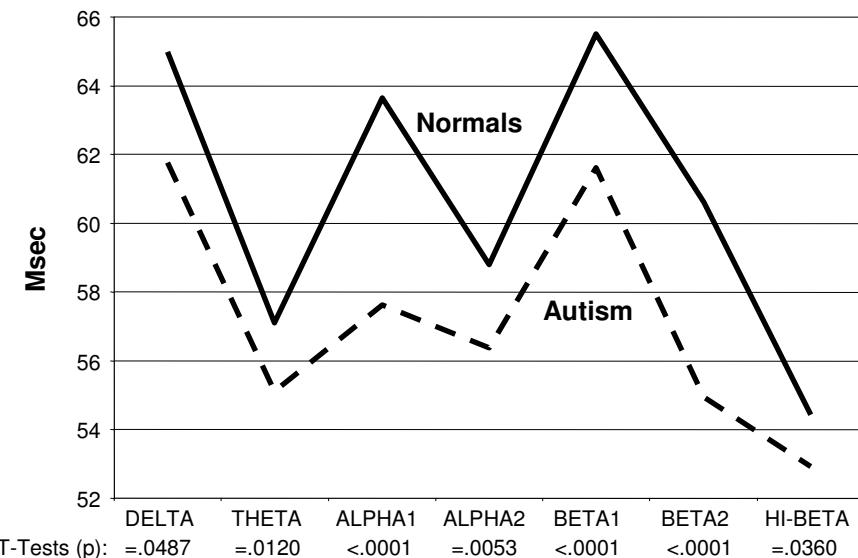
Shift Duration Short Distances



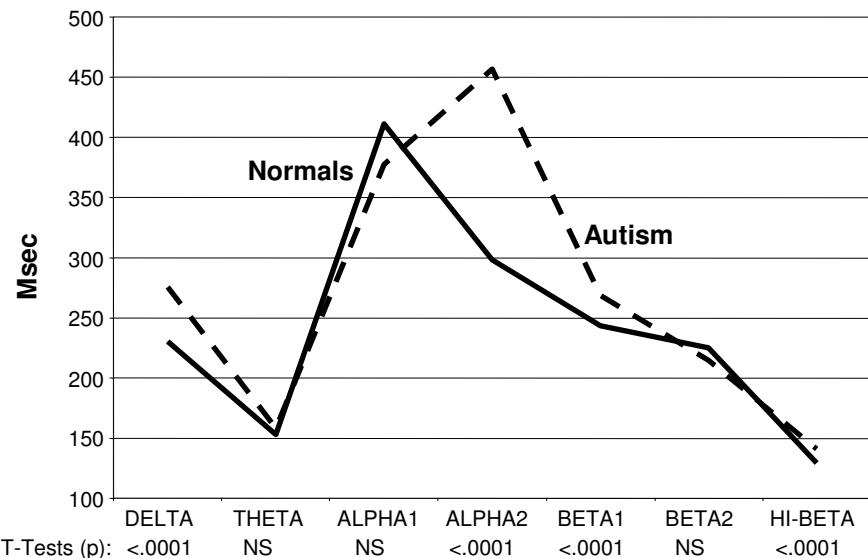
Lock Duration Short Distances



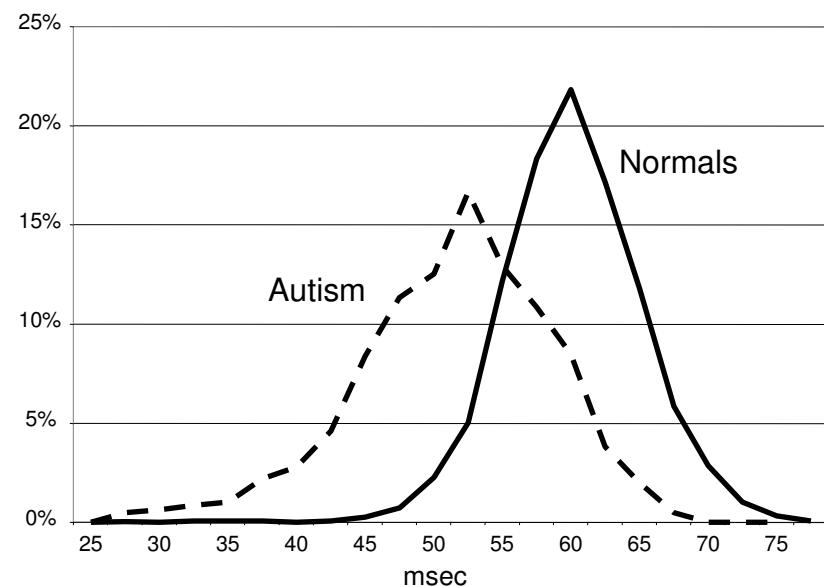
Shift Duration Long Distances



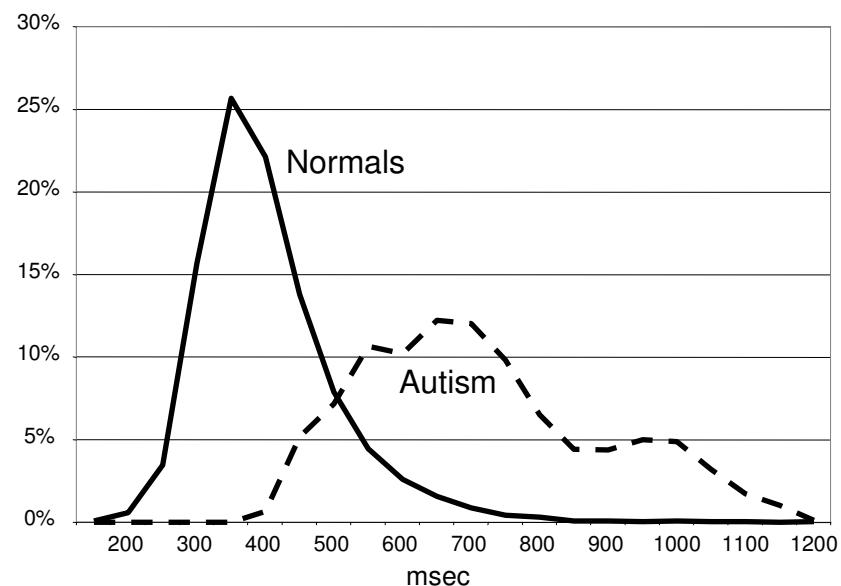
Lock Duration Long Distances



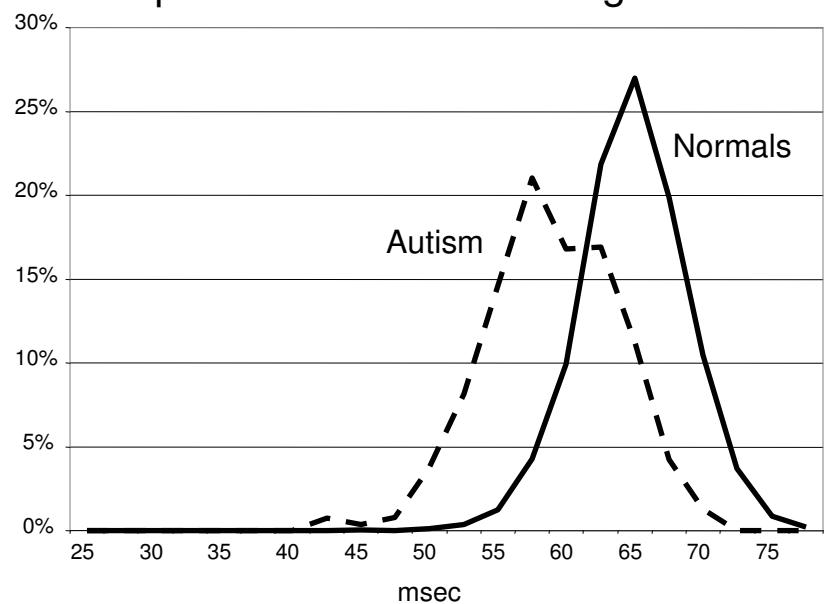
A. Alpha1 Shift Duration Short Distances



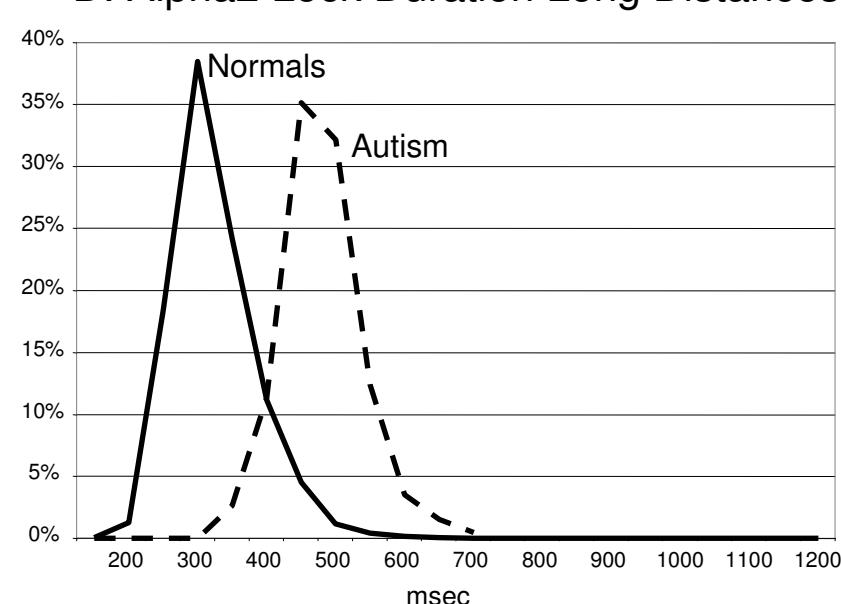
C. Alpha2 Lock Duration Short Distances



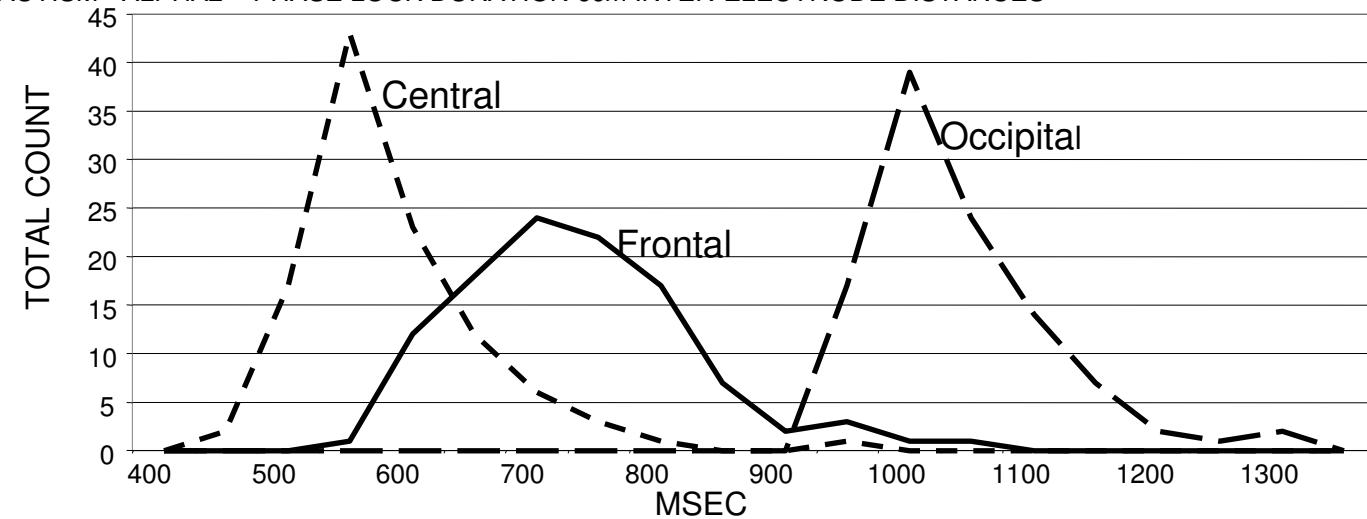
B. Alpha1 Shift Duration Long Distances



D. Alpha2 Lock Duration Long Distances



AUTISM - ALPHA2 – PHASE LOCK DURATION 6cm INTER-ELECTRODE DISTANCES

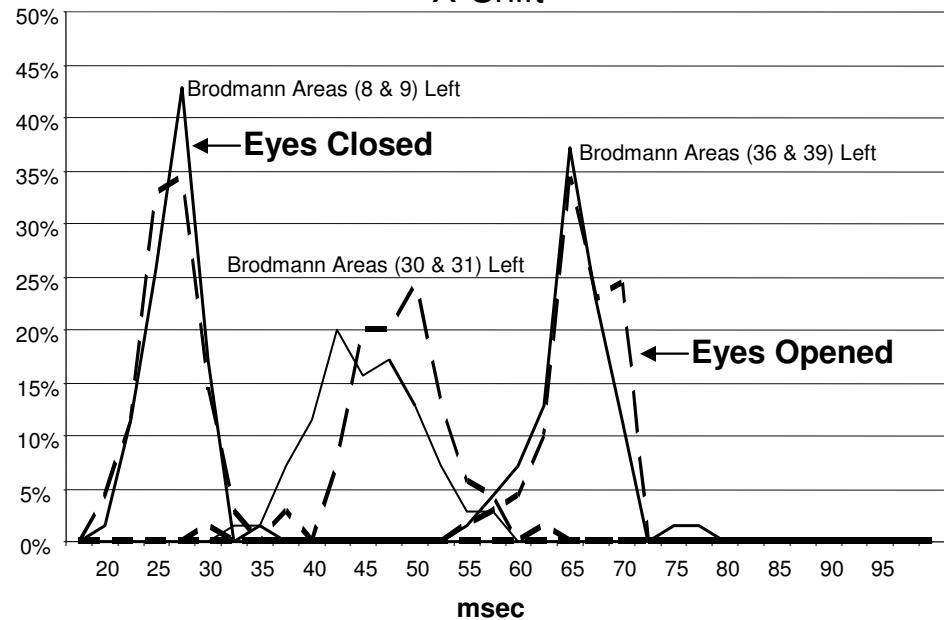


TEMPORAL QUANTA AND EEG LORETA PHASE RESET

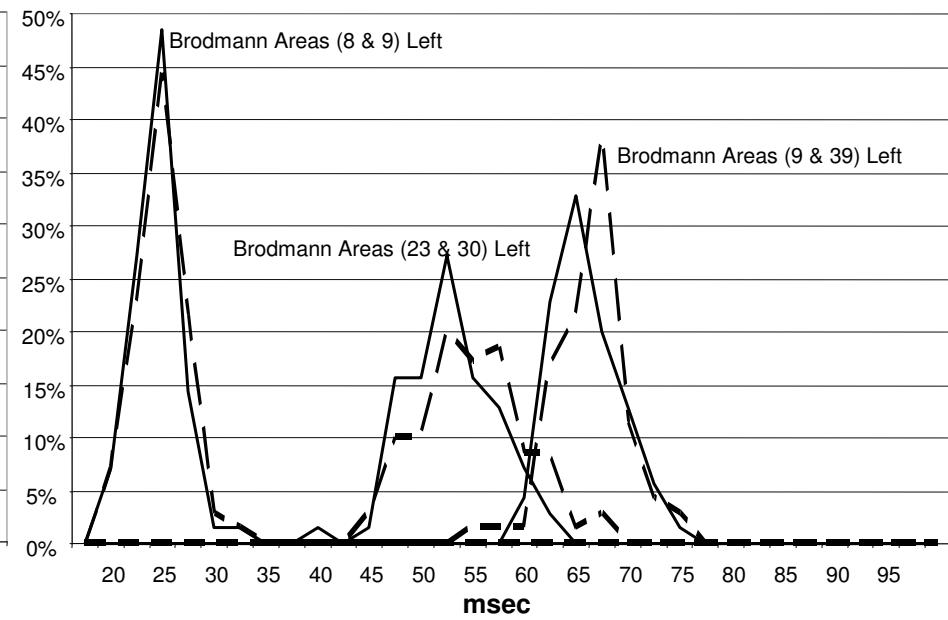
**Thatcher, R.W. North, D.M. and Biver, C. J.
EEG and Neurolmaging Laboratory, Applied Neuroscience, Inc., St. Petersburg, Fl**

Phase Reset Shift Duration LORETA Default Brain Brodmann Area Pairs

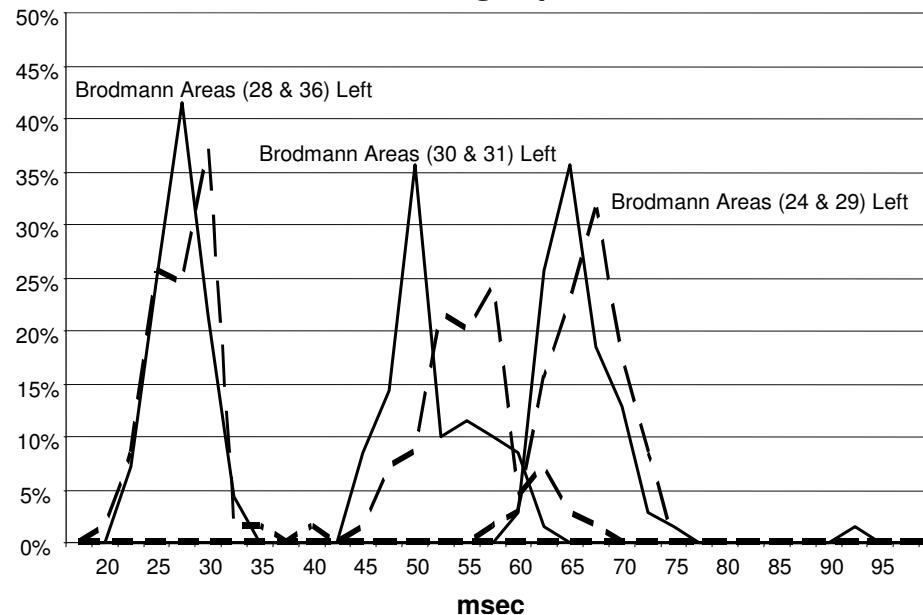
X-Shift



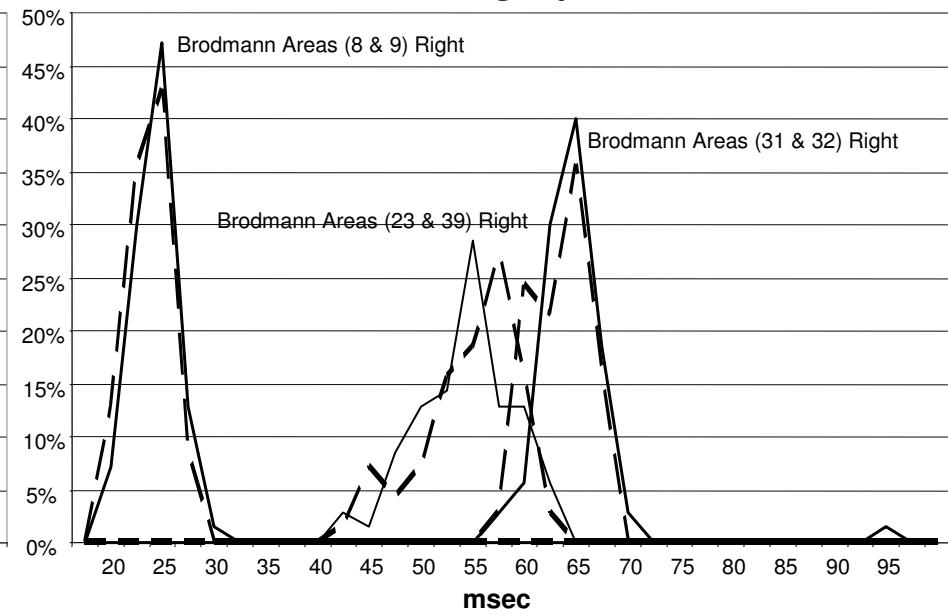
Y-Shift



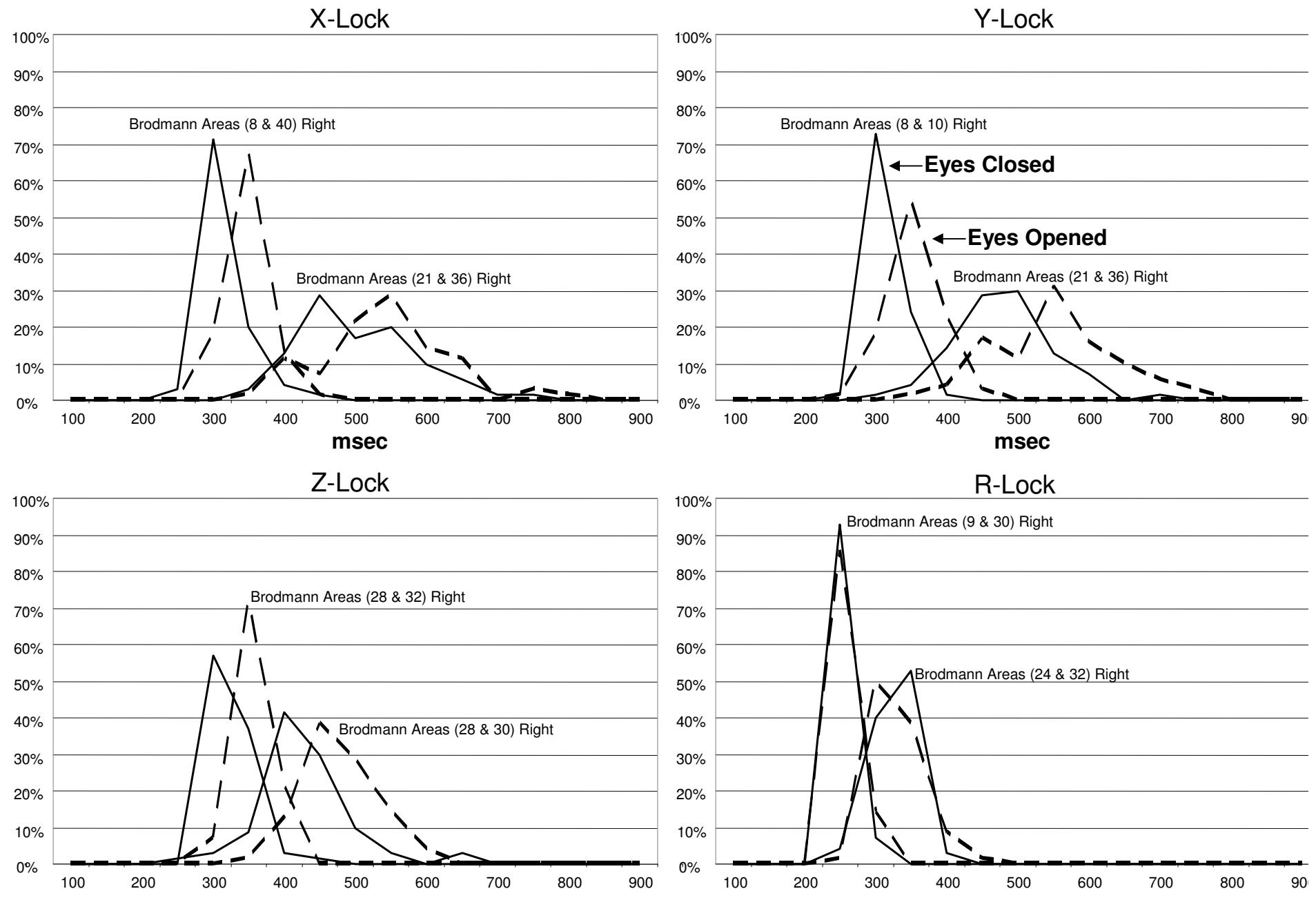
Z-Shift



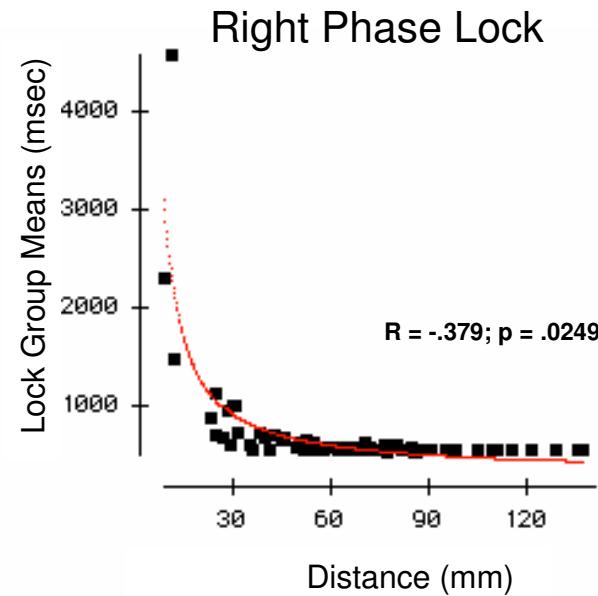
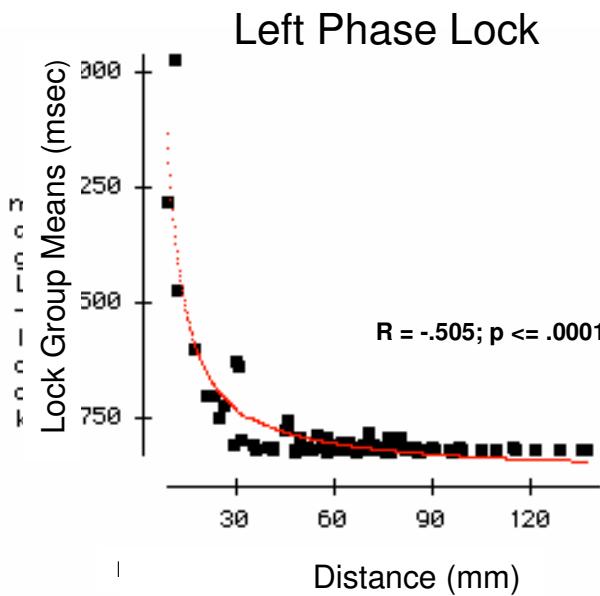
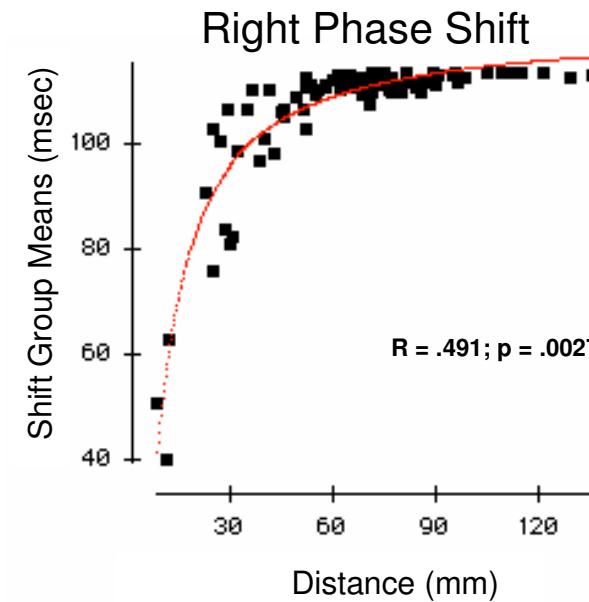
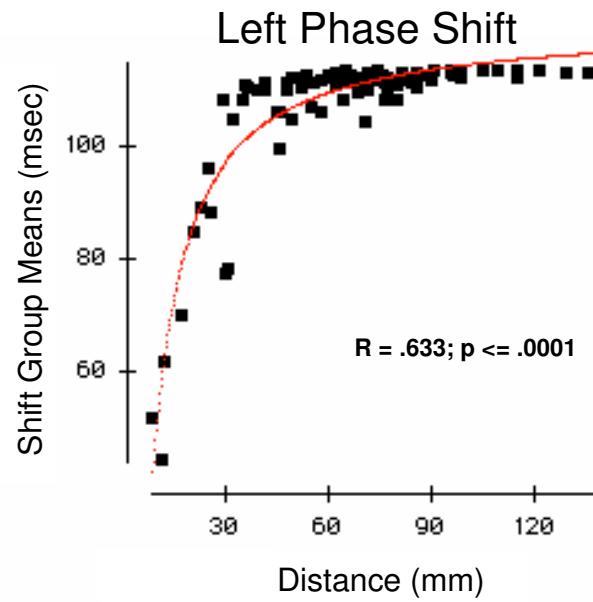
R-Shift



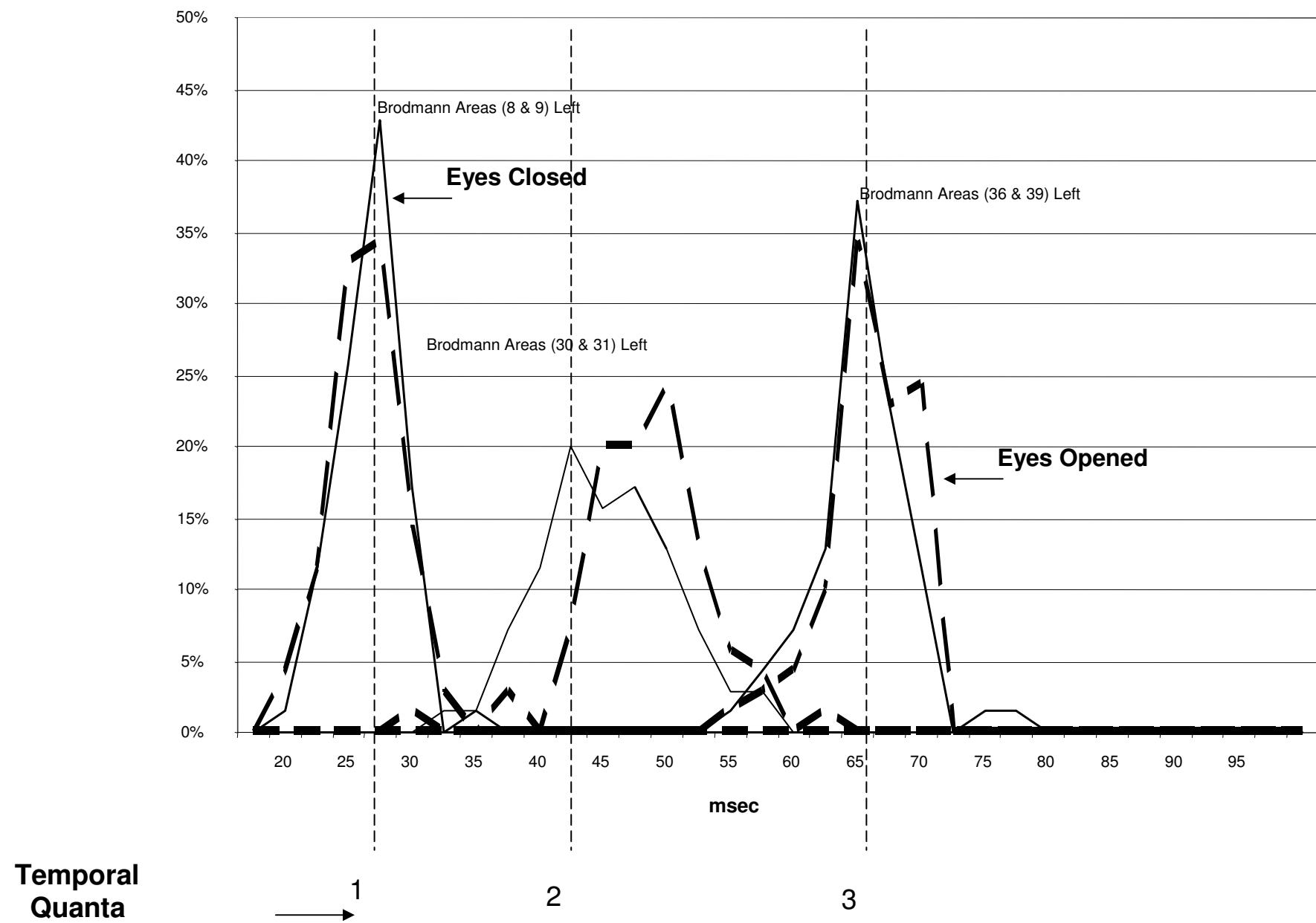
Phase Reset Lock Duration LORETA Default Brain Brodmann Area Pairs



Relations Between Phase Reset Shift & Lock Means and the Euclidean Distance Between Voxels

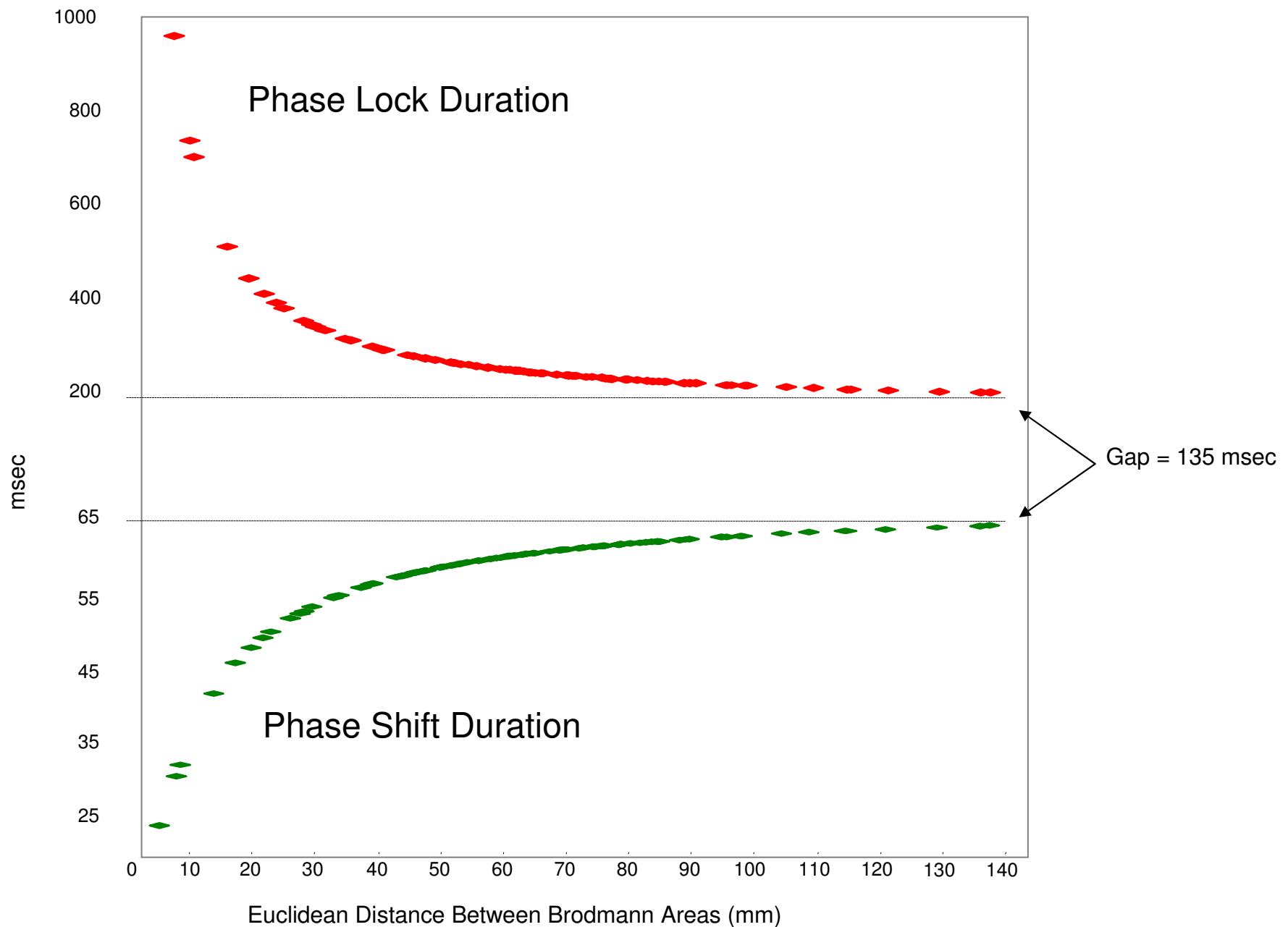


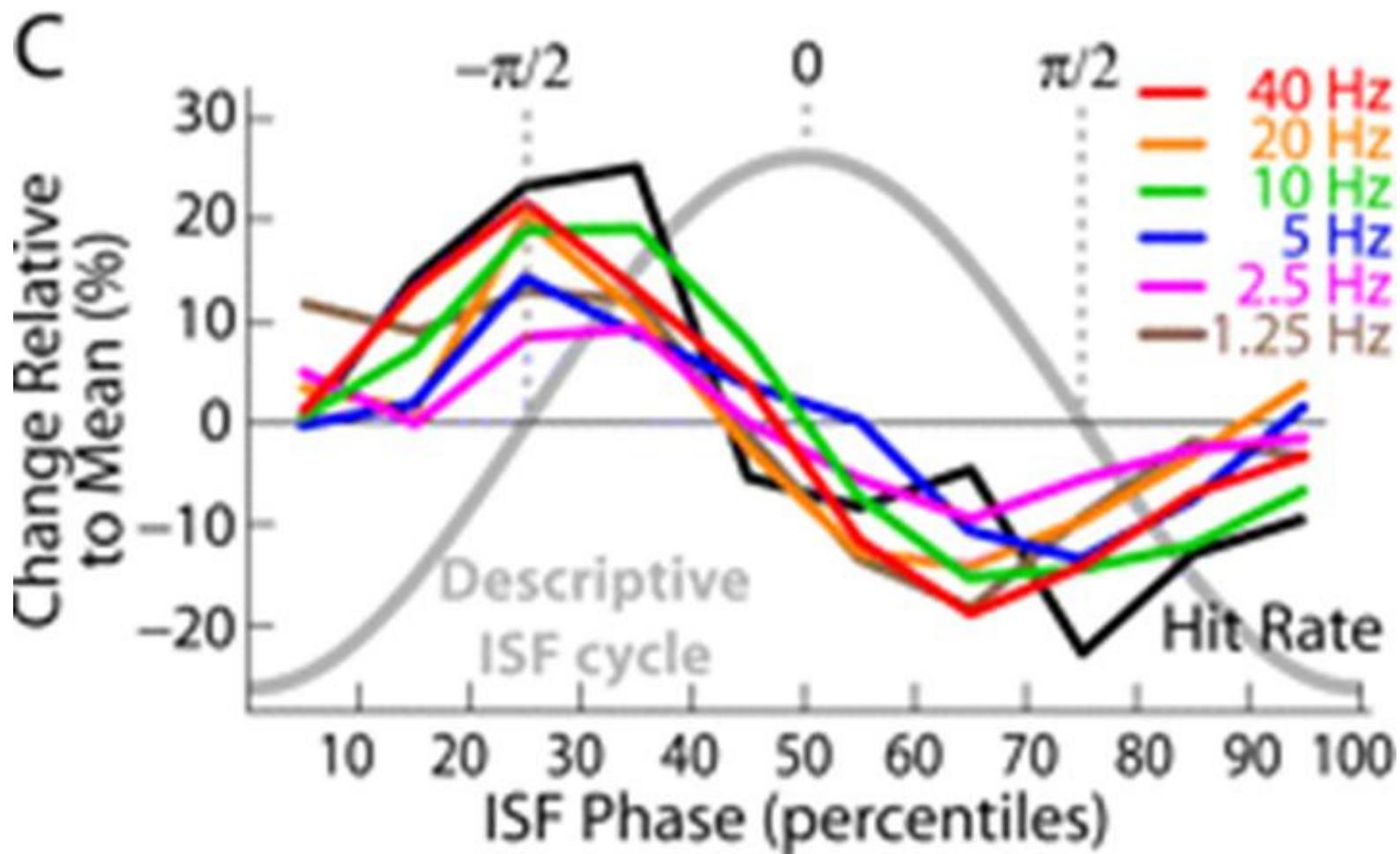
A Quanta Phase Shift Durations: N = 140 Under Each Quanta Duration



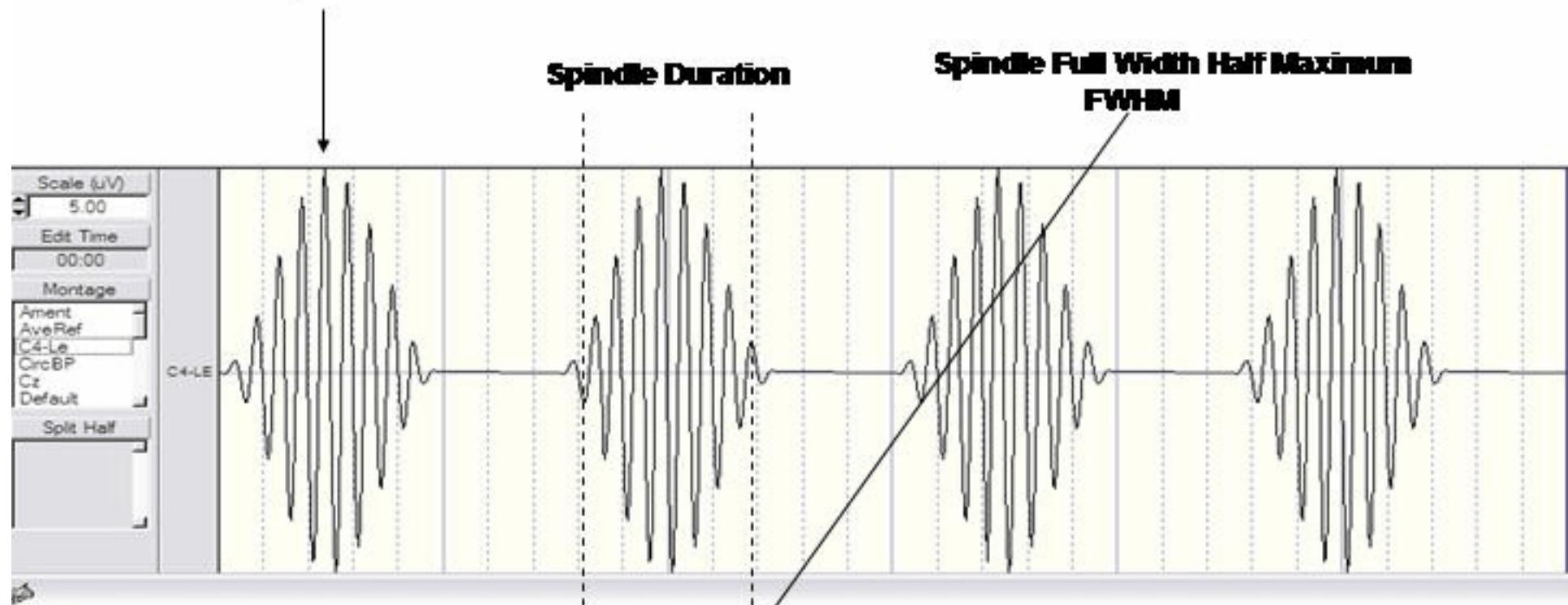
B

Non-Linear Exponential Brodmann Area Distances: Shift vs Lock



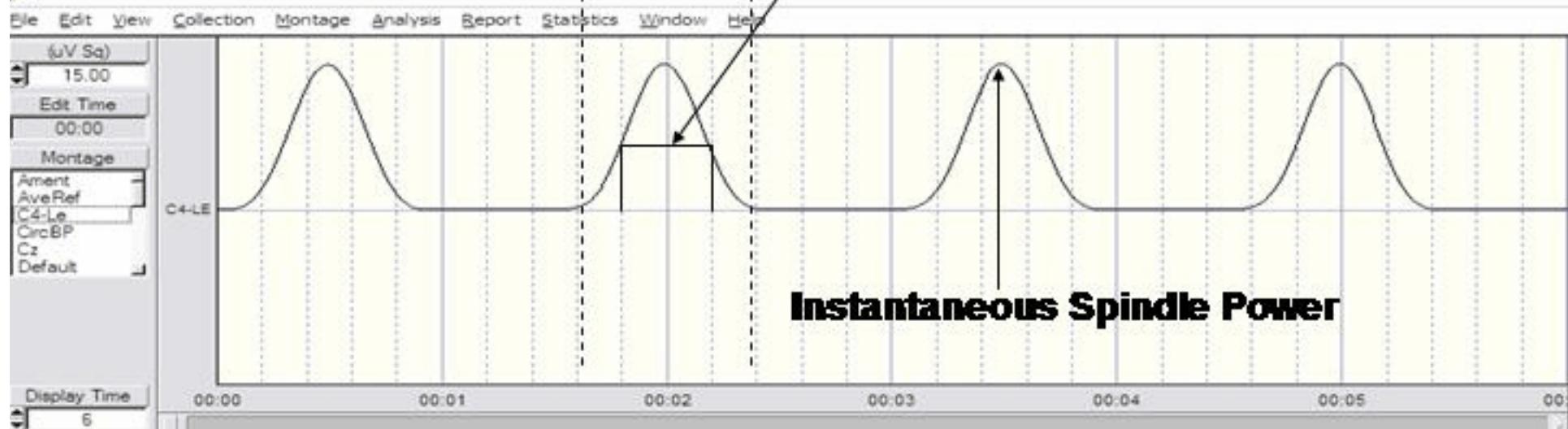


Simulated Spindles

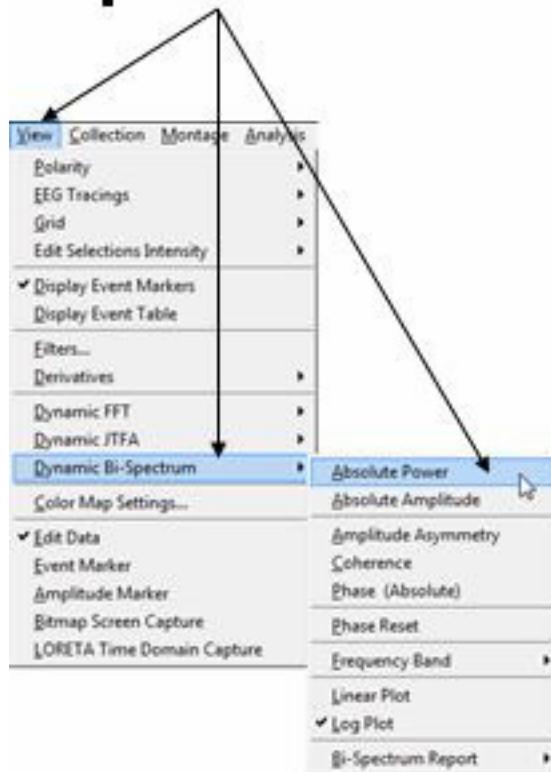


Spindle Duration

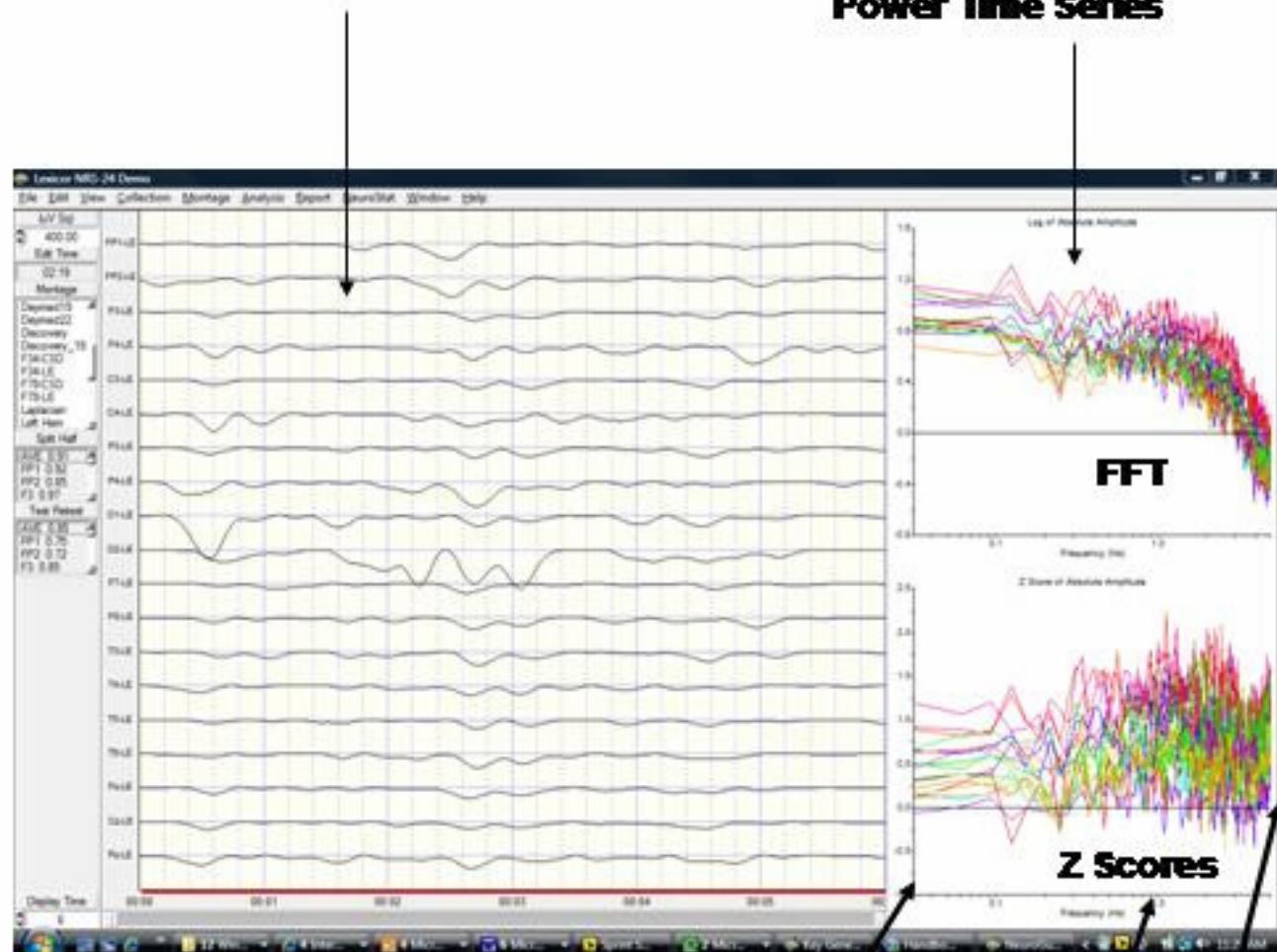
Spindle Full Width Half Maximum
FWHM



Click View > Dynamic Bi-Spectrum > Absolute Amplitude



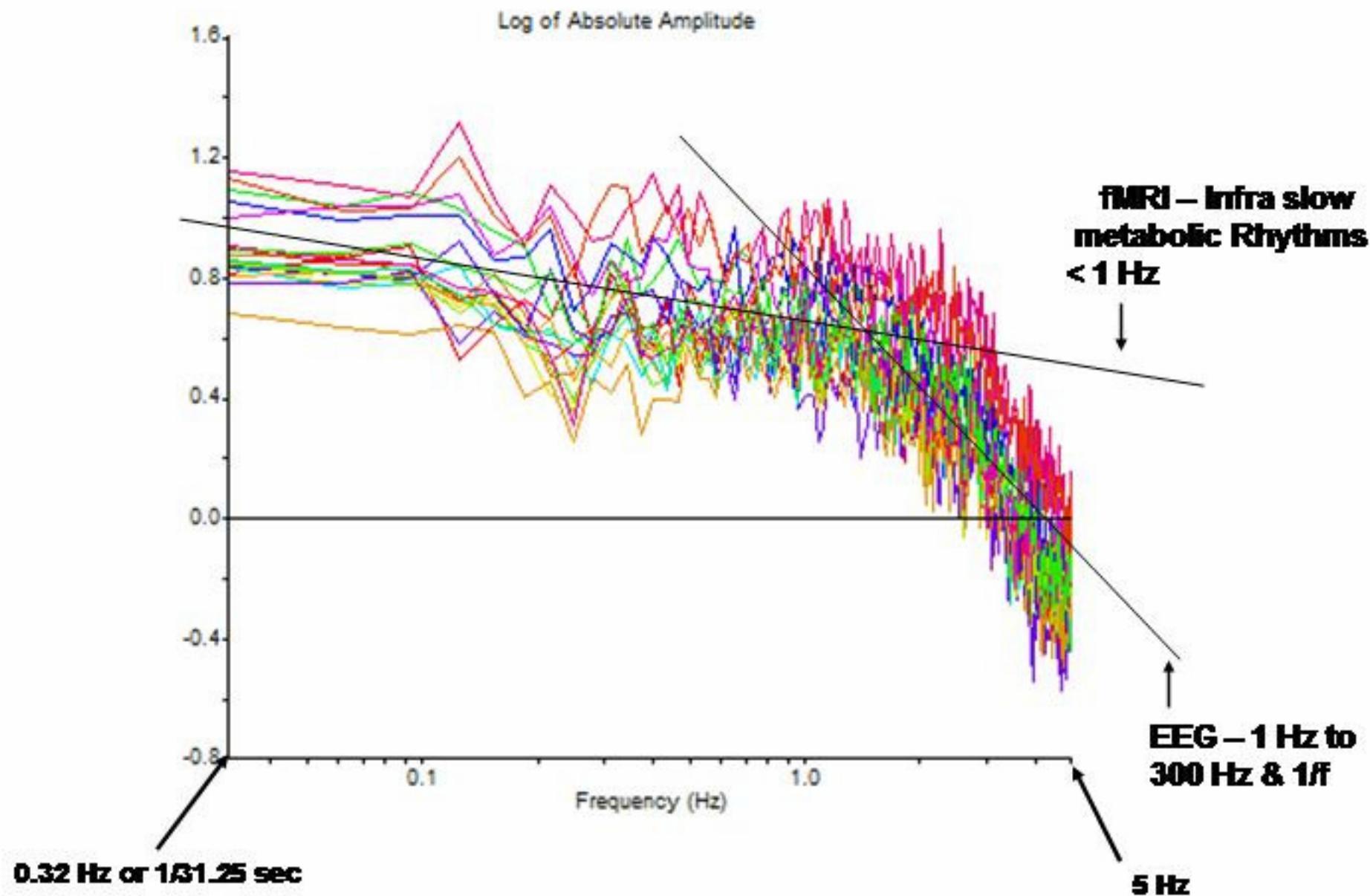
Time Series of Instantaneous Absolute Power



Bi-Spectrum = FFT of Instantaneous Absolute Power Time Series

0.32 seconds = once every 32 seconds **1 Hz** **5 Hz**

Two Compartments of the Frequency Spectrum of Bursts in EEG Absolute Amplitude



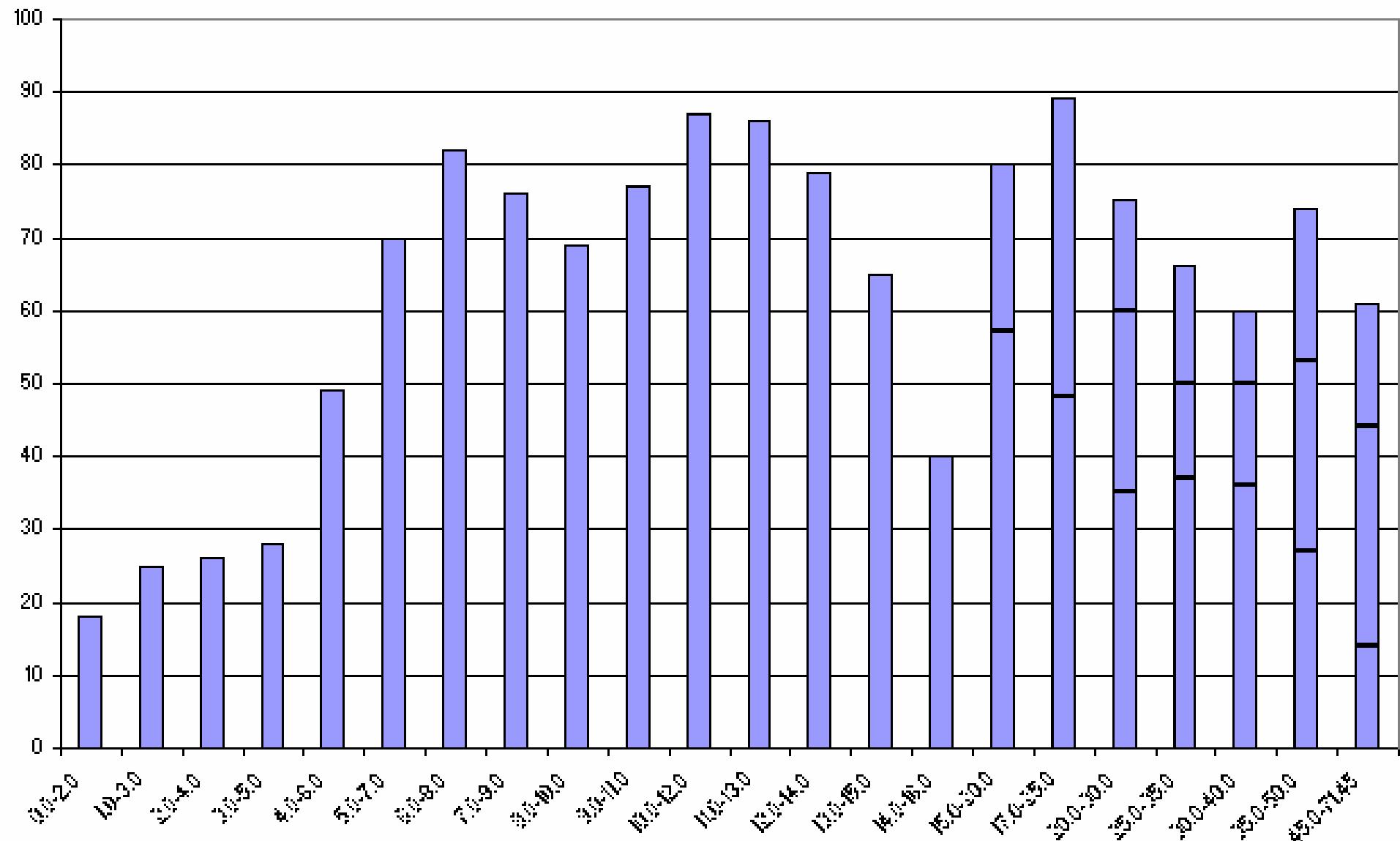
Published as a chapter in “Introduction to QEEG and Neurofeedback: Advanced Theory and Applications” Thomas Budzinsky, H. Budzinski, J. Evans and A. Abarbanel editors, Academic Press, San Diego, Calif, 2008.

HISTORY OF THE SCIENTIFIC STANDARDS OF QEEG NORMATIVE DATABASES

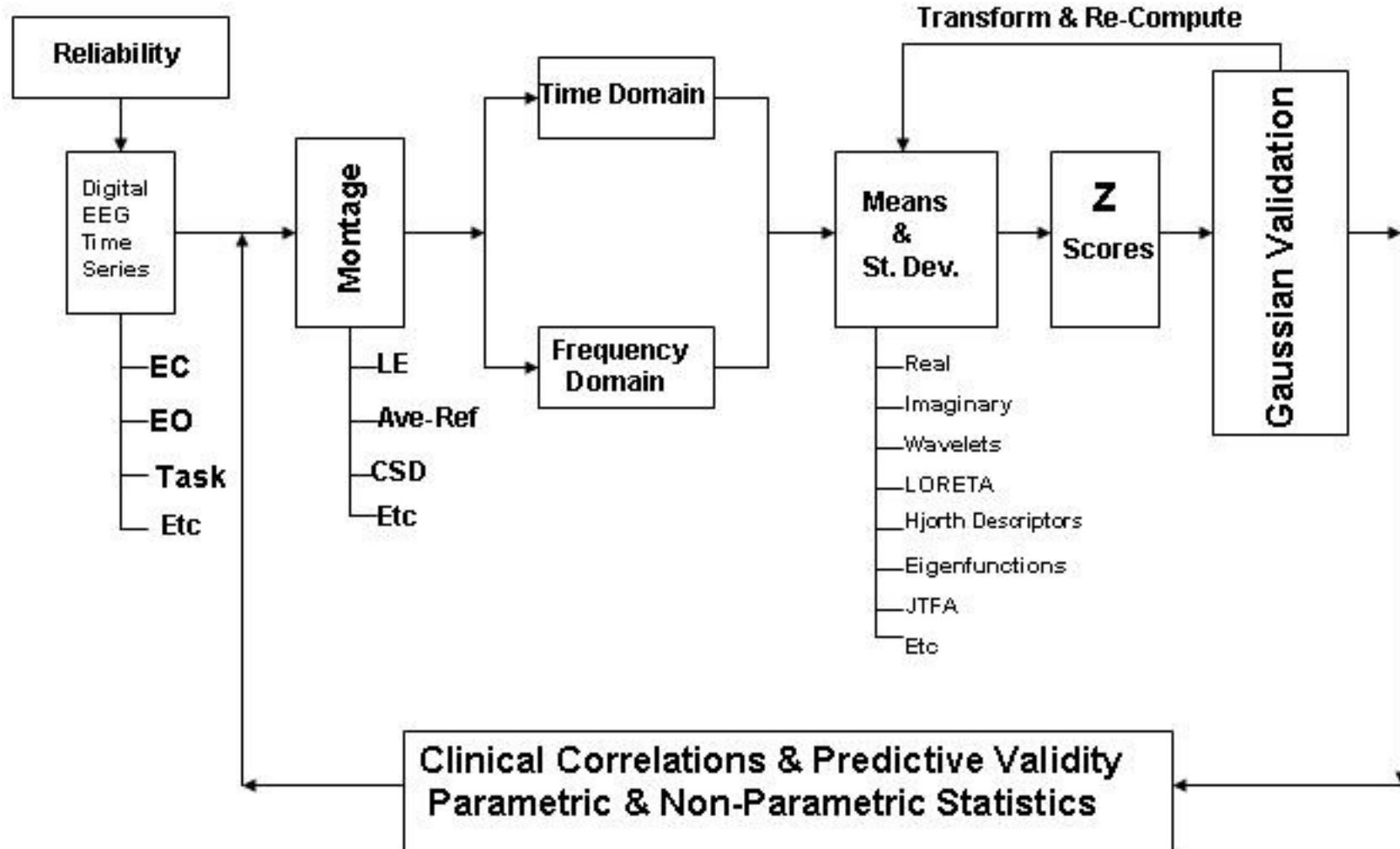
Thatcher, R.W.^{1,2} and Lubar, J.F.³

Department of Neurology, University of South Florida College of Medicine, Tampa, Fl.¹ and EEG and NeuroImaging Laboratory, Applied Neuroscience, Inc., St. Petersburg, Fl², Brain Research and Neuropsychology Lab, University of Tennessee, Knoxville, TN³.

NORMATIVE DATABASE N = 727 Subjects as of 8/24/2011

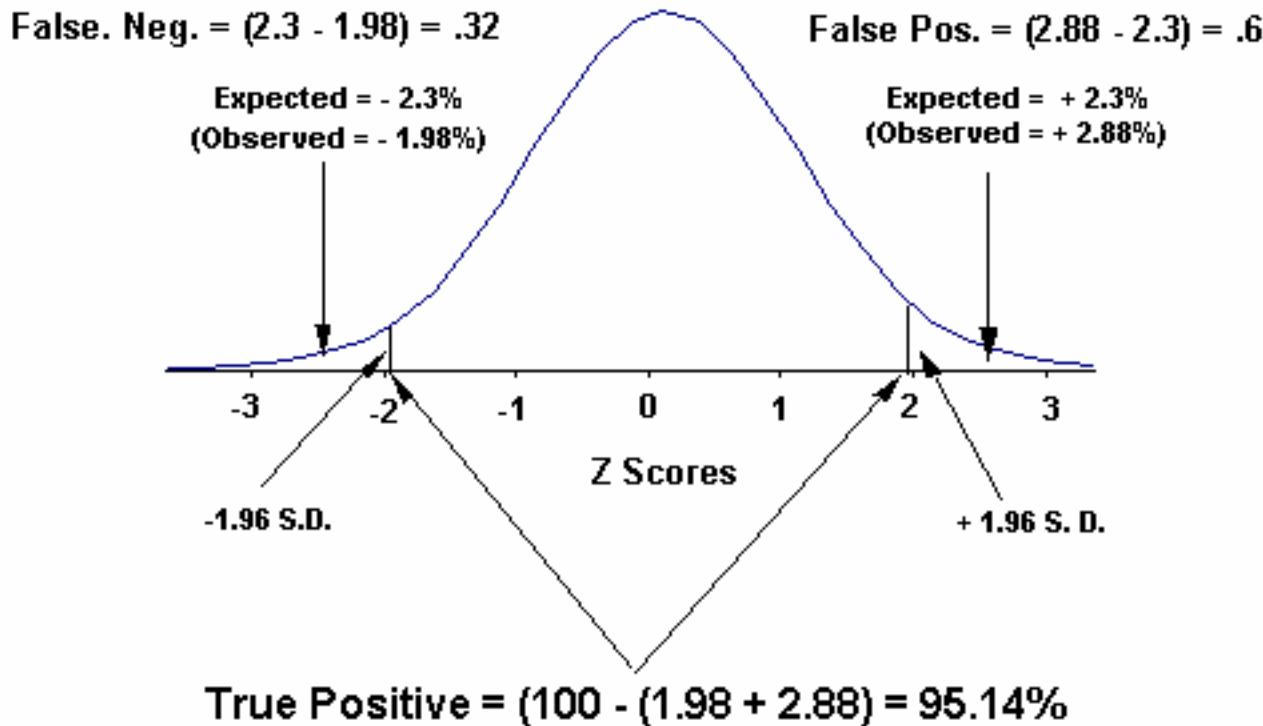


Normative Database Validation Steps



Sensitivity Based on Deviation from Gaussian

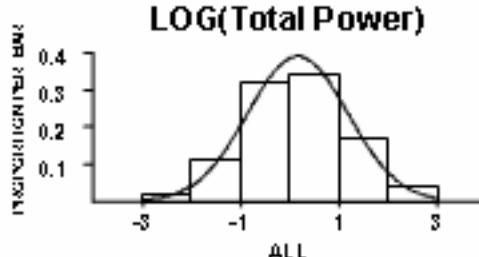
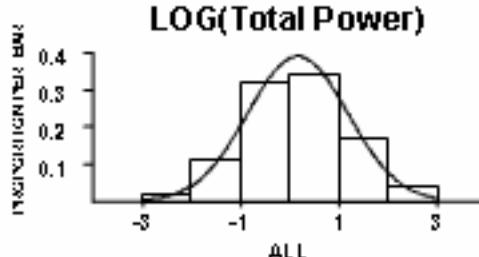
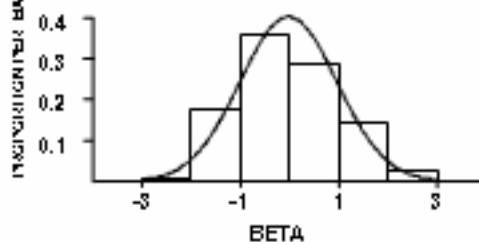
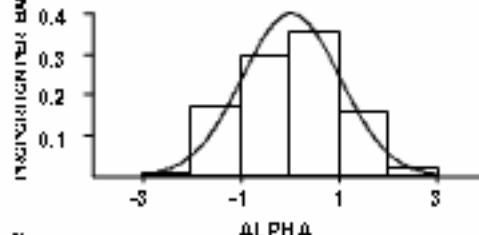
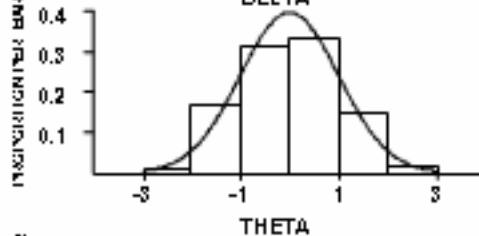
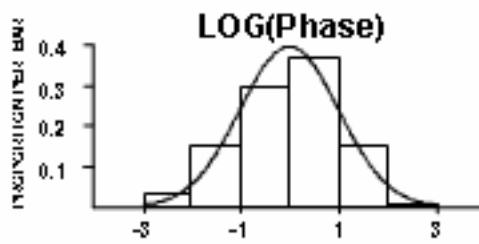
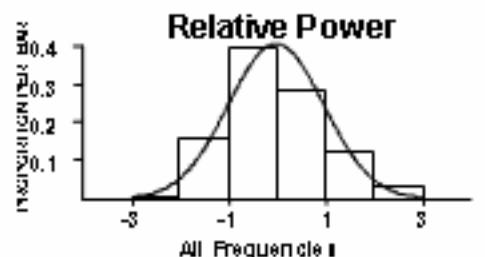
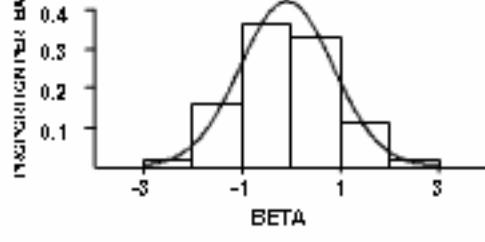
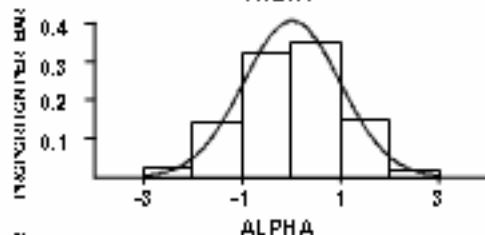
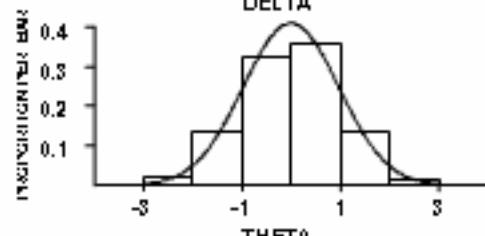
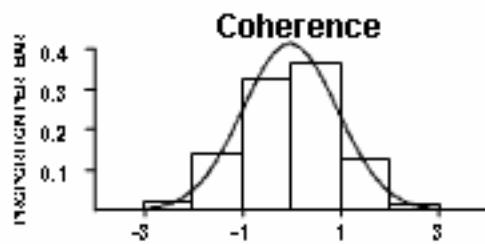
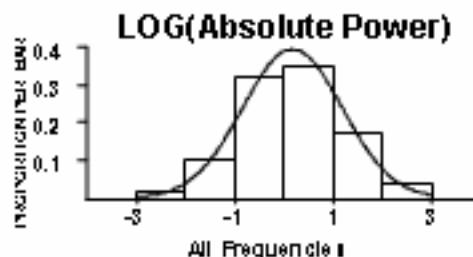
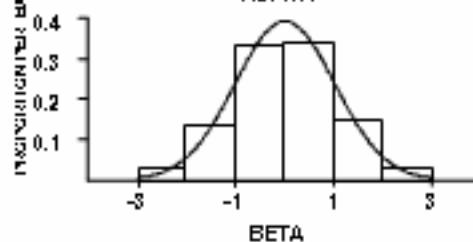
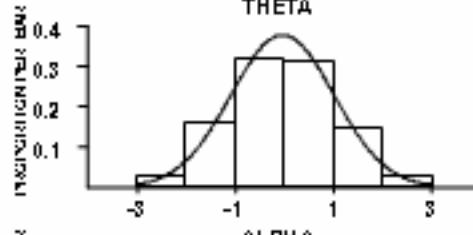
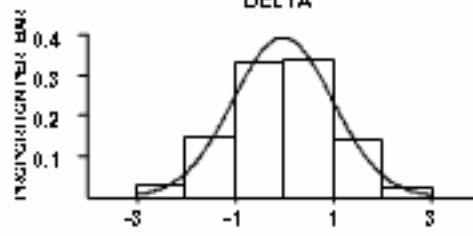
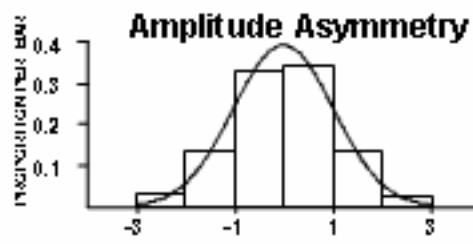
Cross-Validation Accuracy N = 625 Subjects



$$\text{Sensitivity} = \frac{\text{TP}}{\text{TP} + (\text{FP} + \text{FN})} = \frac{95.14}{95.14 + 1.0} = 98.96\%$$

$$\text{Specificity} = \frac{\text{TN}}{\text{TN} + (\text{FP} + \text{FN})} = \text{Undefined}$$

Cross-Validation Birth to 82 Year EEG Normative Database



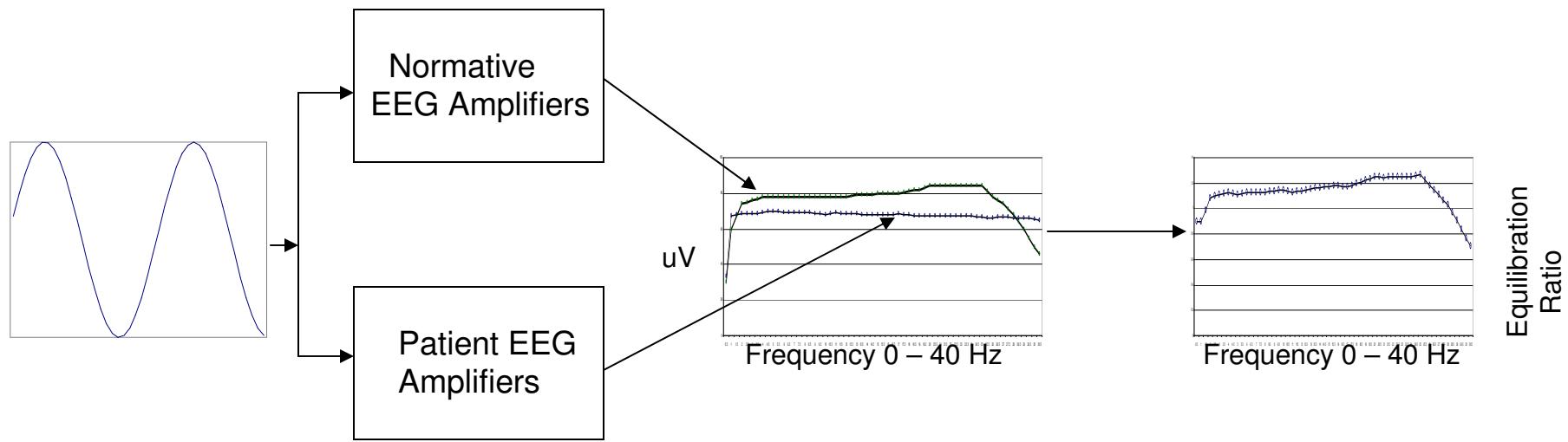
FFT Normative Database Sensitivities

2 STDEVs	CALC SENSITIVITY: FP=TP/(TP+FP) or FN=TP/(TP+FN)		
AGES	(+/- 2 SD)	(>= 2 SD)	(<= -2 SD)
0-5.99	0.95448265	0.9771774	0.97730526
6-9.99	0.95440363	0.9772031	0.97720054
10-12.99	0.9543997	0.97724346	0.97715624
13-15.99	0.95440512	0.97723601	0.97716911
16-ADULT	0.9543945	0.97718143	0.97721307
ALL	0.95442375	0.97720714	0.97721661

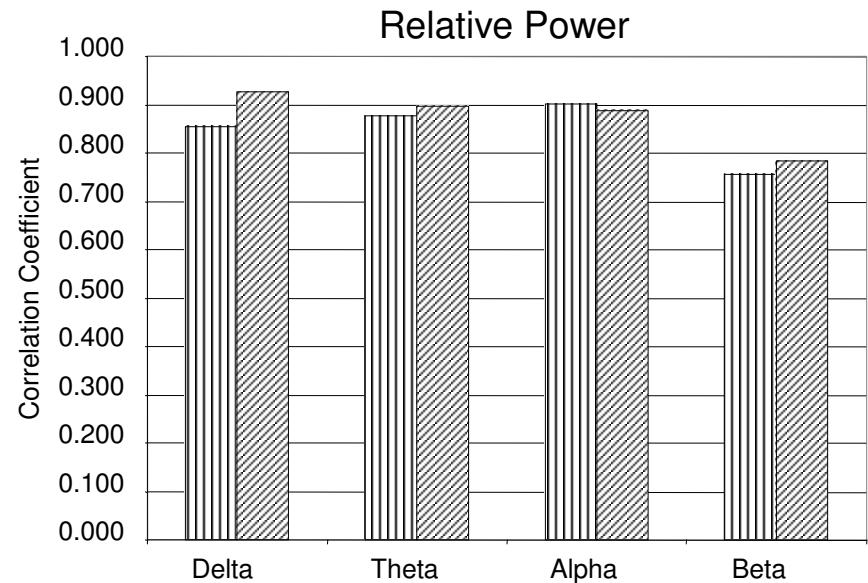
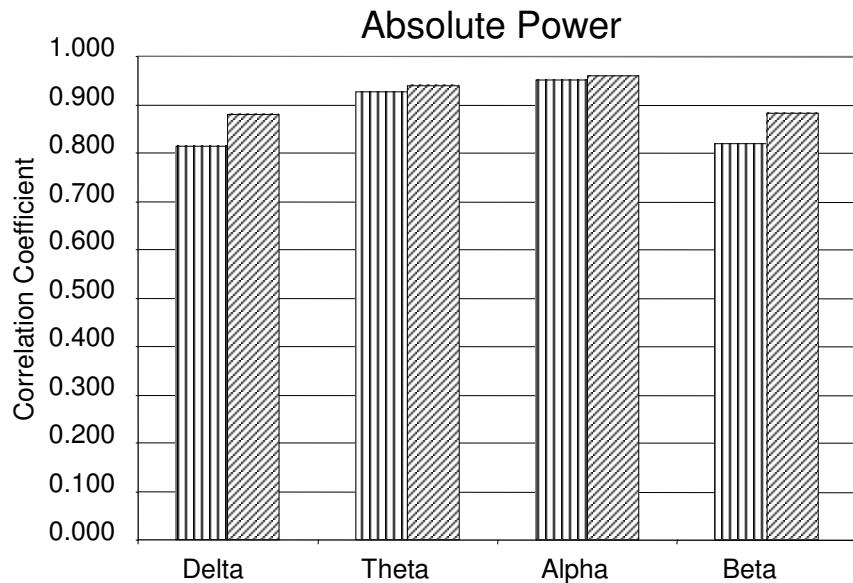
3 STDEVs	CALC SENSITIVITY: FP=TP/(TP+FP) or FN=TP/(TP+FN)		
AGES	(+/- 3 SD)	(>= 3 SD)	(<= -3 SD)
0-5.99	0.99743898	0.99871123	0.99872774
6-9.99	0.99744112	0.99871611	0.99872501
10-12.99	0.99744688	0.99873171	0.99871518
13-15.99	0.99743186	0.99871951	0.99871234
16-ADULT	0.99743835	0.99870216	0.99873619
ALL	0.99744002	0.99871716	0.99872286

Normative Database Amplifier Matching – Microvolt Sine Waves 0 to 40 Hz

Equilibration Ratios to Match Frequency Responses



Cross-Validation of NeuroGuide vs NxLink



Anterior Posterior

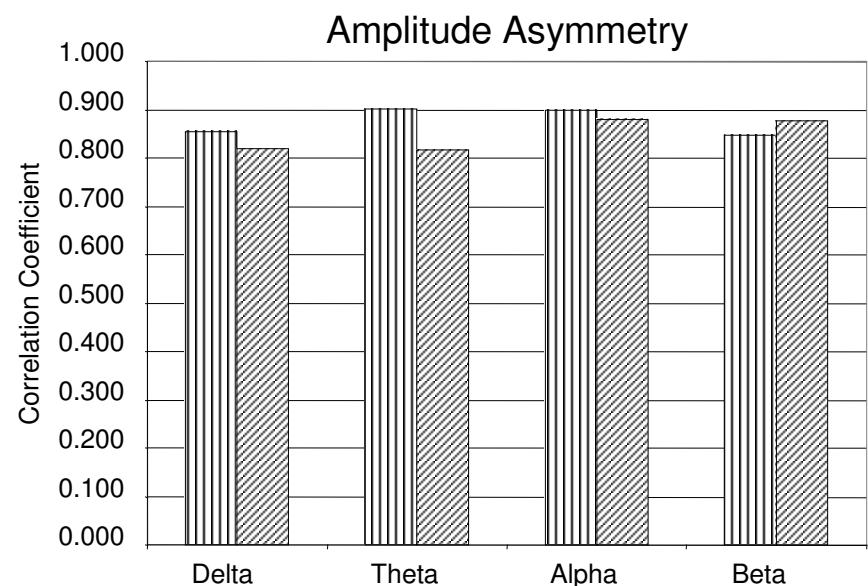
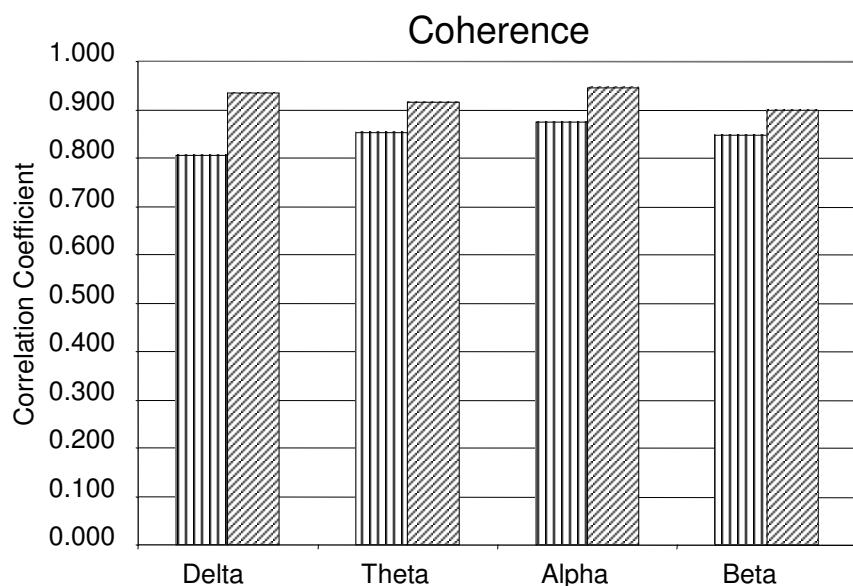
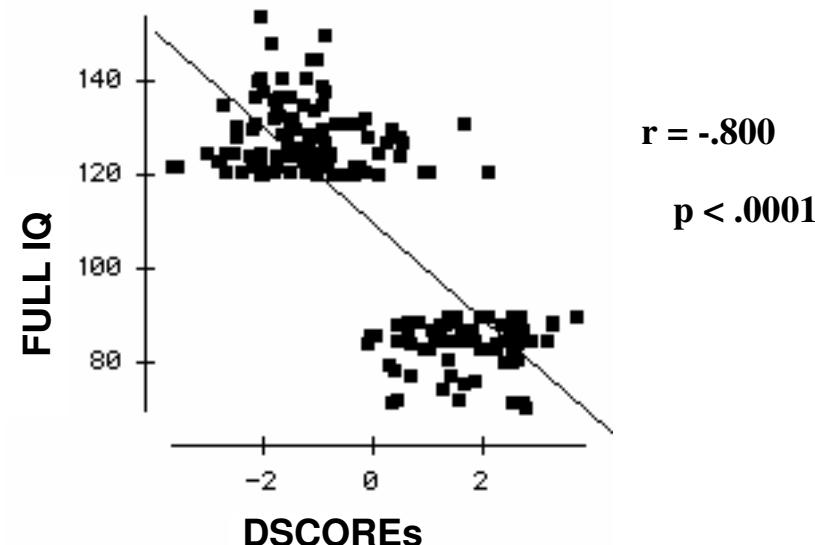


Table IV
 List of “Gold Standards” by which to judge
 QEEG Normative databases

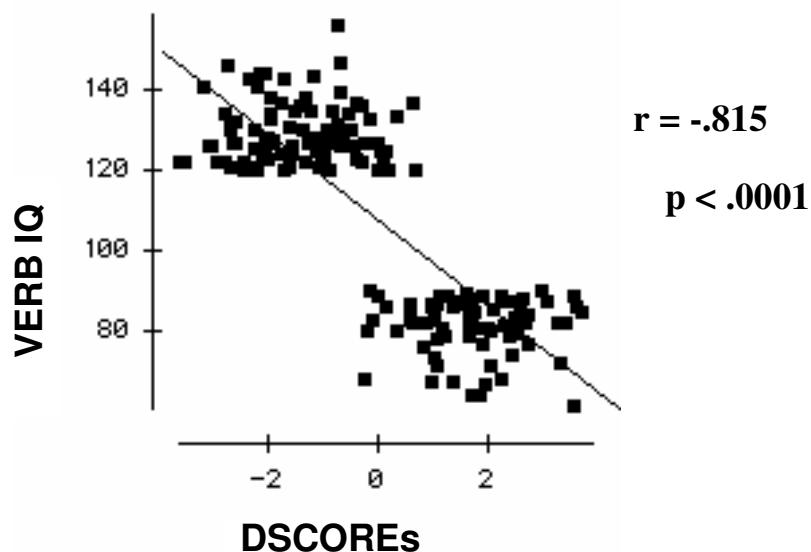
	Standards	Yes	No
1	Peer reviewed publications		
2	Amplifier Matching		
3	Artifact Rejection		
4	Test Re-Test Reliability		
5	Inclusion/exclusion criteria		
6	Adequate Sample size per age group		
7	Approximation to a Gaussian		
8	Cross-Validation		
9	Clinical Correlation		
10	FDA Registered		

Correlations between DSCOREs with FULL IQ, VERB IQ, & PERF IQ

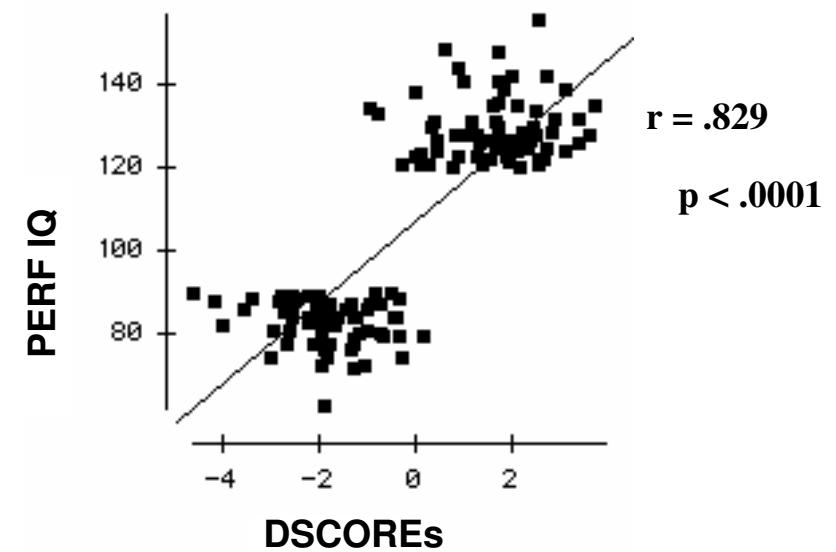
FULL IO Discriminant Scores with FULL IQ



VERB IQ Discriminant Scores with VERB IQ



PERF IQ Discriminant Scores with PERF IQ



Histograms of Discriminant Functions using IQ Score Measures

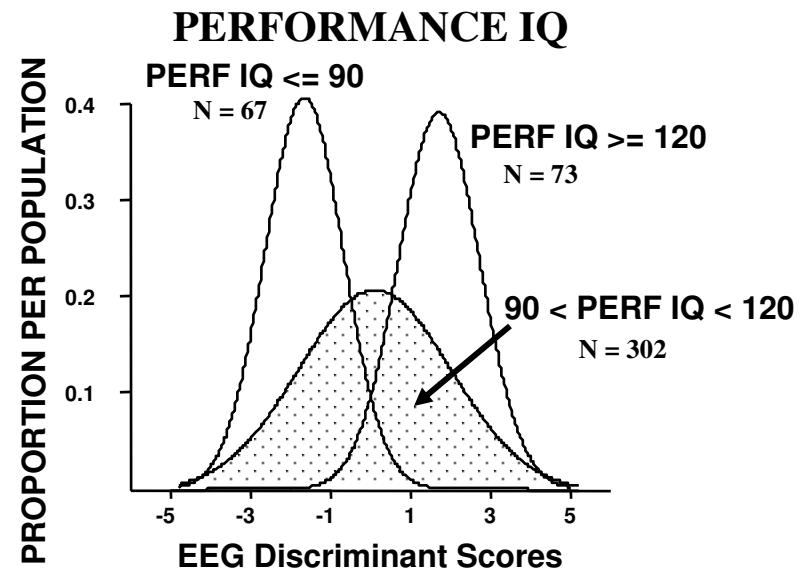
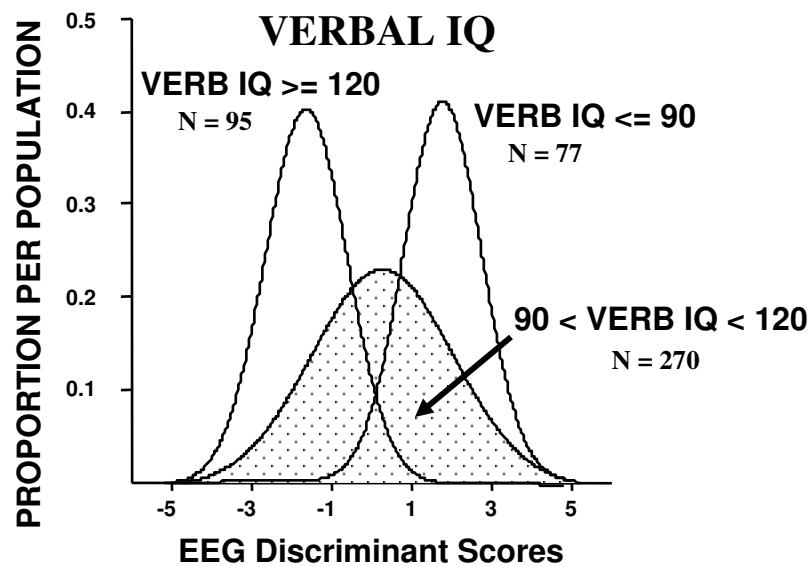
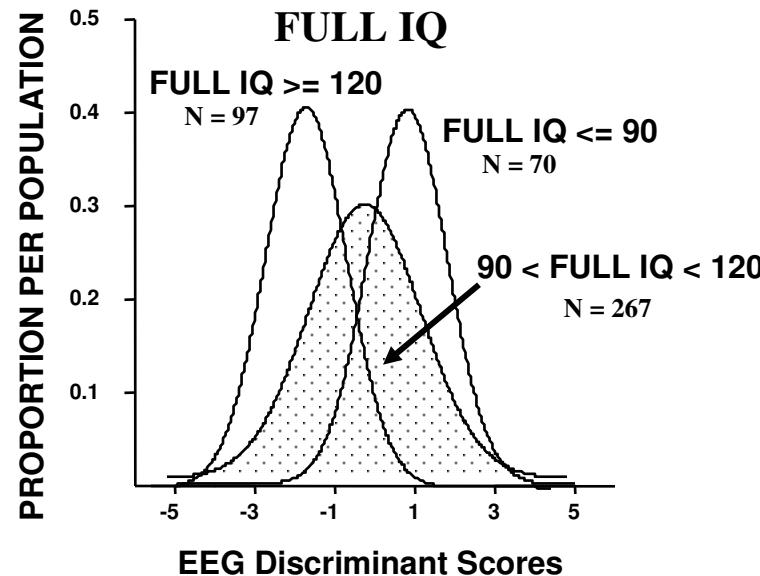
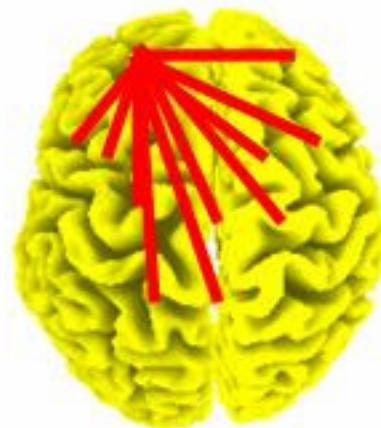
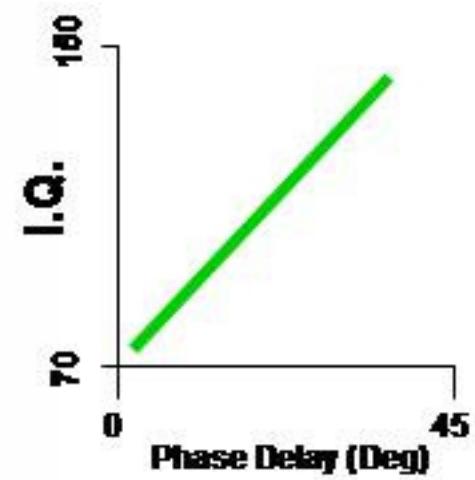
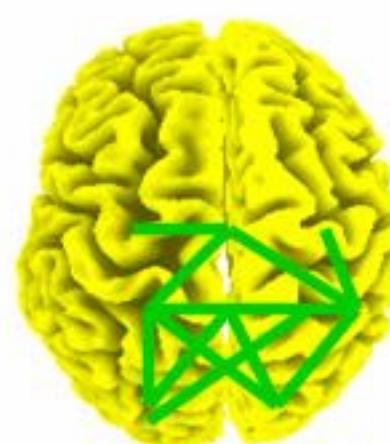
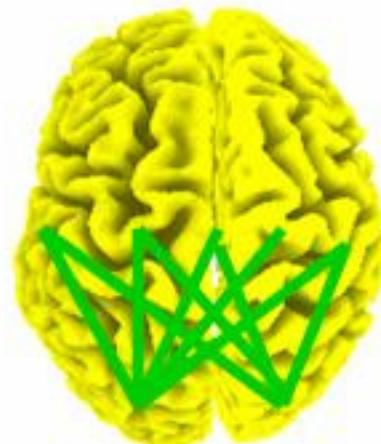
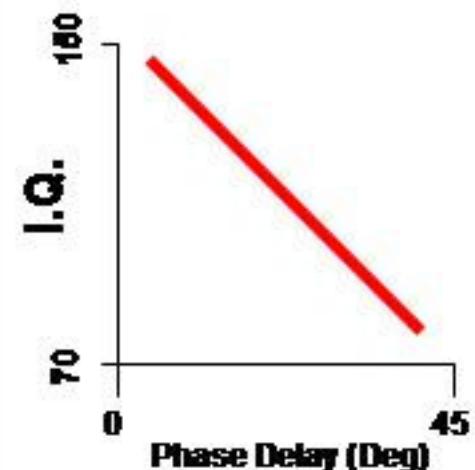


TABLE VII.						
Correlations @ p < .05 of Significant T-Test Variables with IQ SCOREs						
<u>DQFULL</u>	Absolute Power		Coherence		Absolute Phase	
	Frequency:	POS +	NEG -	POS +	NEG -	POS +
DELTA	8	0	1	58	20	10
THETA	1	0	1	39	13	3
ALPHA	6	0	2	24	13	2
BETA	7	0	0	14	13	6
HI-BETA	0	0	0	30	5	9
TOTAL	22	0	4	165	64	30
<u>DQVERB</u>	Absolute Power		Coherence		Absolute Phase	
	Frequency:	POS +	NEG -	POS +	NEG -	POS +
DELTA	6	0	0	49	11	13
THETA	3	0	0	37	0	6
ALPHA	4	0	0	42	3	16
BETA	2	0	0	10	1	7
HI-BETA	0	0	0	6	1	13
TOTAL	15	0	0	144	16	55
<u>DQPERE</u>	Absolute Power		Coherence		Absolute Phase	
	Frequency:	POS +	NEG -	POS +	NEG -	POS +
DELTA	10	0	1	74	36	4
THETA	3	0	2	40	28	3
ALPHA	16	0	18	9	16	0
BETA	11	0	0	25	19	1
HI-BETA	2	0	0	53	7	1
TOTAL	42	0	21	201	106	9

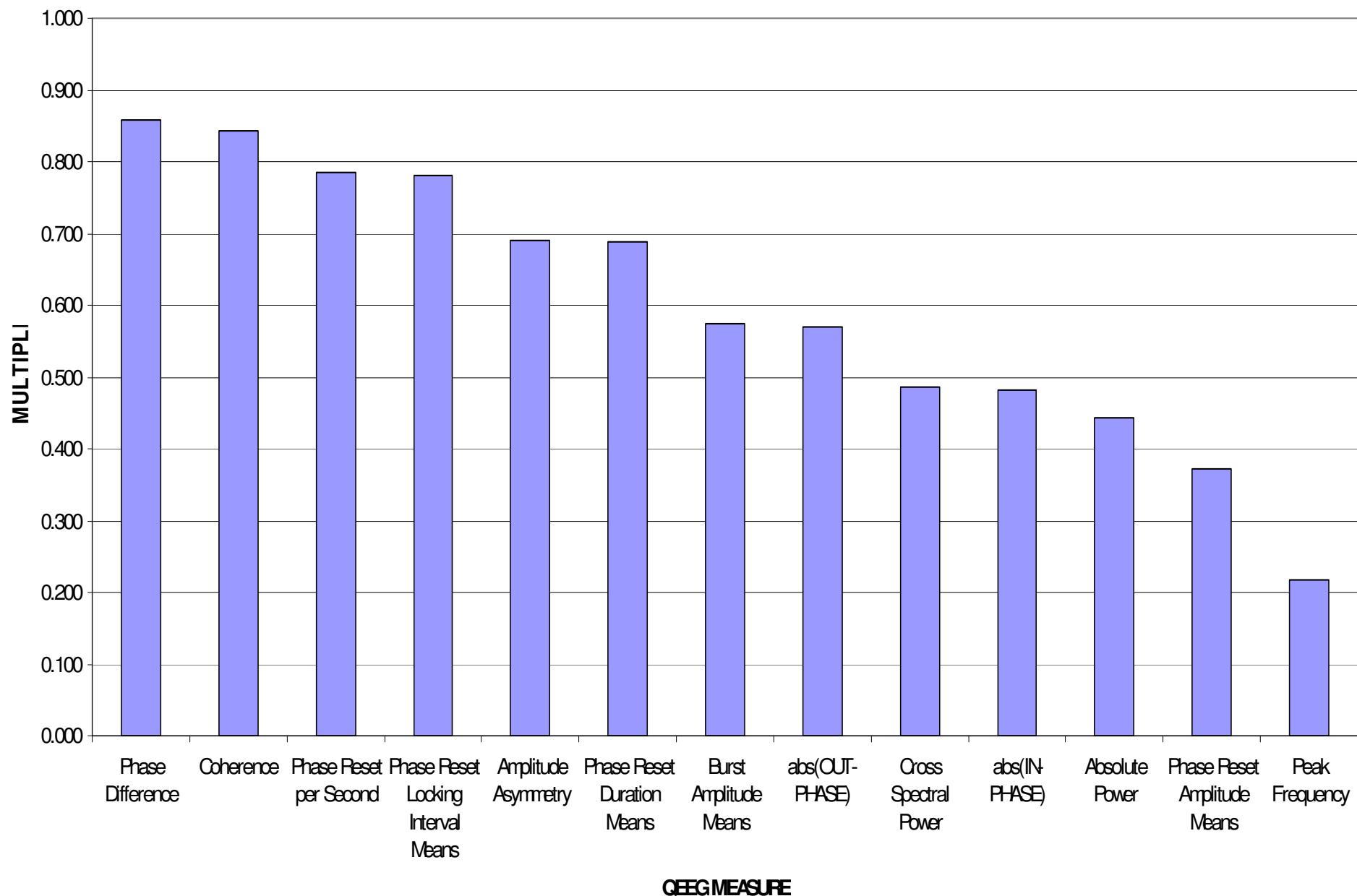
Delta (1 – 3.5 Hz)



Beta (12.5 – 25 Hz)



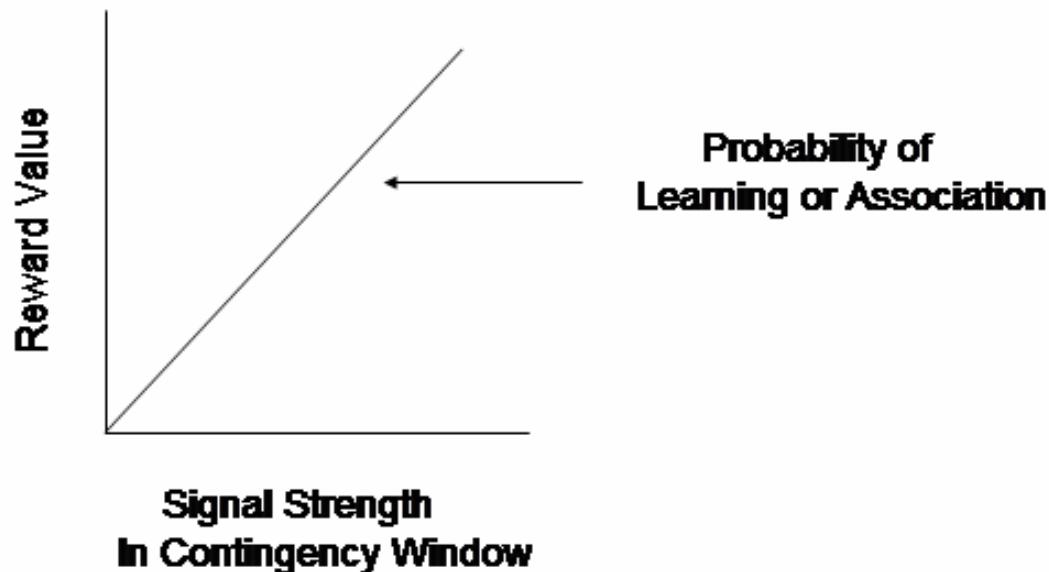
Multiple Regressions of QEEG with FULL IQ



Essentials of Operant Conditioning

- 1- Specificity – Reinforce EEG events in hubs/modules in networks related to the patient's symptoms. Minimize compensatory hubs/modules.**
- 2- The ‘Feedback Signal’ must predict a large & significant future reward**
- 3- Discrete and novel feedback signals increase the probability of linking the signal and a future reward, i.e., “contingency”**
- 4- The interval of time between the spontaneous ‘emitted EEG event’ & the ‘feedback signal’ can not be too short, approx. < 250 msec? or too long approx. 20 sec?**

Principles of Operant Learning



A General Theory of EEG Operant Conditioning and Z Score Biofeedback

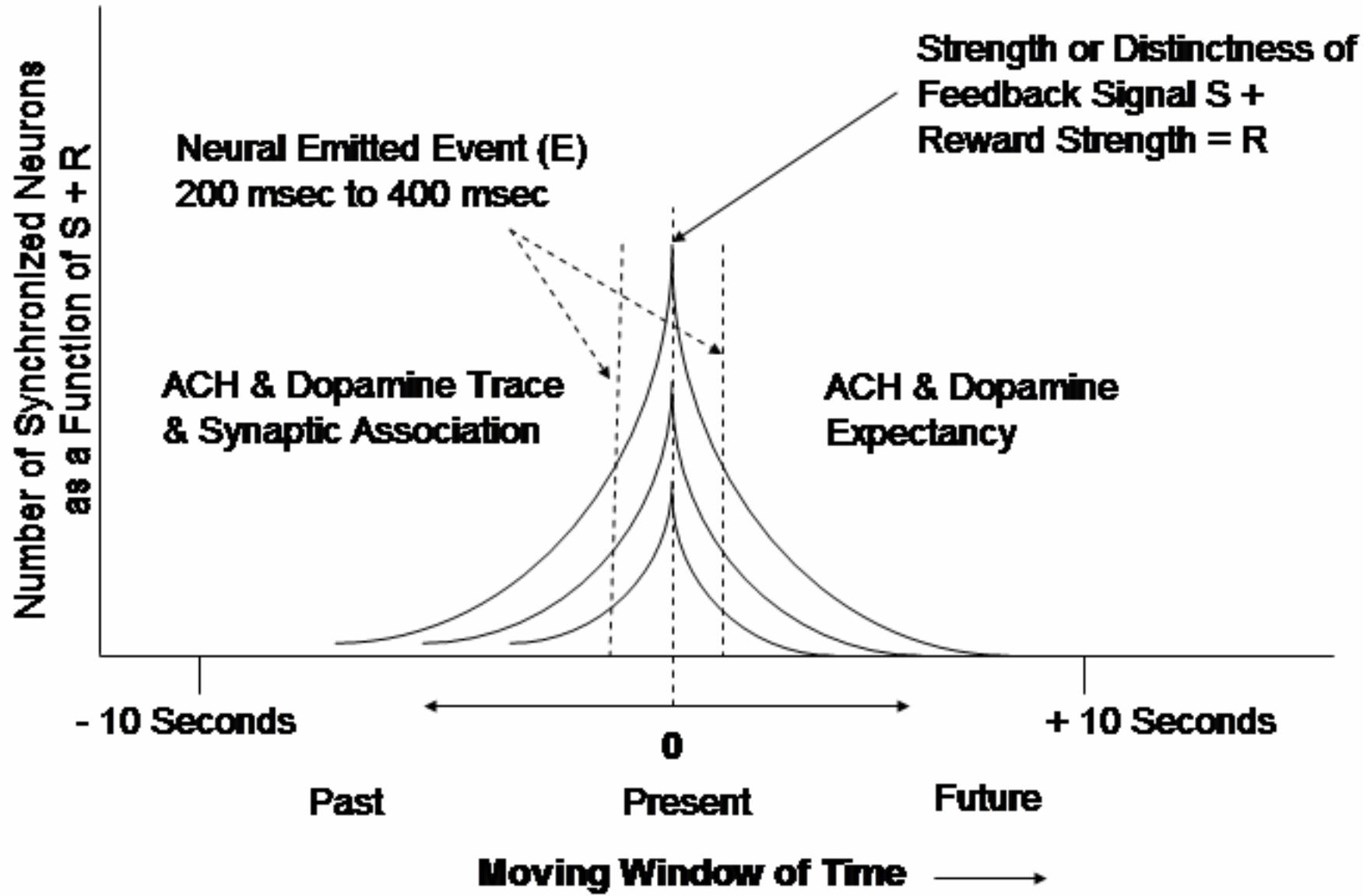
Principles

- 1- Specificity of EEG Event (E) = Neural State Interval (I)**
- 2- Contiguity Window (C) = Time period preceding and following a E**
- 3- Contingency of Reward Signal (S) = Feedback signal time locked to E**
- 4- Reward Strength (R) = Value of the reward if N successes occur in an interval of time, e.g., toys, candy, cookies, money, etc.**

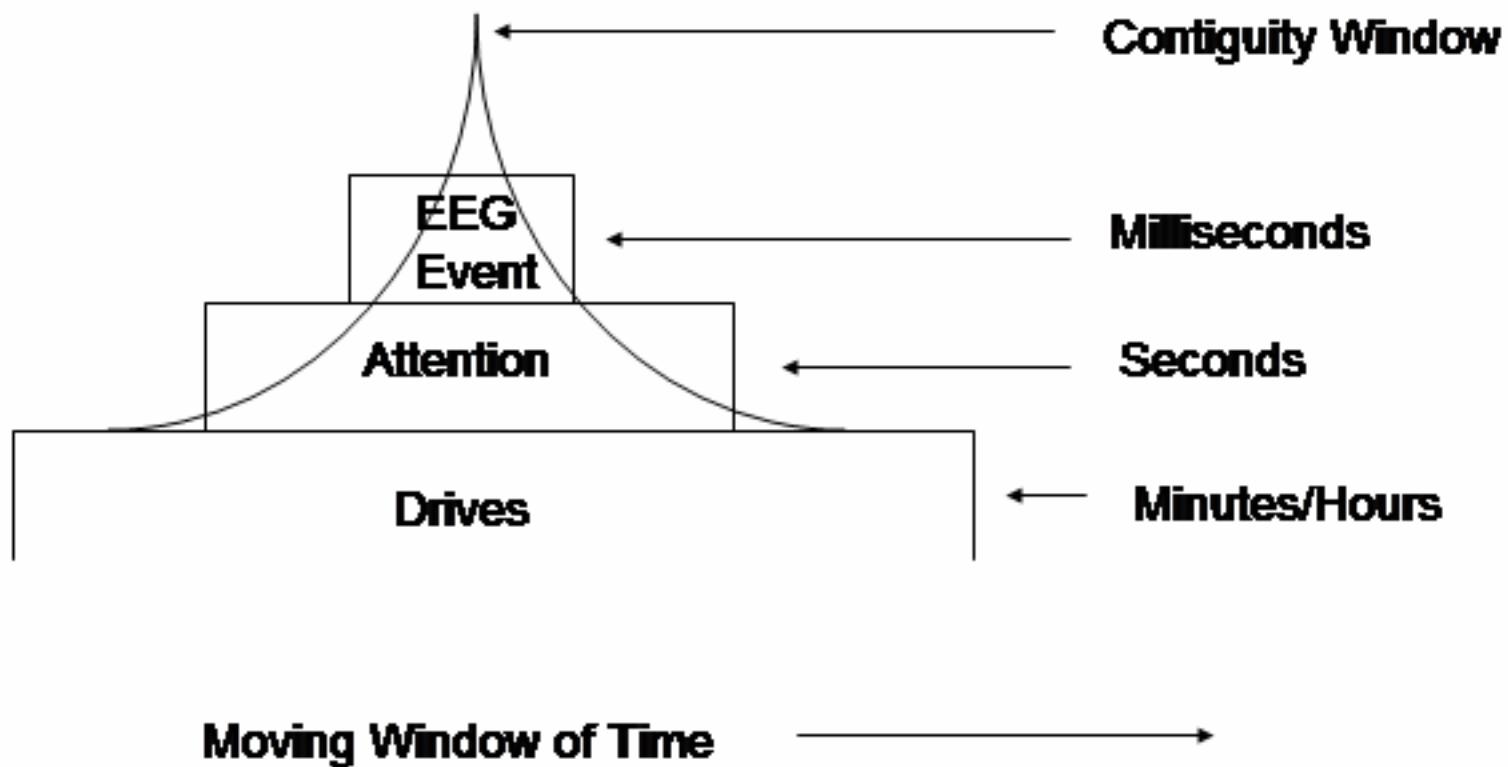
Category	Measurement
Specificity of EEG Event (E)	Z Scores and Brodmann areas linked to symptoms
Contiguity Window (C)	Time preceding/following E (msec – sec)
Contingency of Reward Signal (S)	Feedback signal time locked to E (msec)
Reward Strength (R)	Ordinal or Nominal measure

Category	Measurement
Specificity of EEG Event (E)	Z Scores and Brodmann areas linked to symptoms
Contiguity Window (C)	Time preceding/following E (msec – sec)
Contingency of Reward Signal (S)	Feedback signal time locked to E (msec)
Reward Strength (R)	Ordinal or Nominal measure

Contiguity Window

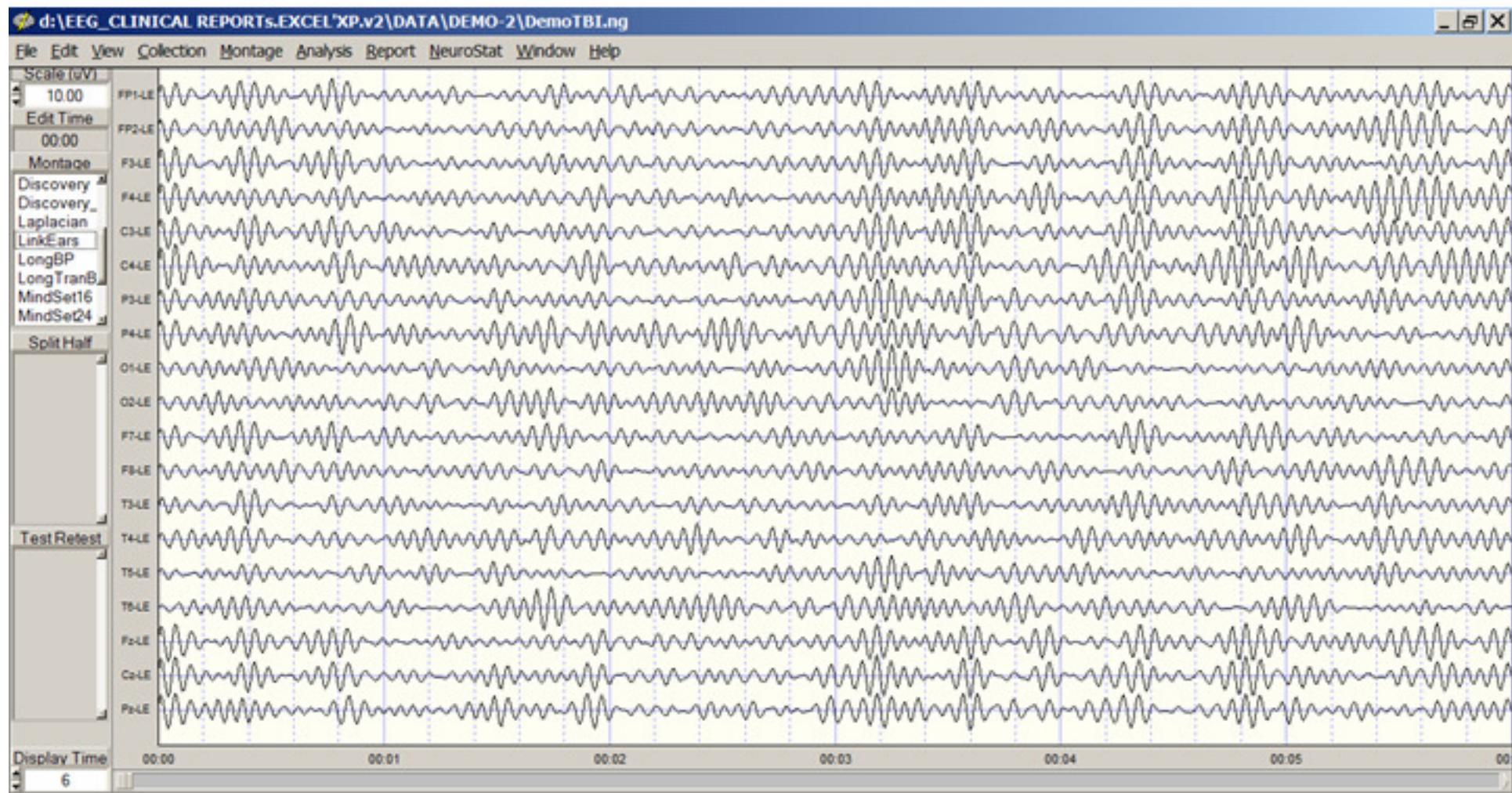


Nested Neural State Intervals



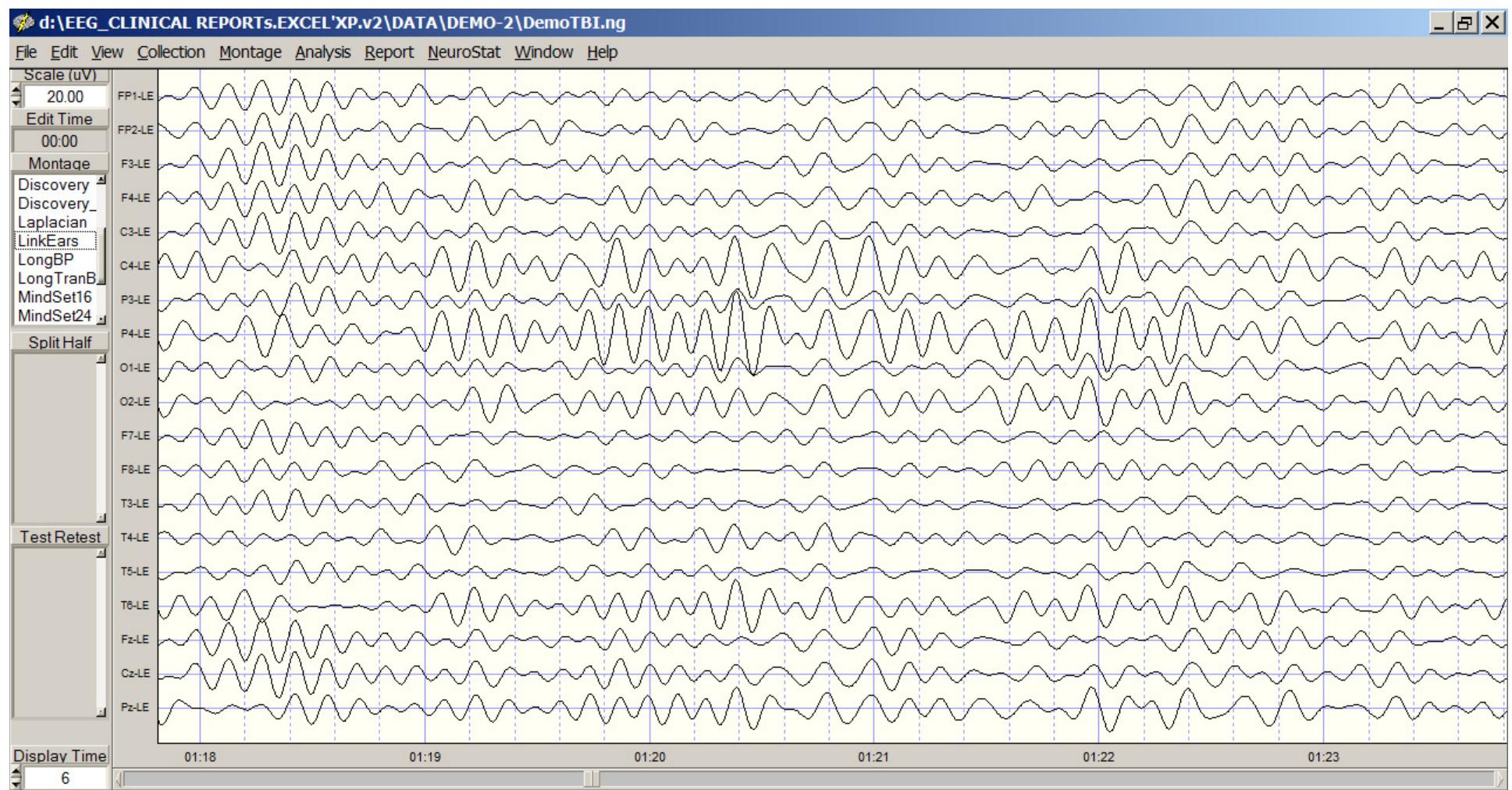
Example of Bursts of SMR (13 – 18 Hz) in the Human EEG

Burst Duration approx. 200 msec to 400 msec

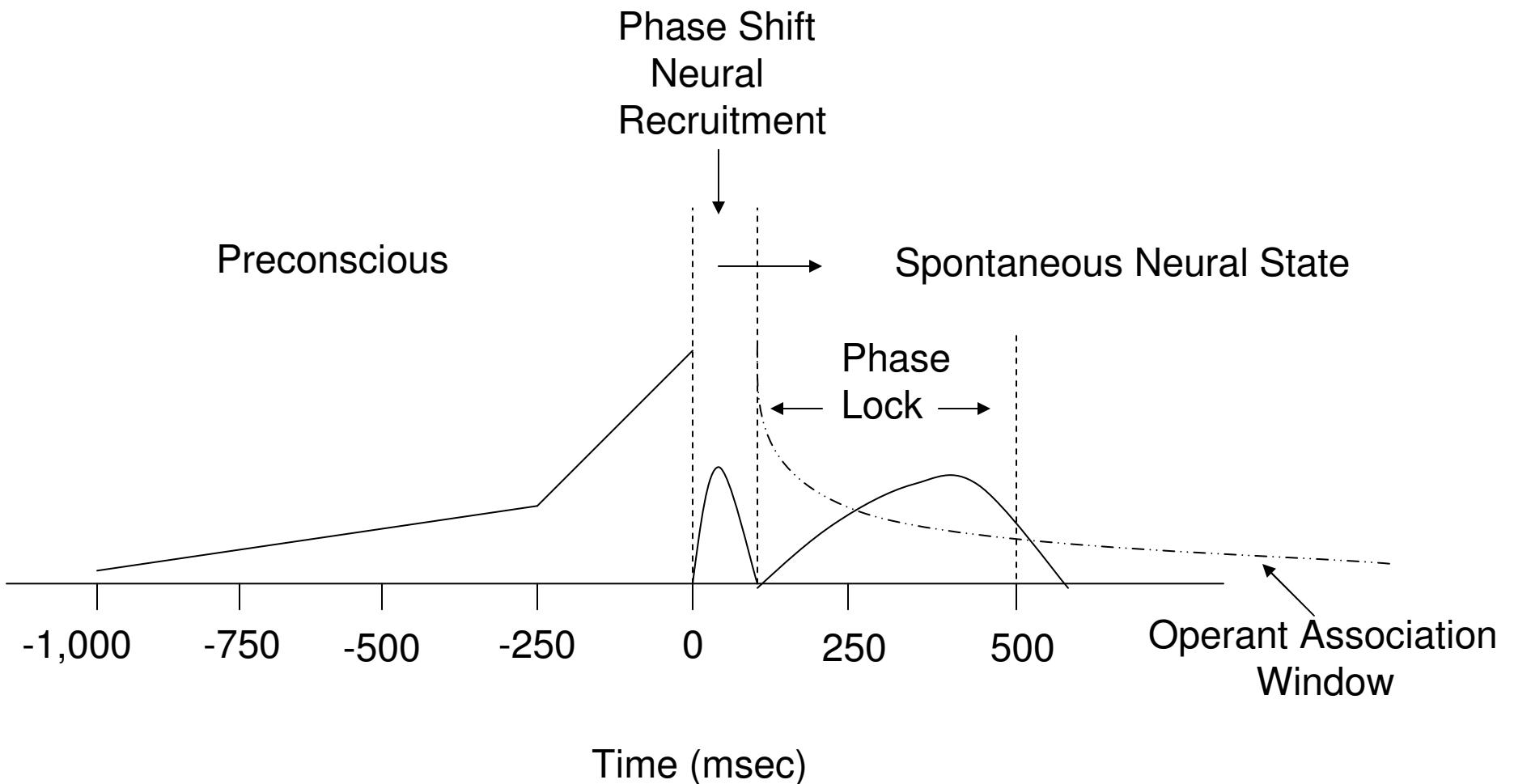


Example of Bursts of Theta Rhythms (4 – 8 Hz) in the Human EEG

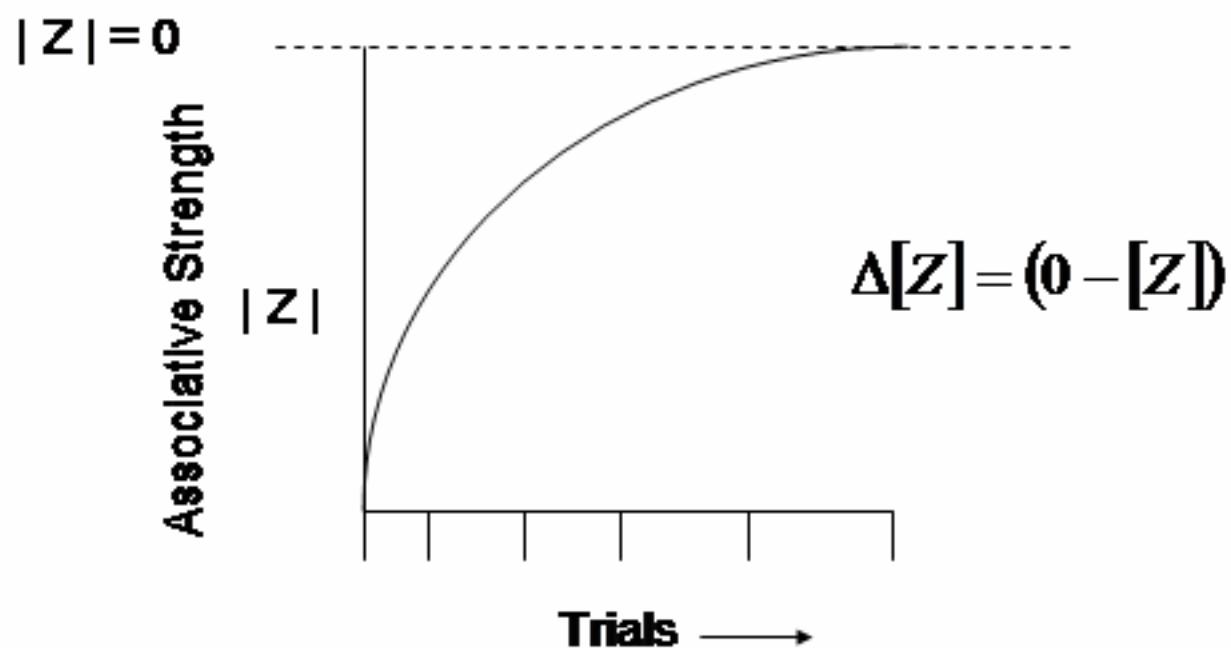
Burst Duration approx. 200 msec to 600 msec



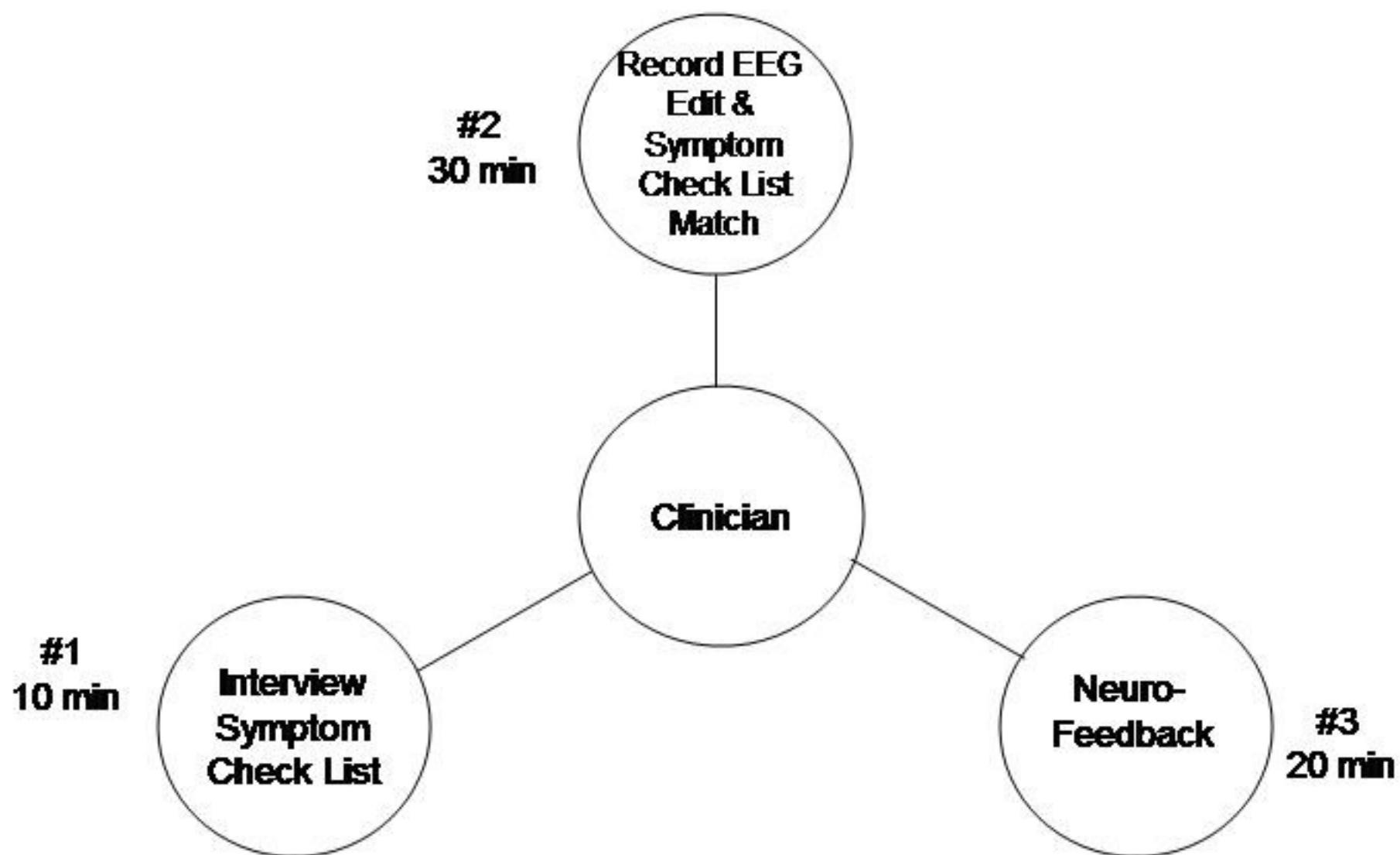
Moving Window of Operant Learning Quanta



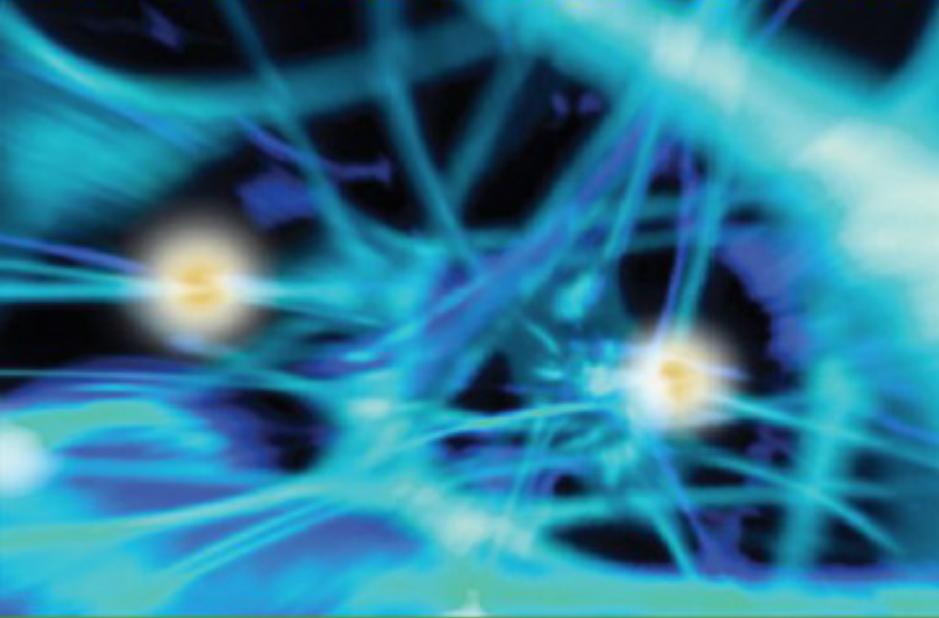
Predictive Error



Seamless QEEG and Neurofeedback – approx. 50 – 60 minutes for a single Session in four Steps from Clinical Interview to QEEG to Neurotherapy



Neuroplasticity and Rehabilitation



edited by
SARAH A. RASKIN

1- “Behavioral approaches emphasize compensation” (p. 21)

2- “Restorative approaches emphasize improving weak or lost function” (p. 21)

“A compensation occurs when a Noninjured brain region takes over The function of the injured region. True recovery involves improvement In function in an injured area.” (p. 22)

Z Score Neurofeedback Panel

Select Frequency Bands & 1 to 19 Channels & Combinations of Channels for Cross-Spectra

Settings or Progress Chart Tabs

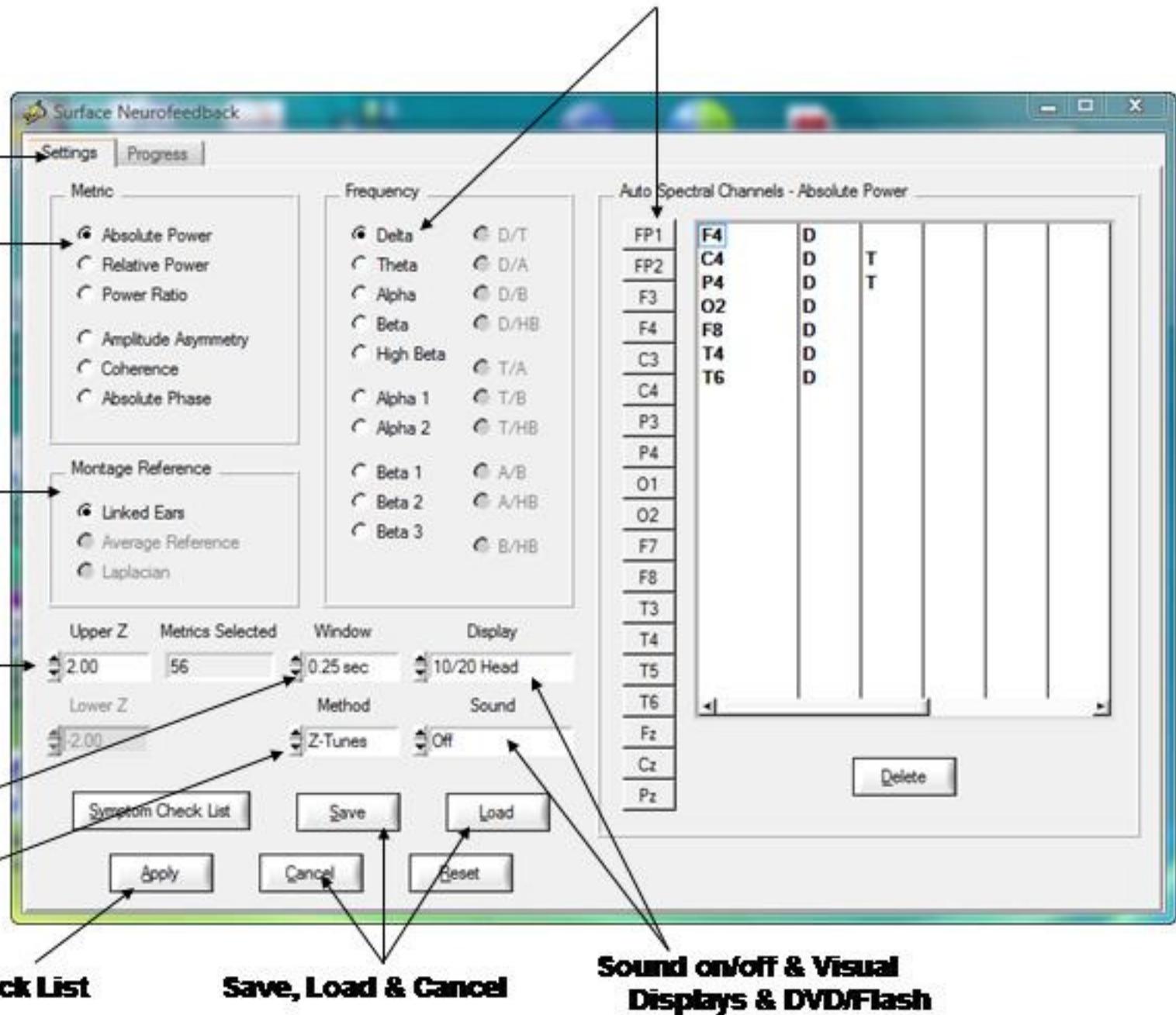
Select Power or Coherence, Phase Amp. Asym

Select Montage Laplacian, Ave. Ref & Linked Ears

Z Score Threshold Reward if Less Than Or greater than

Event Integration Interval (Variability)

Z Tunes is the Reward Default



Double click the Severity of a Symptom and Grade Severity 1 to 10.

Set the Z score threshold from the QEEG Analyses

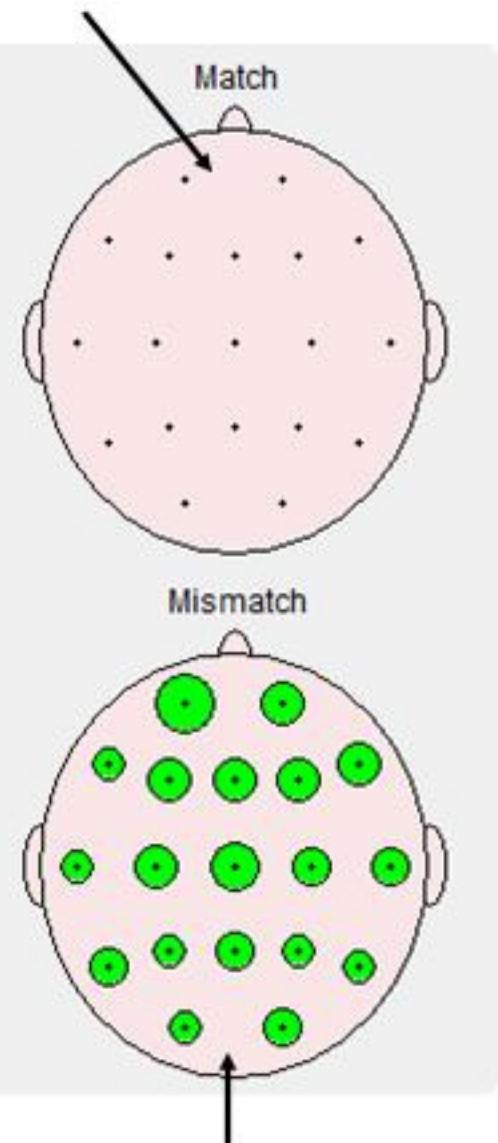
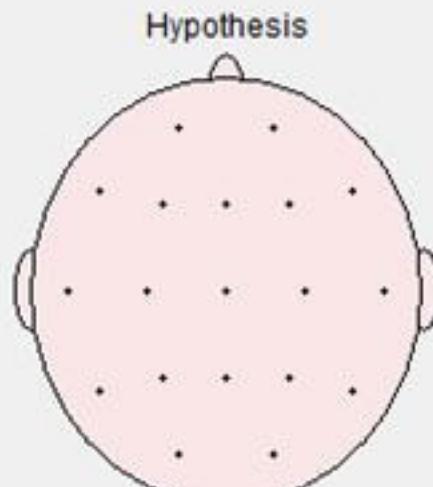
Match to Symptoms & QEEG Z Scores

Symptom Check List

Symptom / Complaint	Severity
Problems with Perception of Letters	0
Slow Reader	0
Dyslexia - Letter Reversal	0
Problems with Spatial Perception	0
Orientation in Space Problems	0
Receptive Language Problems	0
Insensitive to Others Emotional Expressions	0
Blurred Vision	0
Obsessive Thoughts about Self	0
Migraine Headaches	0
Symptoms of Fibromyalgia	0
Auditory Sequencing Problems	0
Short-Term Memory Problems	0
Face Recognition Problems	0

OK Cancel

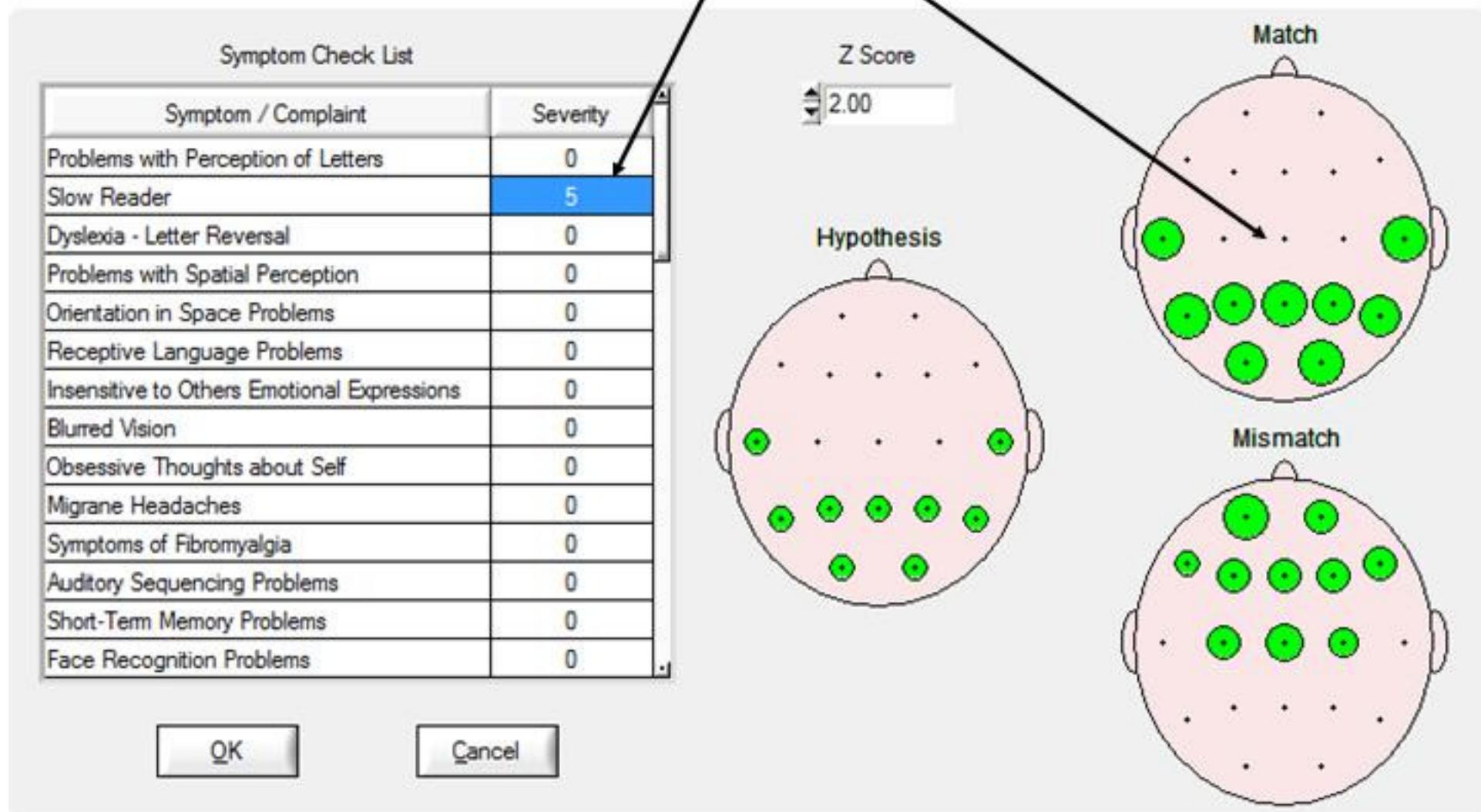
Z Score
2.00



**Symptom Check List
Hypotheses**

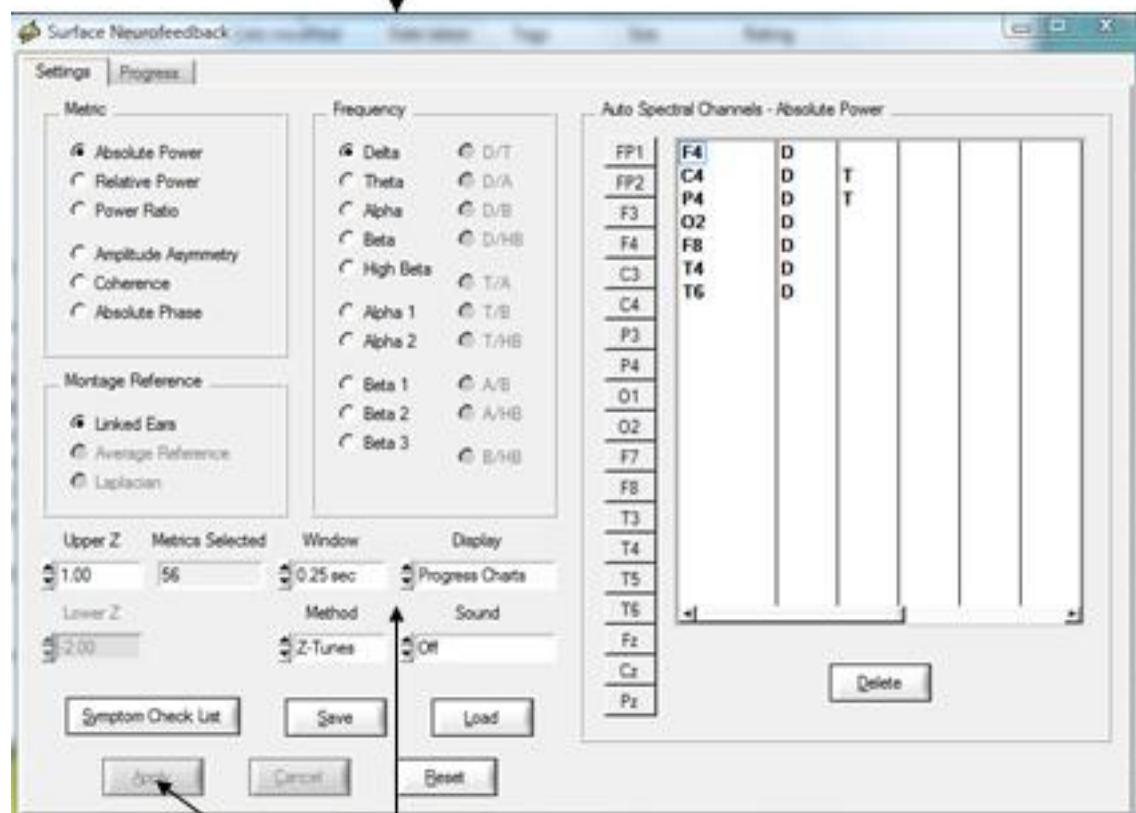
**Mismatch of Symptoms
& QEEG Z Scores**

Example of a Slow Reader Symptom Check List Hypotheses and the Test Of the Hypothesis using QEEG Z Scores. Note how the mismatch items Move to the match 10/20 head display as Symptoms are matched

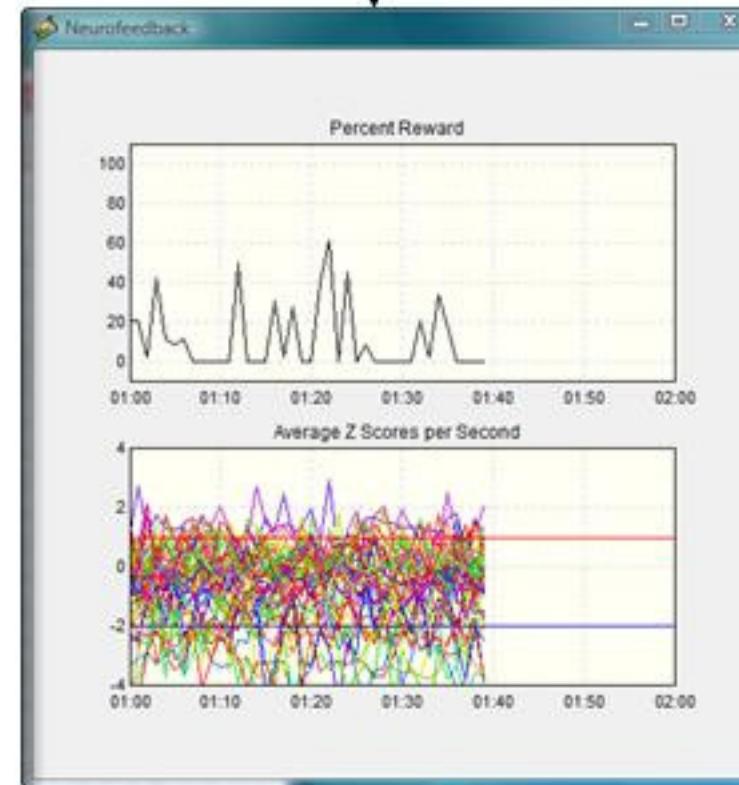


Use the Progress Chart as a Feedback Display and Move the Display to the Client's Monitor

Neurofeedback Setup Panel



Select Progress Charts as Feedback to
A Client and then Click Apply



Move to the
Client's Monitor

Progress Charts to be Monitored by the Clinician During Neurofeedback

Toggle back & forth between to Settings Window & Progress Charts

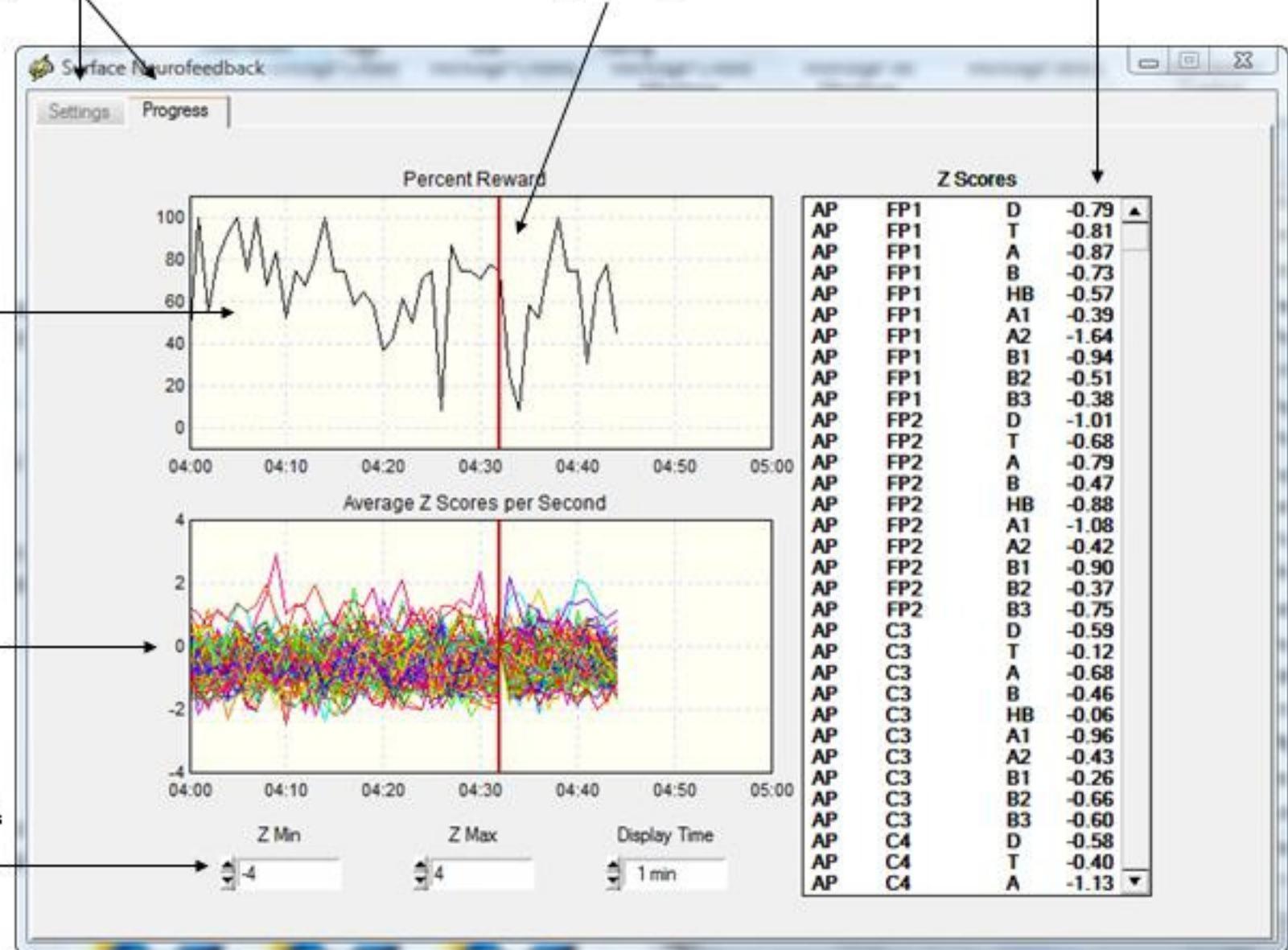
Red Mark Designates Settings Change

View Instantaneous Z Scores

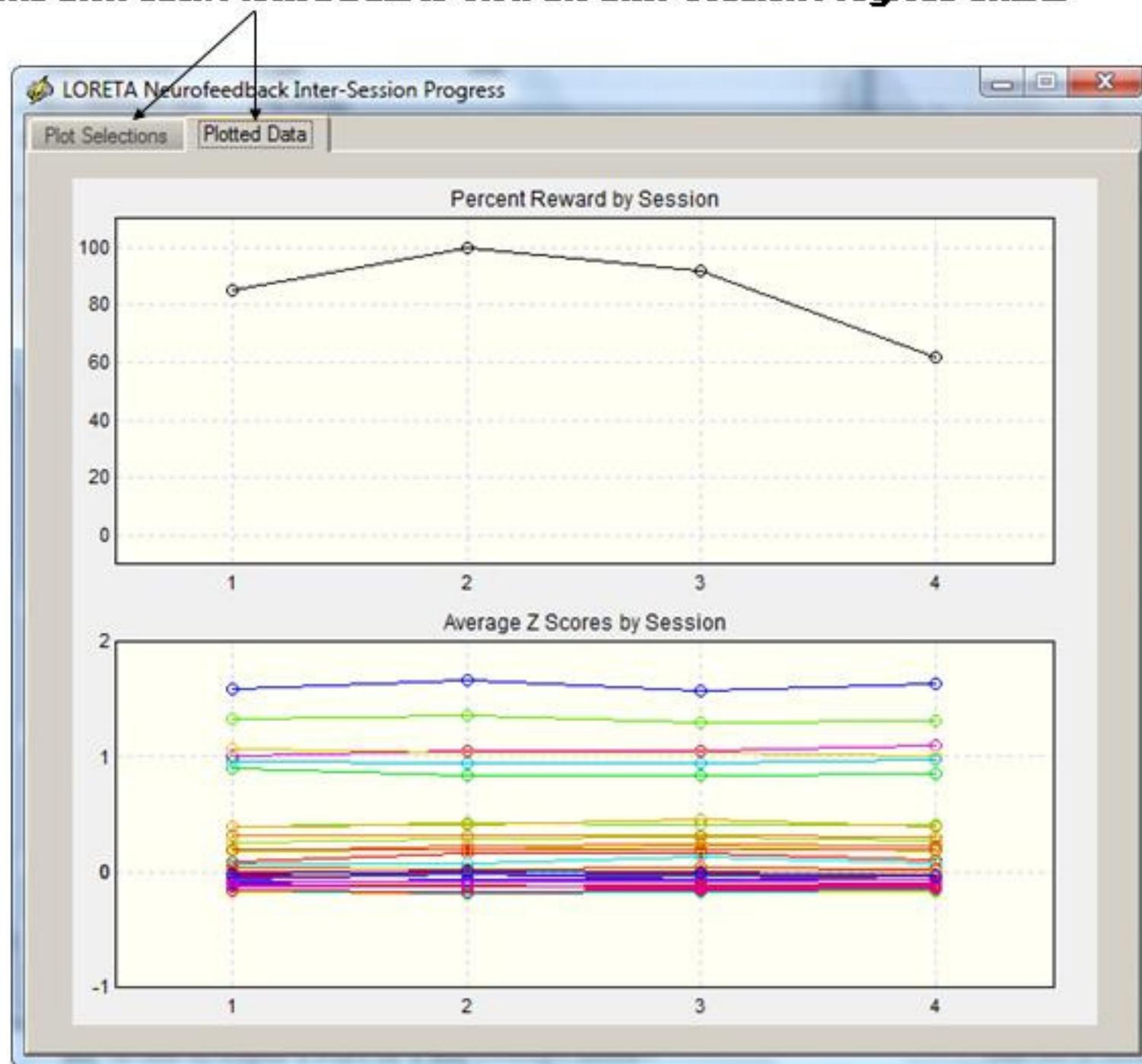
Percentage of Time that a Reward was Delivered (per sec)

Average Z Scores Updated Each Second

Z Score Range & Display Time Base
1 min to 30 min



After Plot Selections then Click Plotted Data to View the Inter-Session Progress Charts



LORETA Neurofeedback Setup Panel

**66 Regions of Interest and
6 Hagnmann et al (2008)
Hubs and the Default Network**

**98 Brodmann
Areas**

**High Light the
Brodmann Area to
Change Frequency**

Database Montage

Select Frequency Band

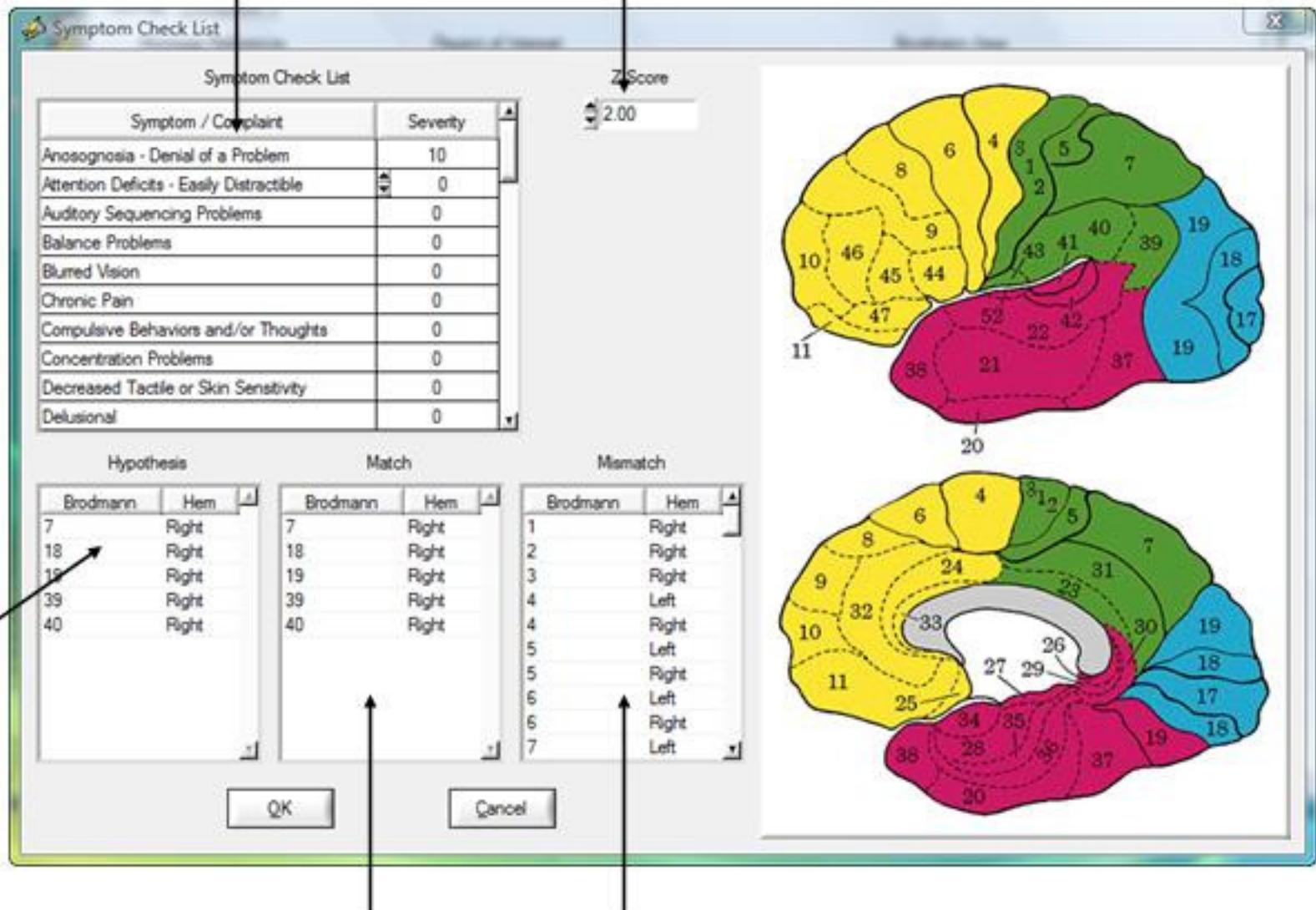
**Threshold &
Z Tune is the
Default**

**After Creating a
Symptom Check
List Match – Click
Symptom Check
List**

The screenshot shows the LORETA Neurofeedback setup panel. On the left, there are settings for 'Montage Reference' (Linked Ears selected) and 'Frequency Band' (Theta selected). Below these are 'Upper Z' (2.00) and 'Lower Z' (-2.00) thresholds, along with 'Metrics Selected' (22), 'Window' (0.25 sec), 'Display' (Cz Head), 'Method' (Z-Tunes), and 'Sound' (Off). At the bottom are buttons for 'Symptom Check List', 'Save', 'Load', 'Apply', 'Cancel', and 'Reset'. To the right are two tables. The 'Region of Interest' table lists 66 regions: Amygdala (Left, Right), Angular Gyrus (Left, Right), Anterior Cingulate (Left, Right), Cingulate Gyrus (Left, Right), Cuneus (Left, Right), Extra-Nuclear (Left, Right), Fusiform Gyrus (Left, Right), Hippocampus (Left, Right), and Inferior Frontal Gyrus (Left, Right). The 'Brodmann Area' table lists 98 areas from 36 to 47, 49, and 51 to 58, categorized by hemisphere (Right, Left) and row (D, T, A, A1, B, B1). A blue highlight is applied to row 40, columns D, T, A, B, A1, and B1, corresponding to the highlighted 'Amygdala' entry in the ROI table.

LORETA Symptom Check List

LORETA Z Score Threshold for Symptom Match



Match of LORETA
Z Scores to Hypotheses

Mismatch of Symptom
Check List & Possible
Compensatory Systems